



ON ONE WHEEL!

Volume 10 No. 1

QUARTERLY

Winter 1983

INSIDE:

USA members at the
Indoor Cycling World
Championships and
unicycling in Germany!



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Send membership inquiries, book orders, etc., to:

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UNICYCLE HOTLINES: Call these people for up-to-date information on unicycle news, and the upcoming National Meet.

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All views expressed in this newsletter are those of the respective authors. They are not necessarily those of either members or officers of the Unicycling Society of America.

ON THE COVER:

This issue features an extra-large picture of USAm DEBBIE JONES practicing for the National Unicycle Meet! Debbie has always been tops in her age group, and this turned out to be a perfect pose for our cover. Inset: we see USAm LUC TREMBLAY practicing for the Indoor Cycling World Championships last November in Wiesbaden, Germany. The figure is called Raiser Headtube - Reverse.

FROM YOUR EDITOR:

Welcome to Volume 10 Number 1 of the Unicycling Society of America Newsletter ON ONE WHEEL! It seems we have found a printer that can reduce and print on an 11x17" format as easily, and almost as cheaply as on 8 1/2x11". If our membership drive continues to gather momentum, we will be able to continue to bring the Newsletter to you in this format.

The title "ON ONE WHEEL" was originally thought up by BILL JENACK, our founder, when he was first looking for a title. It seemed to be the best suited for our name. You can discover a triple meaning in the title by separating out each word one at a time. ON ONE WHEEL means being on one wheelers, or unicycles. ON ONE WHEEL suggests "on the subject of unicycling", or dealing with one wheelers. ON ONE WHEEL suggests the oneness of unicyclists, that we are all on one wheel; the unity of unicyclists (let it sink in and it will make sense).

Because so many wonderful title suggestions were sent in, we are pleased to be awarding THE UNICYCLE BOOK to two different entrants:

STAY ON TOP by DAN WHALEN, Waukegan, Ill.
and UNI-VERSE by VALERIE KIRKMEYER, Kokomo, Ind.

DAN was one of two members suggesting STAY ON TOP, stating that this was the way BILL JENACK used to close his letters, and that this would be a tribute to him. Your Ed. will continue to use this phrase inside the newsletter for these exact reasons. UNI-VERSE was described by VALERIE as "The world of unicycling". Your Ed. would have described it as "the Uni-verse of unicycling, but whatever. If these two young members already have this book, it is hoped that they will share it with new riders, so that they may learn of our unicycling universe too!

Here are some other title suggestions:

UNICYCLE
UNICYCLING
THE UNICYCLIST
THE UNI-WHEELER
UNI-ON (UNION)
UNICYCLE ROTATION
UNICYCLE SPOKES
UNICYCLING PROGRESSIONS
UNICYCLE FEVER - CATCH IT!
UIKING IT!
SPOKEN WORDS
VAUDEVILLE REVISITED
ONE WHEELING
ONE WHEEL READER
ONE ON ONE
ONE WORD
THE BALANCE SHEET

It was difficult making a choice between these many similar names.

There were an incredible number of ideas thrown around on the questionnaires which were included with the last issue. Your Ed. wishes to thank all the people who took the time to write. 34 1/2 questionnaires were received (someone sent only half!), and it is too bad members don't let us know what they think or what they're doing more often.

At least 6 people wanted to know more about tricks and how to do them. Others want to know more about beginning skills. Though many showed a disinterest in unicycle construction, 6 actually wrote out that they wanted to know more. One would like to be able to build things with limited household tools only. This would be a very good type of construction project, and if anyone has any ideas, please send them in.

Some members are always interested in clowning, juggling and other circus skills, and since these are related to the art of unicycling, we will always try to keep in touch with these arts, but at the same time keep the main emphasis on UNICYCLING.

Stories about performers and old timers are missed by many members, and will always be welcome and used by your editor! The problem is that he doesn't know these people the way Bill Jenack knew everybody, and the stories must come from you readers out there. For example see article about USAm ROLAND C. GEIST, p. 13.

Some other things people mentioned: How to do uni performances, more info on unique cycles, workshops/seminars, unicycle records, more about what clubs & groups are doing, classified ads/swap shop, international news, calendar of events, and a table of contents. A calendar would be good if there were enough things to put on it, maybe if more people told what they and their clubs are doing. Your Ed. would like to use some kind of table of contents, and there is hopefully one somewhere on this spread!

One member indicated that increasing the membership might make our Society less personal and suggested raising membership cost. We will stay as personal as we possibly can, but please remember our aims.

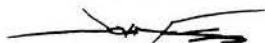
One member described almost exactly the Membership Prospectus included in this issue (see page 5); congratulations USAm ARNOLD HIRSCH! Another member (not the only one) would like to hear less about the Redford Club. Your Ed. will love to publish anything he can get his hands on, but if there is not enough, he must fill the space with whatever he can dig up. Club people please write!

A number of members gave low marks on the slot marked PHOTOS. Your Ed. hopes that the reproduction quality is that the people didn't like, rather than the images themselves, because he has taken most of these pictures himself, and paid for them out of his own pocket. Our Society can't afford to pay for someone's film at a National Meet, or other such luxuries, and our members are called to donate their abilities where they can. Your Ed. urges more of you to send in their neat photos, and this includes the National meets, too. Black and white prints will reproduce better than color, but color is fine if that's what you have! The black white halftones with which the photos are printed are the finest we can afford, and color photos cost about ten times as much.

You will note on the Membership Prospectus found in this issue the places where people are asked to circle their unicycling and related interests. Here are the results of 29 of these sections from the applications of new and renewing members, listed in the order of their popularity:

Riding for transportation and recreation-19, Artistic Riding-16, Juggling-16, Giraffe-13, Big wheel-12, Clowning-11, Construction-10, Racing-9, Artistic Bicycle-9, Two wheel-9, Tumbling-7, Wire walking-6, Prop construction-6, Distance & Obstacle-3, Parade & Show-1, Magic-1, Physical fitness-1, No comments-6.

Items after Prop construction were written in by members in the "other" slot. Hope this kind of information is found to be useful, please keep the suggestions, ideas and articles coming in!



John Foss, the Uni-cyclone

DAN WHALEN AND UNICYCLE CLUB "WAUKEGAN ONE WHEELERS"

A picture of USAM DAN WHALEN of Waukegan, Illinois riding his 6' giraffe unicycle appeared in the October 8, 1982 CHICAGO TRIBUNE. The write-up reads in part, "Eighth-grader Dan Whalen rides his unicycle past teachers picketing Thursday. . . Whalen was up and out early . . . even though a strike had closed Waukegan's 22 schools." School or not, Dan continues to practice and learn new tricks on his uni.

Attending his first National Unicycle Meet this past summer, Dan became so interested in unicycling he formed his own group -- the Waukegan One Wheelers, or WOW for short. They currently have five active riders, and many others who are interested. If you live in the area and would like to join their club, or if you happen to be passing through, be sure to look up Dan and WOW.

Last word is that Dan received a brand new DM Engineering 28" unicycle for Christmas! He has sent your Ed. some pictures, which will be in the next issue with a story from Dan about how it performs.

ON ONE WHEEL 1 - 83

TABLE OF CONTENTS

From your Editor:.....	2
Waukegan One Wheelers (WOW).....	3
Michael Mcguigan	3
Meet your 1983 Officers	4
USA inc. Meeting Dec. 27	5
Membership Prospectus	5
1983 NUM and Jugglers Convention	6
Membership Drive Progress	6
Unibug	6
Oak View Elementary School News	7
University of Oregon Unicycling	7
Larry Steele	7
WM '82	8
Misc. News from Everywhere	12
Eddie Sax	12
Round Tower Trip - Copenhagen	13
Featured Cyclist: Roland C. Geist	13
Budweiser Rocket Car	14
Peter Keihm and Barry Lappy	14
Cartoonist: Mike Kazaleh	14
Order Form	15

michael j. mcguigan

CLOWN AND CIRCUS ARTIST - HAVE NOSE, WILL TRAVEL



JOANN SHERMAN and MIKE MCGUIGAN in costume for their roles in POWERPLAY III



USAM MICHAEL J. MCGUIGAN recently completed an extended summer performing tour of the New York metropolitan area that included literally dozens of county parks, public libraries, outdoor fairs and colleges. And this was all in addition to the more than 50 performances he gave in POWERPLAY III, a production of the "Bond Street Theatre Coalition", of which McGuigan is circus skills director. This isn't counting his Vermont or Georgia tour, by the way, which took his character "Smedley T. Clown" cycling both north and south leaving a path of pathos behind him.

McGuigan is a Clown and Circus Artist -- as his logo above boldly proclaims -- and to him, clowning is serious business. As well as carrying juggling paraphernalia and magic ropes and silks with him at all times, Mike's constant companion is his unicycle. When he isn't pedaling to and from gigs, Mike's character Smedley is usually mounted on his unicycle, tantalizing audiences with cleverly concocted bits of skill and comedy, or at least attempting to mount his unicycle. You see, one of Smedley's problems is getting on it in the first place.

Like many other clowns, McGuigan has designed a clown routine addressing a fundamental question asked by non-unicyclists -- How do you get on? Smedley uses a variety of approaches for mounting his unicycle, all unsuccessful, until he determined that "The batteries are low and it needs a jump start." It doesn't take much imagination for a unicyclist to guess what comes next. Once mounted, Smedley demonstrates a number of standard uni moves -- one foot, backwards, juggling while riding, infusing them all with his own particular brand of comedy.

On Oct. 28, 1982 McGuigan appeared in a special Halloween performance at St. John's University, NY. Guest performer with McGuigan for the evening was JEANPAUL JENACK, and together, "Smedley T. Clown" and JeanPaul, Lord of the Wheels, entertained the crowd on "a variety of velocipedes." The show was very well received and McGuigan and Jenack look forward to working together again in the future.

Meet Your Officers:

PRESIDENT - KENNETH FUCHS

Seen here juggling clubs on his ultimate wheel in front of Al Hemminger's home (note the neat cycles in background), Ken is an expert at riding the two-wheel unicycles which he has written articles about along with many other subjects for our newsletter. He started riding in 1979 and his interest has grown immensely since, to the point of becoming our president for 1983.

Ken is currently in the final year of his studies for his PHD in Computer Science at Iowa State U. and has a small unicycle club there called the Unicycling Federation of Earth. He is also U.S. representative of the IUF (International unicycling Federation). We all can't wait to see how our membership drive goes, and how our National Meet will go under his leadership!



Paul Fox



Ken Fuchs

VICE PRESIDENT - GORDON MITTON

Gordon is a Registered Architect, and is employed as a manager of building construction for Bell Telephone Co. He also has worked designing many of the buildings Bell has built in the Michigan area.

Unicycling in Gordon's family began several years ago with son RON eventually mastering a toy unicycle. Gordon later bought him a better unicycle, and has learned to ride it himself, though he admits to seldom having time to practice. Later, son BRIAN, as well as step son BOB and daughter ANNE MARIE learned too. Gordon and family have been to every NUM since 1976, and are involved with the Redford Club, Gordon having been president two years, and vice president others. He is involved with the Society because he sees unicycling as a great activity for kids, and for families as well. His main concern is to help with the NUM and see that it's a success, as this is a great place for youngsters to perform and learn about this great sport.

SECRETARY - AL HEMMINGER

Some time after his younger daughter TERESA ignored her brand new 5-speed bike which she had received for her birthday and bought a new unicycle, the unicycle bug must have bit AL. He now has a collection of over 20 unicycles and specialty bicycles, uni memorabilia of all kinds, and files and files of correspondence with other unicyclists. He is shown here giving an assist to USAm JENNIFER CHARNEY on big wheel across the street from his home, which has been a stopping place for many unicyclists from around the country. He has spent countless hours talking with cyclists such as your Ed. and increasing their interest as well. He is the prime mover behind our membership drive.

Al learned to ride in 1981 and is now level one. At the National Meet this summer, perhaps we will get the chance to see if he can ride a full mile!

TREASURER - LIZ MILLS

A housewife who is involved in 1000 things, including the USA inc. Liz also does commercial knitting, and teaches and gives lectures on the fascinating subject of handwriting analysis. She was also past president of the Michigan Mothers of Twins Club, with twin sons STEVE and PETE (Pete was featured on the cover of the previous Newsletter).

Her involvement in unicycling started with her oldest son HANS, who wanted a unicycle "in the worst way", and finally received one for his 13th birthday in 1977. Eventually her other sons and daughter HEIDI learned to ride too, as did some other neighborhood youngsters.

DIRECTOR - PAUL FOX

One of our founder members, Paul is shown zipping along in the one-mile race at last summer's NUM. He learned to ride way back in 1953, when one of his many brothers bought a unicycle. In 1966 his unicycling interest had grown to a point where he started a group called the FOX UNICYCLISTS, which brought the joy of unicycling to over 900 boys and girls in the vicinity of Marion, Ohio.

Paul was the chairman of three National Unicycle Meets in the past, and is in charge of the artistic riding competitions in the one coming up this summer. Daughter CATHY is past holder of the Guinness record for 100 miles on a unicycle (10hrs. 37min.), and daughters CONNIE and CINDY are two of the three people who have been to every single National Meet so far. All three have played big parts in the growth of our organization, and we are lucky to have them with us!

DIRECTOR - JEANPAUL JENACK

The son of our founder BILL JENACK, John got his unicycling start at the age of three, when he learned to ride. He is one of only three people who have been to every National Unicycle Meet since the very first one in New York's Central Park in 1971.

A former professor of Circus Arts at Nassau Community College, he has taught Circus Arts at virtually every level, from kindergarten & elementary to college and adults. He has also performed with a number of circuses, including the "ONSTAGE EUROPEAN CIRCUS", with fellow performers TINO WALLENDA and MEL HALL, one of the all-time greats of unicycling.

Currently, JeanPaul is Director of the National Endowment for the Arts Special Circus Arts Project -- the first federally funded program in Circus Education. Recipient of an \$18,000 federal grant for Circus Education Development in 1980, he organized this special program. He is one of the world's foremost authorities on the subject of unicycling and is highly qualified to serve as one of our officers. He has done endless work on our Society and Newsletter in the past (and present), and his home is still a stopping place for unicyclists the world over.



JeanPaul Jenack



Floyd Crandall

DIRECTOR - FLOYD CRANDALL

Floyd has made quite a mark in the history of unicycling and he can be found in your Guinness book under unicycle records. He was privileged to travel to Japan in 1980 for participation in a 100 meter unicycle race for a "Challenge the Guinness" TV show. Floyd said that there were some other super-fast riders there, but when it came to the actual race, one of the racers was out with an injured ankle, and another fast rider fell during the race. Floyd had a cold and wasn't feeling at his best that day, but his record still stands at 14.89 seconds for 100meters.

Floyd got his start from his father, the late BERNIE CRANDALL, who was our president for our first two years of existence. Bernie saw unicycles on TV in 1968 and wanted to try it himself, and one showed up at the Crandall home for Christmas. Floyd learned to ride it within 3 days, and Bernie and brother CLYDE learned also. The PONTIAC UNICYCLISTS were formed in 1969 and traveled all over the country and Europe over the following 10 years. Floyd, on a 20' unicycle, did hourglass spins on a 10', did a ramp jump over 7 people and rode across a portable tightwire unit in their shows, as well as came in first in almost every event at almost every unicycle meet! This year he is in charge of the racing events at the NUM, and we are sure to see some exciting, well run events there!

Present:

KEN FUCHS, President
 GORDON MITTON, Vice President
 LIZ MILLS, Secretary/Treasurer
 FLOYD CRANDALL, Director
 AL HEMMINGER, Director
 JOHN FOSS, Newsletter Editor

Director PAUL FOX was available by phone; the meeting took place at the home of AL HEMMINGER.

I. The office of Sec./Treas. was split, as per the Constitution. Al Hemminger was voted to office of Secretary, with Liz Mills retaining the position of Treasurer only. JeanPaul Jenack was voted into the now open position of Director.

II. Appointments: National Unicycle Meet Co-Chairmen:

Paul Fox - Artistic Riding Events
 Floyd Crandall - Racing Events
 Tom Miller - Equipment Chairman
 JeanPaul Jenack - Public Show Chairman (see article on upcoming NUM on page 6)
 Other society members are to be solicited for aid for the meet.

III. Future NUM sites & Chairpersons were discussed -- Idea is not to burden President with NUM responsibilities but only to oversee the meet, so President can do the job of promoting the healthy, wholesome sport of unicycling.

IV. Nomination Committee for officers was decided to be composed of the 3 Society Directors. Nominations naturally remain open during the annual meeting, the idea is solely to expedite annual meeting procedures.

V. Foreign membership fee raised to \$8.00/year, because foreign postage is significantly more costly. Domestic fees including Canada & Puerto Rico remain at \$6.00/year.

VI. Budget items were discussed. Since the time of the meeting, Al Hemminger has come up with a projected budget for 1983. It will be difficult to continue our newsletter at this level of quality (size) under the amount of funds allotted. Every member of the Society is going to have to pull behind the membership drive to aid this matter.



Observer & Eccentric Newspapers, Jan. 27, 1983
 reprinted by permission

ART EMANUELE/staff photographer

Foss is dwarfed by a unicycle with oversized, 45-inch wheel.

NEWSLETTER EDITOR - JOHN FOSS

John first recalls seeing unicycles in the Detroit Thanksgiving Day Parade, in the form of St. Helens and Pontiac Unicyclists. He decided at that moment he would like to learn to ride that different looking vehicle. Then in his early teenage days he managed to borrow a neighbor's toy unicycle. He struggled with it for many weeks until it broke and he never really learned to ride it.

Three years later at age 17, John increased his friendship with another neighbor who had a new Schwinn Giraffe. After climbing onto the car fender, riding away and falling for a day or so, he learned to ride it. Soon after, John bought himself a Schwinn Giraffe so he could ride with USAM BRADLEY NOWAK on a matching uni. Friendships were made with other area unicyclists and through this association of people, John has become a talented unicyclist. Over a few short years he has increased his knowledge of unicycling, and not only spends most of his income on many unicycles, but also keeps the local photo places in business by snapping pictures of every rider he meets. With such continued enthusiasm we are sure to see his editorship of ON ONE WHEEL a success. Please keep those articles and pictures coming to him as your aid in showing support of our aims.



Al Hemminger

USA INC. BULLETIN NO. 1 -- MEMBERSHIP PROSPECTUS

Concealed somewhere in your newsletter is a separate sheet of paper. This is our new membership prospectus, and is designed to be given to non-members who are interested in unicycling (future members). It was originally made one year ago by your Ed. (in a graphics class. Since then the ones he made have been used up by he and AL HEMMINGER, and are responsible for almost all of the new members they have found in that time. Members are encouraged to make as many copies of this sheet as they want, and use them to further our membership drive! Schools and unicycle groups can use this to get new members within themselves, and individual members can find other unicyclists in their own areas. Your Ed. carries one in his wallet at all times, others in his car glove box, and more yet in his unicycle saddle bag! You never know when you'll meet people who find your sport fascinating, and this is exactly the thing you can give to them. You may be surprised at the number of these people you meet once you know how to spot them! The sheets also have an empty space on the back where members can put their address or phone no., and groups or clubs can even put a rubber stamp with information about themselves there. This gives the prospective member a local place to contact.

The Membership Prospectus is the first of many bulletins that the Society would like to produce, going along with our aims: "To disseminate knowledge and information. . . through a newsletter and information service". The next bulletin will deal with "Learning to Ride a Unicycle", and future bulletins will deal with subjects such as, starting a unicycle club, building a giraffe, beginning, intermediate and advanced uni skills, unicycle safety, etc. If you have an idea for a bulletin, please send it in, along with news about what you are doing, to your editor. Look for USA bulletin No. 2 in your Spring Newsletter.

1983 NATIONAL UNICYCLE MEET: JULY 14-17

National Meet co-chairmen PAUL FOX and FLOYD CRANDALL are busily making preparations for the meet coming up this summer at Syracuse University in Syracuse, New York. The dates given in the previous newsletter were correct; July 14-17. The 14th is a Thursday, and is scheduled for arriving unicyclists who are coming a long way. No events planned. Friday will be reserved for some riding for fun, meeting with other unicyclists, informal unicycle events similar to the ones at the 1980 NUM, and maybe some workshops. Anyone who has something of interest to teach to other unicyclists and would like to hold a workshop is urged to contact Ken Fuchs, 3908 Ontario St. Ames Iowa 50010.

Saturday will be the usual day of racing events, Sunday artistic riding and a public show. These events will be held in the Syracuse U. Track & Field House. Races will be on a one-eighth mile indoor track which may be small, but is not subject to rain! Sunday's public show will be planned for some time in the evening, or in the afternoon. There will be performances by the top unicyclists, plus professional performers of other types who will be donating their time & talents to help out our organization. The purpose of the show is to give a focal point for the general public, as well as the media, to look at. Spreading the sport of unicycling is what our Society is all about, and in this way, the National Unicycle Meet will help to do this. In the past, our meet has not attracted too much news attention because all of the exciting events are spread over a two day period and hard to see without spending as much time there. This will be a more compact event to see, and will hopefully show everything we have to offer.

The Unicycling Society of America, Inc. general business meeting will be either on Friday or Saturday night, and we are hoping that everyone who can attend, will. Those attending can vote, and help our organization run, and see how it runs as well.

Full details about the upcoming meet will be included in the Spring issue of ON ONE WHEEL, along with the registration forms and additional info. Unicyclists who are also jugglers may want to stay in New York for the International Jugglers Convention -- see below.

INTERNATIONAL JUGGLERS CONVENTION: JULY 19-24

Our National Unicycle Meet is this year scheduled on the weekend before the International Jugglers Convention, which goes from a Tuesday to a Saturday. This way, far-traveling members from either organization can travel to both events on the same airfare. The Jugglers Convention will be held on the campus of the State University of New York at Purchase, just north of New York City. This is a 200-250 mile drive south from Syracuse. We're expecting to see more jugglers and unicyclists in both places!

Regardless of juggling skill, all jugglers are welcome at the convention. Also, many jugglers may not be as good on their unicycles as they would like to be, and many others have yet to learn, so (Naturally) bring your unicycle, too. You will find the jugglers a friendly lot, and will come away with a wealth of new ideas.

At the Jugglers Convention, there are competitions in freestyle juggling (U.S. Nationals), Numbers juggling, juggling races (running!) and believe it or not, juggling unicycle races! For more information on the Convention, or the IJA, write to IJA, PO Box 29, Kenmore, NY 14217

MEMBERSHIP DRIVE PROGRESS. . . .

The 1983 Membership Drive, which was mentioned in the last issue, has gotten off to a weak start. The majority of our new members are still coming from a very small percentage of our present members. There are still thousands of unicyclists out there that don't even know we exist, and we're shooting for making one percent of them members of the Unicycling Society of America. We are less than halfway there, and the more members we have, the better we can forward our aims, which are:

To foster social and athletic interest in and promote the healthy, wholesome sport of unicycling among youth and adults of the country by establishing voluntary standards of performance and sponsoring and overseeing local and national meets.

To disseminate knowledge and information on all phases of the sport to all interested parties throughout the country via a newsletter and information service.

These are the magic words upon which our Society is built, and are fun to try to memorize.

Your Ed's Unibug (see p. 1) has gotten two members for the Society by being visible to one of the salesmen in one of the camera stores where your Ed. spends all his money. He also has managed to sign up one of the employees of a local bicycle shop. Then there is the old standby -- the gift subscription.

We are proud to have these new members who will be receiving this as their first newsletter:

Sue Whalen
Ray Troth
Christopher John Mayes
James, Timothy, Tammy
and Amy Logan
Dominic, Sharon, Alice
and Deanne Liparoto
Rob Piotrowski
Frank Siracusa
Morris E. Franklin III
Rex Crandall
Mike Kazaleh
Ruth, Stefan, Kirsten
and Hans-Jürgen Born
Michael McGuigan
Joanna Sherman
Karl F. Foss
Kathryn and Ross Gaston
David (Elijah) Duncan
Darlene Busch
Alanna and Rosaleen MacGurry

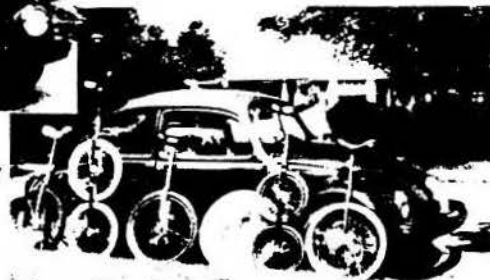
Leduc "Just For Fun"
Theatre School
Peter H., Millicent,
Alan and Gwen Foss
Ute Schmitz
Jaime A. Ruiz Rodriguez
Eugene, Joan and
Susan Fuchs
Jona Tapert
Larry Olson
David Tomasco
Ande Drossman
Mark Van Der Werf
Lowell Van de Camp
Rachel Ojala
James Falkenstein
Brian Dubé
Ron Wackowski
Jeff Pomeroy
Jean A.A. Ascher

Once again your Ed. would like to remind you that our \$6.00 per year dues is quite a low amount to pay, as organizations like this go, and we would like to keep it that way. Our membership is at a low ebb in these times, and we need all of your help in this membership drive to enable us to grow and further spread the healthy, wholesome sport of unicycling to everyone we can reach. As a member of our Society, it is hoped that you will seek out other unicyclists you may come across, and tell them of our organization, or at least help them out with mastering the one wheeled steed.



THE ONE-AND-ONLY

UNIBUG!!



The UNIBUG, a 1975 Volkswagen Beetle by any other name, was your Ed's unicycle transportation vehicle from Feb. 1982 to Mar. 1983. He must now sell it because it is not big enough for his artistic bicycle. It will be missed. It came equipped with dual freon-powered air horns, miniature Unibug to hang from mirror and make you dizzy, BEWARE: Unicycle Nut bumper sticker, and built-in big-wheel rack (see back cover). The Tom Miller big wheel is held snugly in place with a tie-down around each bumper support and one hooked to hood.

The Unibug is also shown parked in front of the Jersey where it traveled last summer with USAm's KEN FUCHS, TERES HEMMINGER and JOHN FOSS. . . and six (count 'em!) unicycles. Write to your Ed. for 60 page booklet showing how you can fit six or eight unicycles inside a Beetle, and still have room for three people and their luggage!

OAK VIEW ELEMENTARY SCHOOL EXHIBITIONAL ACTIVITIES

CLUB - Unicyclists from the Oak View School have experienced one of their busiest fall and winter seasons ever. They have participated in parades in Virginia, Washington D.C. and Maryland and taken part in shows and festivals throughout the same region, including the International Childrens Festival at Wolf Trap Park for the Performing Arts. They are currently performing in half-time shows for basketball contests at local high schools and colleges, including Maryland, George Washington, George Mason, Georgetown, American and the Naval Academy.

Two members, SCOTT DINEEN and BETH BAILEY, recently completed the requirements for all four USA levels.

A former member, MIKE HINTON, is currently riding his 10' giraffe uni at football and basketball games as a university of Tennessee Cheerleader Squad Specialist.

Editor's note:

USAm JIM MOYER is a regular contributor to our newsletter, and we are very grateful to him for this. Other members starting clubs might be interested in the secret of Oak View's success -- how this club has become so popular. Maybe Jim and other successful club leaders can write down how their groups operate and send this in to your Ed. who will write a major article about it if he gets results . . . also notice some more possible new USA members in the Oak View Club members above.



JIM MOSTELLA with some of his creations

MORE UNICYCLING AT THE UNIVERSITY OF OREGON!

As a physical education instructor at the University of Oregon, I initiated a class in Circus Sports two years ago. The emphasis in this class is on unicycling, juggling and acrobatics. It has been a very enjoyable class to teach as I am constantly made aware of the sense of satisfaction the student feels upon learning these skills.

The unicycling portion began with five used unicycles which I was able to purchase for \$25 to \$40. Since then, it has expanded greatly due to the assistance of my kind neighbor, JIM MOSTELLA.

Jim is an avid bicyclist and a very fine machinist. Upon seeing my unicycle, he decided that not only did he want to learn to ride one, but he wanted to make one. Now, about six months later, the one unicycle which he set about making has increased in number to fourteen. Jim has made all of these cycles by collecting old bicycle parts, sometimes making his own axles at his machine shop, and purchasing seats from Schwinn (he has even made some seats by cutting the steel and padding it with foam rubber).

Here is a list of the Jim's unicycles made to date:
20" - 3, 24" - 1, 26" - 3, 6' giraffe - 1, Handlebar units - 1, Double Ultimate Wheel - 1 (he used 2 wheelchair wheels), Midgets - 2 (using 9" diameter tricycle wheels, one sits " high, while another sits 16" high for my 1 1/2 year old son! Jim has donated several of these unicycles to the University of Oregon Circus Sports Program. I would like to take this opportunity to thank him for helping to spread the joy of unicycling to so many students.

Sincerely, LANI LOKEN-DAHLE

LARRY STEELE

New USAm LARRY STEELE is an extremely avid unicyclist your Ed. met last summer in New York City, while visiting with JEAN-PAUL & MARY JENACK. A telephone call made the arrangements, and soon JOHN & LARRY were riding down the busy streets together toward Central Park, where they had a great time talking one wheeling and riding.

Larry is the manager of the WORLD WHEELERS, the world's first pro uni-ball team. An offshoot of the famous KING CHARLES TROUPE, which travels with Ringling Bros. Circus, the World Wheelers play an entire four quarter game of basketball on unicycles and are very proficient at both sports independently as well as together.

Larry is very much into the idea of promoting the sport of unicycling, as well as promoting just about any other kind of ball games on unicycles. He told your Ed. how he would sometimes go to interviews to promote his team. He'd ride his unicycle up the steps into the building, through the lobby, and into the elevator. This would usually cause a stir, though you never know in New York. He would continue rocking in the elevator as it went up, and ride out onto the desired floor. Upon arriving at the office, the client's secretary would pound her intercom and say, "Hey, there's a guy out here on a unicycle!" and Larry would be invited in by someone who really knew he was a unicyclist!

Here is a poem Larry has written about his favorite sport:

RIDE ON!

YOU'RE A WIDE-EYED CURIOUS MACHINE.

SOARING, WHIRLING ON YOUR ONE-WHEEL LUXURY LINER
THROUGH TIME AND SPACE (FUELED BY A TIRELESS SPIRIT
AND A DREAM THAT WILL NOT DIE!)

GROWING WEAKER AND THEN STRONGER AFTER EACH GALACTIC
CONFRONTATION.

SPINNING, TURNING AND ROCKING ALONG THIS TIMELESS
JOURNEY (STOPPING MOMENTARILY TO LET YOUR HOT RUBBER --
HEATED BY THE JET STREAM YOU CREATE -- CARESS THE SWEET
TOUCH OF THOSE SHINY SOMETIMES TREACHEROUS SURFACES.)

A THOUSAND AND ONE DISCIPLINES AND MORE TO COME . . .
THE ESSENCE OF MOVEMENT IS YOUR TRUE FRIEND!

YESTERDAY YOU WERE YOUNG
TODAY OLD AND TOMORROW YOUNG AGAIN

RIDE ON!

--LARRY STEELE--

c 1975 by Larry Steele Reprinted by permission



LARRY STEELE and friend,
in Central Park



WM
'82 Weltmeisterschaften
 Hallenradspport
 Kunstradfahren · Radball

11.-13. November 1982
 Rhein-Main-Halle
 Wiesbaden

Ausrichter:
 Radfahrer-Club
 1925 Delkenheim



INDEX TO PHOTOS:

1. HANS BORN teaching Handlebarstand. Notice the training apparatus at right. Also the wooden racks are convenient to use for support while learning.
2. LANDESLEISTUNGSZENTRUM RADSPORT, the cycle center of the Rheinland-Pfalz province of Germany. Behind the stationary car is Herr Born's office, the windows across the center the dorm rooms, and the Sportshall (Gym) at right. Gym is on 2nd floor with locker rooms, storage & repair shops below. Out back is an old outdoor velodrome, the sight of most of the summer activity here.
3. HANS BORN tries out your Ed's Schwinn Giraffe! He rode 2 meter unicycles in the Worms cycle club back in the 50's.
4. This young member of the VFH Worms managed to ride your Ed's unicycle, even with a too-high seat!
5. STEFAN BORN helping out with Standraiser. Imagine going backward into a spin in this figure!
6. BAUER unicycle owned by the cycle center. Notice the 48 spokes and pinch bolts near bearing assembly.
7. This attachment to training stand holds bike up for practicing difficult figures. Training stand with regular top on it works for unicycles, too!
8. UDO ISSELHARD, one of our trainers, practicing Handlebar Handstand. Note the 8 meter circles painted on floor.
9. Handlebarstand doesn't seem to be hard for this boy on his 22" bike (still gives your Ed. the willies!).
10. (FEDERAL CUP UNICYCLING 1982) Unicycling is practiced in groups of fours and sixes only, with patterns only, and no "tricks" like one-foot, walking wheel, etc.
11. A Stillstand. Notice how they are centered in their performing area. Also in background are men performing on a separate riding area for a separate set of judges.
12. PETER ROSENDAHL showing off the Kick-up mount in his performance for the unicyclists! This mount was done at the 1982 NUM by DANIEL DUMENG of Puerto Rico and showed to Peter by your Ed. Peter added it to his act within 2 days.
13. PETER'S 3-wheeler and mini-uni. The 3 wheeler has 20" wheels, and gives you an idea how small and funny the mini can look when ridden with the proper facial expression!
14. Girls of the RV OBERAUSSEM heading into the center of the circle to join hands for the next figure. Arm positioning is as important as where the riders are going in this sport, and it would be a good thing for other unicyclists to imitate in their own performances.
15. New USAm UTE SCHMITZ (r) and friend show off their Bauer unicycles and uniforms of the BERGHEIM-OBERAUSSEM Cycle Club. Notice the saddle angles used by the experienced riders.
16. STEFAN BORN (bottom) and partner. It's hair-raising watching them practicing stopping and going backward in this figure! Here, they are performing in the first of the three demonstrations we gave prior to competing in the World Championships

WM '82

by John Foss

The WM translates into "World Championships", of "Indoor Cycling", as it says in the poster above. This is the story of my cycling adventures there last November.

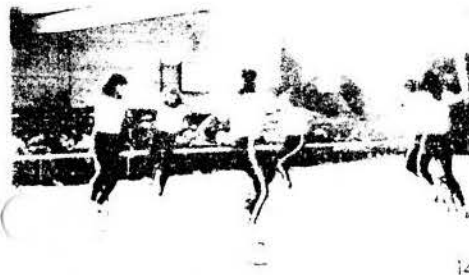
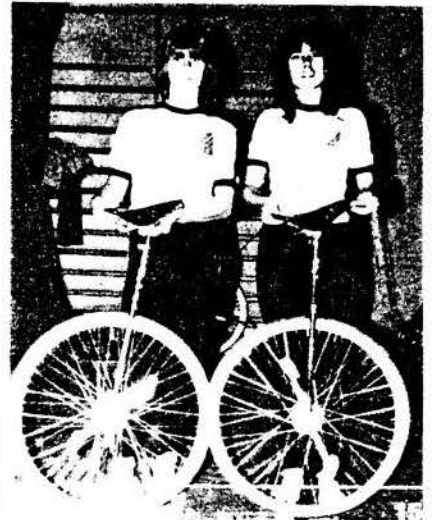
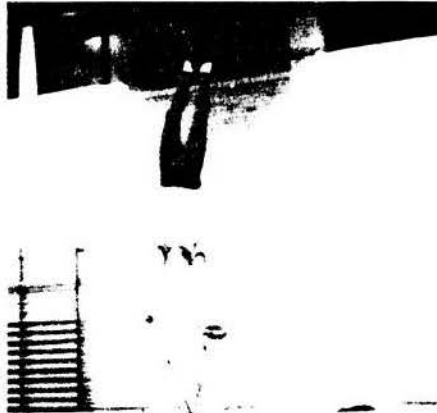
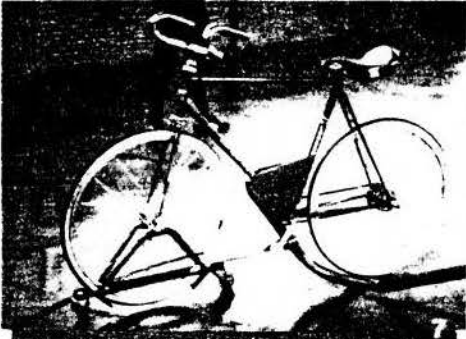
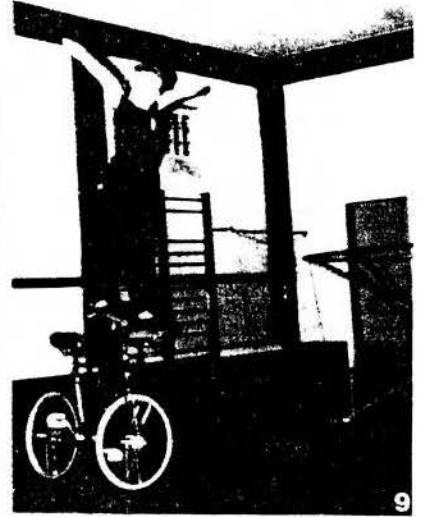
It all started with a form letter from USAm HANS BORN inviting all interested sportsmen from around the world to participate in a training course in artistic bicycling. Actually, it started before that, when the Redford Unicyclists went to Europe in 1979 and were presented with an artistic bicycle by Hans Born. After I joined the club, I found out that there was one of those bicycles (which I'd read about in the newsletter and Jack Wiley's books) in my own area, and I got to try it out. Al Hemminger sent a picture of me riding it to Mr. Born, and this started my correspondence with him. The invitation to come to Germany said that room & board would be taken care of when we got there, and we basically just had to get there. This was too good a deal to miss, I thought, and I arranged to make the trip.

I was the first to arrive, and was privileged to stay at the Born residence in Worms, Germany, for the first weekend there. In Worms, we went to a training session at the Worms Cycle Club, which practices in a local elementary school gym. This is where the pictures of the kids training were taken. I was amazed at what some of them could do on their little 20 & 22" wheel bikes! The boy in pic. no. 9 was also able to spin his body around the handlebars and back to the seat as described in article about USAm BARRY LAPPY on p. 14. I'm guessing that he was about 8 years old. He was also able to speak to me in English a bit. Most of the people I met had learned at least a little bit of English, but were too embarrassed, or something, to try to talk to me.

The Worms Cycle Club keeps its cycles in the once-unused basement of the school, where there were small artistic bikes, regular-size bikes, a set of matching Langenberg bikes for group riding, and a room full of cycleball bikes. There were also three Bauer unicycles and three blue giraffe unis, 2 meters tall. During the two and a half weeks that I was there, we never quite got the time to get out the giraffes and ride them. They had the same 26" wheels and leather saddles that all other German unicycles shown had.

I was introduced to some German culture at the Born home, where I met the rest of the family (now all USA members). Mrs. Born (RUTH) was a very gracious hostess for the whole time, as returned once or twice later with large groups of cyclists for dinner at her table. She was German Champion in the unicycling of four ladies in the years 1954 & 1955, too! More about German unicycling later. KIRSTEN, 15, is the youngest in the family, and is also a cyclist. She was at the Worms Club with a group of four artistic bicyclists.

STEFAN BORN, 19, was our main trainer and translator. His father speaks little English, and Stefan was always nearby to clear up communication problems. He and his partner, see pic. no. 16, missed by just one place being able to compete in the World Championships, meaning that they are the second or third best doubles riders in all of Germany! So whenever we were having trouble doing something



difficult (supposedly impossible!) on the bikes, he was able to just jump on, no matter how bad a fit the bike was, and show us. He was his father's constant companion at all times, helping him to do the endless things he had to do, including putting together various cycling newsletters and taking pictures for them and writing to international cyclists in English.

HANS BORN has been mentioned in this newsletter countless times before as a person to get information from concerning artistic bicycling. He is secretary of the CIS, the International Indoor Cycling Commission, among I-don't-know how many other cycling organizations. Watching him in person makes it even more confusing, when he goes from the Ludwigshafen Cycle Center to the VFH Worms to teach, to a Unicycle Meet in Brekenheim, 80 km away, to the Indoor Cycling World Championships where he is a judge. At the same time he has got a group of cyclists from seven different countries trying to learn these cycle sports!

He has ridden for many years in the teams of his club, the VFH Worms. During those years he has been involved in the four and six man artistic cycling and unicycling on normal and tall (2 meter) unicycles, and was German Champion from 1952 to 1960. He is such a lover and promoter of the cycle sports, he is sort of the BILL JENACK of artistic bicycling.

After a super weekend in Worms, I was taken to LANDESLAISTUNGZENTRUM RADSPORT, in Ludwigshafen. This is the Government supported cycling center for the Rheinland-Pfalz region of Germany (see pic. no. 2). It is also apparently where Hans is employed, as a trainer of artistic cyclists. In the off-season for bicycle racing, the place is left open for use by the artistic cyclists and cycleball players.

That evening, the group from Hong Kong arrived, after a detour all the way to London because of fog. There were three cyclists and their trainer, USAm CHAN PAK CHEUNG. Mr. Chan is General Affairs and Treasurer of the Hong Kong Cycling Association, and was very interested in IUF. His cycling group in Wanchai, Hong Kong does demonstrations in artistic bicycling, cycleball, unicycling, and Chinese-style show cycling.

During the week, other cyclists arrived almost daily. JOHN HELD, from Boulder, Colorado learned some of his artistic cycling from DAVID STEED, who was the first American to participate in the WM in 1981. John is a juggler of the highest caliber, his business card reads: AIR JAZZ, 1982 Juggling Champions. He gave us some amazing demonstrations of juggling, while he learned some amazing figures on his bicycle.

USAm LUC TREMBLAY arrived from Montreal, Quebec, with his own bicycle from home. He had participated in the WM the past two years, and so was an old friend at the Cycle Center. Luc was introduced to the USA inc. in 1976 when he met USAm JEANPAUL JENACK at the Olympics in Montreal. He is also a juggler and unicyclist, and he and his partner pass clubs on 7' giraffes in their act. Luc had a really neat program already set up, and we could see how his three years of experience had been put to use on the bike.

USAm PETER ROSENDAHL, a professional unicyclist from Köping, Sweden arrived by car with his grandfather, and was someone for me to ride unicycles with! He and Mr. Chan became members during their stay in Germany. Peter, 15, brought with him four unicycles and equipment to put on a whole unicycle show. He knows all kinds of amazing tricks, and we spent hours together trading them off with each other. He did the gliding and seat dragging tricks of PETER HOLMGREN and JOCKE MALM, and this is apparently who he learned them from.

Peter's unicycles were a 20" Miyata for everyday riding and artistic riding, a 24" Miyata with 5" cranks for racing, a three wheeler and a tiny mini-uni. On his 24" he told about doing a 100 meter sprint in the presence of a man from Guinness in a time of approximately 14.5, surpassing USA Director FLOYD CRANDALL'S record of 14.89. We will have to see if this record is in the book next year! His three wheeler is a really neat show stopper upon which he walks the wheel. I tried this and found it a little unnerving to have my feet off the pedals when 7 feet up. His mini uni has about a 6" wheel and is 20" high. It fits into his suitcase with his juggling props and jump rope, and looks absolutely ridiculous when he rides it forward and backward.

He also brought with him a small teeter board and staircase for riding over in his act, in which he also juggled clubs, rode through bean bag pylons, and danced around with silly music right after music that sounded like the end of the act.

Also arriving were two cycleball players from Sweden, another two from Denmark, and a young girl artistic cyclist from Denmark, LENE JOSAISSSEN. USAm JIM BAYLISS from Aust Texas was planning on attending, but could not make it, though he is definitely planning on this year. All of these cyclists except Luc were participating in the World Championships for the first time.

Then it was time to learn what artistic cycling was all about. I had received a booklet of artistic cycling figures and rules (translated into English by Stefan) from JUTTA MILTENBERGER, the German cyclist who attended the NUM last summer, but hadn't been able to put the little pictures into actual practice very well, and so had just been practicing whatever I could do on the bike, which wasn't very much.

In a singles (one rider) artistic cycling program, you have 6 minutes to do as many figures as you can, unless there is a maximum number allowed, and the idea is for these figures to be worth as many points as your skill allows. All figures performed must be in the book, where each of them is worth a specific number of points. Your program is prepared by arranging the figures you can do into a logical order that you can complete within the 6 min. time limit. This program is written out and presented to the judging committee before you go on. All figures must be done in order, as no points will be received for the ones done out of order.

Riding area: The riding area consists of two circles, 4 and 8 meters in diameter. Our beginning figures were done in circles, and these are to stay in between the two circles. It is okay to go outside, but cutting into the inside is not allowed because this makes the circle smaller and hence you could do more figures within the allotted time. If you accidentally cut across the inside circle, your figure must start again when you come back outside it. Each figure must be done in a complete circle, or less points will be received. This means, for example, that you must climb up onto the saddle and handlebars, stand up, and stick your arms out straight to each side, at which point your circle starts. You must hold this position until you cross the same point in the circle. More points can be earned if you can do the figure in a figure 8 or half 8. The figure 8 must cross the center point of the circle and go outside the 8 meter circle at each end of the 8. The half 8 is an S shape that is half of the big 8.

The Diagram shows the dimensions of the cycleball playing area. Goals are 2 meters wide and go in the little rectangles at each end. In the middle are the artistic cycling circles. Both sports are practiced and played on the same floor, so these are the painted marks that are usually found in a cycling gym. The two circles have been added at each end to show how the floor at the Ludwigshafen (or any other large enough gym) is laid out. These two 4 meter circles allow cyclists to practice on three circles at once. The center circle has quarter circle marks around it to help show the rider where he is on the circle when starting and finishing a figure.

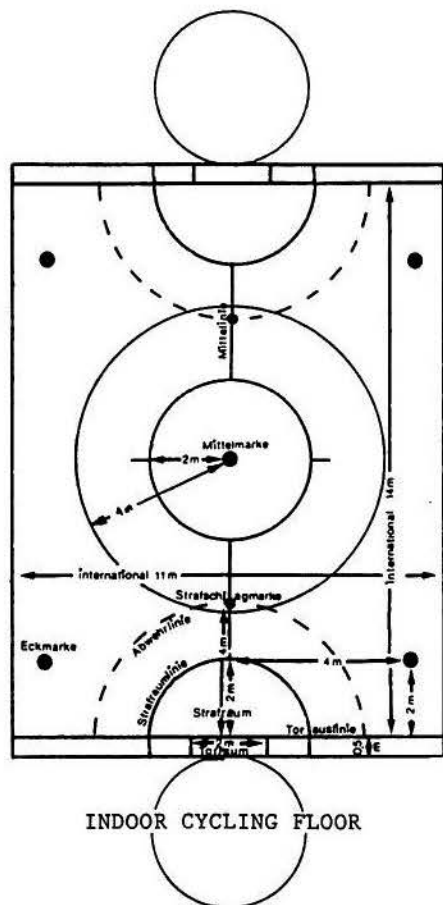
This may all sound complicated, but is really simple when put into practice. All of these rules are intended to allow judging to take place in a uniform way. The program must be written out and presented beforehand, because the judging is complicated and this is the only way the judges can keep up. Riders will lose part of all of the possible points for a figure depending on how well it is executed. If the circle is not completed, 50% will be taken off. If the rider appears to be having trouble, does not hold arms/legs in the correct positions, or does something wrong in the figure, various portions of the score will be deducted. More points are deducted if the rider's toe or whole foot touches the floor. This is sort of the equivalent of a fall from a unicycle. So that the score of a rider does not go below zero, 200 points are added to the rider's possible score before starting. I had a program of figures totaling 32 points, so I started with 232.

But before I could earn even a measly 232, there was much learning to be done. Stefan and Hans Born introduced us new riders to the above rules, and started to teach us the elementary figures. We would learn as many as we could in

a week, and have the next week to perfect our programs for the WM on that weekend (Nov. 11-13). One of the neat figures I was pleased to learn was Handlebarseat, where you are sitting on the handlebars with one foot resting on the frame, doing the steering. Another was the Pedalstand Stillstand, where you stand with pedals level and handlebars turned forward foot. Forward leg rests against handlebar and light back and forth pedal motions keep the bike balanced. Stillstands must be held for three seconds.

I also learned to do the regular seat wheelie in a small enough circle to be worth points. This is of course unicycling, but maneuvering all the weight of a bicycle while it is sticking out in front of and behind you is considerably more difficult than it may seem. This is why all artistic cyclists are taught how to ride a unicycle before they try to learn the one wheeled figures. I could also ride the bike on one wheel while sitting on the head tube, but getting there while riding is another thing! It involves rising from a regular wheelie to one where you are sitting on the sideways-turned handlebar. This can be very hard on your front wheel if you suddenly come down on it this way. The next step is even wilder. As the right foot starts to come down in its pedal stroke, the heel is placed on the front chainwheel and you stand up with all weight on this point. Meanwhile, your right hand is holding the wheel near the fork and turns the wheel so it is pointing straight again while lifting your left leg over the handlebar. Left foot goes back to pedal and you sit on head tube and handlebars ready for next figure. Stefan had to do this with his partner on his shoulders to get where he is in pic. no. 16.

We were also taught some figures that we probably would never have learned on our own. Peter Rosendahl and I learned Saddle Handlebarstand, in which we stand with one foot on the saddle, the other on the handlebar, and face the inside of the circle with arms outstretched. Before leaving on our last day, John Held managed to go a considerable distance in a Saddle Headstand, and do a complete circle in a Handlebarstand (see pic. no. 9)!



INDOOR CYCLING FLOOR

The international trainees spent the week training, but also had time for some sightseeing in various nearby areas too. On Saturday, Nov. 6, Peter Rosendahl, his grandfather, Mr. Born and I went to Brekenheim for the Bundespokal Der Einradfahrer 1982 (unicycle in German is Einrad).

I rode in Peters Volvo and Hans went in a separate car because he had to stay the night there. On the way back, 80 km, we got lost with no map and got to do some unwanted sightseeing in the dark.

At the Bundespokal, we walked into paradise: a room full of unicycles! German unicycles are very similar to the artistic bicycles. The 26" wheels are the same, with alloy rims and tubular tires. They have short cranks (5-5 1/2") and big rubber pedals that are floor savers as well as leg savers for the beginning unicyclist. The strangest thing about these cycles is the saddles. These are apparently bicycle saddles, made of leather, and seemingly a very bad shape for a unicycle. Upon trying one, I found it to be uncomfortable and lacking in control, being pointed at the front with very little for legs to grab onto. All the cyclists I was able to talk to thought our Miyata saddles were strange and liked theirs the way they were. I think this is just because they are used to them. It is also possible that the leather gets broken in after prolonged use and becomes more comfortable, though this would not add to control.

We watched the unicyclists in action and learned that unicycling in Germany is practiced by about 500 riders in clubs. They all ride in teams of four or six persons and take part in six minute programs that are identical to the group riding programs performed on artistic bicycles. All riding is either forward, backward or balancing in place. Points are earned by riding through various patterns: pin-wheels, backward circles, spins, etc. It takes a good deal of skill to ride smoothly through some of these figures, but I must admit that after watching three or four of these groups perform, they all looked kind of the same. Again, arms must be held straight out to the sides while riding, and this seems to be a little more difficult as arms are needed more for control of the unicycle. The reason that arm position is important is that these figures have been practiced for a long time and have been developed into what "looks best", similar to ballet, which is so old that the moves are done one way and one way only. Also because there are usually people watching, and it does not look good for the riders arms to be pointed any old way. I am describing all of these rules and things because they are the only objective rules for judging unicycling (or bicycling) that I know of, and these practices can be put to use by cyclists in their own performances in other places, like the National Meet.

The IUF will someday be writing up some rules for individual artistic unicycling that will be similar to the rules for artistic bicycling. These would have different point values for different figures (tricks) which would be ridden around the 4 meter circle. Perhaps someone will be giving a demonstration of this "IUF Style" unicycling at the National Meet this summer.

During this unicycling event Mr. Born arranged for Peter and me to do performances of our own type of unicycling. Peter did his 10 minute professional act, to thunderous applause, and I did my three minute performance that I did at the NUM last summer to demonstrate "American Style" Einradfahren (unicycle riding). We both juggled in our acts, and did all sorts of crazy tricks, and some of the people probably thought we belonged in a circus, because this was the only place they would otherwise see these things. To them, their unicycling is as serious a sport as any other, and treated just like an olympic sport. I guess this is the same response we unicyclists get here in America.

After performing, we let some of the German sportsmen try our unicycles while we tried out theirs. I exchanged addresses with UTE SCHMITZ of the R.V. Oberaussem (see pic. no. 15), who is now a new USA member. Members of her group took us onto the floor and tried to ride us through some of the unicycling figures, without being able to tell us what to do. Some of the big guys were trying to mount my 6' giraffe, and one had actually done it before we left! There was no telling if he'd ever been on a giraffe uni. before. A few days later when giving another demonstration, I jumped onto my giraffe to find the seat still much lower than I use it myself. Though I didn't quite fall, I must have looked a bit distressed up there while trying to do my tricks!

End of part one. The story will be finished in the Spring issue of ON ONE WHEEL with more pictures, and the actual story of the Indoor Cycling World Championships! Hope you are enjoying this issue!

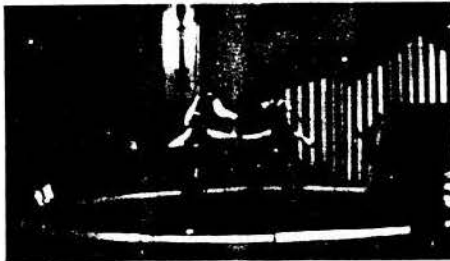
Misc. News Items from Everywhere:

AUSTIN - USAm JIM BAYLISS (Texas) is currently making arrangements with USAm HANS BORN to import several artistic bicycles by Walther, Imholz and Langenberg. These bikes will be rather expensive due to shipping costs, but at least there will be some available. If any members are interested, they can send S.A.S.E. and he will notify them as soon as the bikes are received.
JIM BAYLISS, 2409 East Side Drive, Austin, TX 78704

ALBERTA - USAm PATRIC MACGURRY, of the Willow Park School, P.O. Box 188, Leduc - Alberta, T9E 2Y1, would like to hear from any members their ideas on putting together unicycle performances. He has started a group there, but needs some ideas to start with. If you do write to him, perhaps you could send a copy of your letter to us, so we can pass it along to our other members.

LA PLACE - La Place, Louisiana is the home of our only four members in the state (so far). USAm JARED TROSCLAIR made your Ed. aware of this fact with a phone call and a letter with some pictures, including this one. It shows USAm's JARED and JOHN TROSCLAIR and MIKE & MARK CANTRELL performing in Gary Strong's Circus International. A newspaper article he sent along

told the story of their group, the Unos, with three big pictures. One of the pictures is a neat image of Jared doing a uni ramp jump over five friends.



Jared came all the way to Minnesota for the National Meet last summer, and is planning on coming to New York this year with Mike Cantrell. He also will try to get some pictures of his group performing in any number of parades in the spectacular Mardi Gras Festival coming up. We can't wait!

GENEVA - USAm ERNEST FUR BLUR, one of our members in Switzerland, writes and tells of the Marais Gym Club of Onex, with 30 unicyclists ranging in age from 12 to 20. He also tells of his Junior High School group which does everything: gymnastics, acrobatics, juggling, unicycle, Rhönrad (German wheel is what we call it), and more. A group of 4 boys ages 16 - 20 have an act riding unis, juggling and clowning. Their name is "ALDEBERT ET SES POTES" (Aldebert and his buddies).

SEATTLE - From a recent phone conversation with USAm AARON ANDERSON, your Ed. learned about the Uniques Unicycle Club there. Apparently unicycling is more popular in the Washington/Oregon area than in most places (a large portion of our members are there). The club was started about three years ago, and at this time has about 40 riders. Aaron teaches there every Monday, and told about recently being filmed for a TV special about the club.

KOKOMO - The Kokomo Road Runners recently held their 6th annual election of officers and would like us to know who will be running the club this year:

President - USAm SUNNY SAYLOR
Vice President - RANDY HUFFER
Secretary - USAm VALERIE KIRKMEYER
Treasurer - SHELIA RHOADS
1st Instructor - DANA OSBORNE
Chmn. & Publicity - USAm JACK QUILLEN

The club has performed for the School for the Deaf and the Wishard Memorial Hospital in Indianapolis, and the Bona Vista Rehabilitation Center, Kokomo (retarded kids). These are examples of what the club likes to do for others and are proud to be chosen to entertain for these causes.

Editor's note: This is beautiful, and your Ed. is sure there are other groups out there doing the same thing. Wouldn't you like to read about your own club's good deeds or good times? Please brag to us about them! Also notice in the above officers where new people for our membership drive may be found.

MARQUETTE - USAm DR. ORLAND REYNOLDS, a professor of mathematics at Northern Michigan University, was the recipient of the exquisite quilt that was given away as a door prize at the National Unicycle Meet last summer in St. Paul, MN. The quilt was made by USAm PAT REISDORPH, and featured the logos of just about all the unicycle clubs that have attended the meets over the years. Dr. Reynolds arranged to have it shown at a quilting show in Marquette last October, and reports that the quilters really loved it. We are all hoping that he will bring the quilt with him to the 1983 NUM this summer in Syracuse!



PROFILE: NEW USAm
EDDIE SAX

Eddie Sax may be new to the USA Inc., but he is no stranger to the unicycle, or juggling, or the circus arts in general. Beginning as a "Specialty Counselor" in circus arts at Crestwood Country Day Camp (NY) in 1979, the then-19 year old Long Islander sharpened his juggling routines to a professional level, added music, and began to perform professionally throughout the New York metropolitan

area on the summer camp circuit. The success of his performances was overwhelming, and it was a short step from camps to the children's library circuit.

Once on the library circuit, Eddie's routines improved to not only include music but to make it an integral part of the performance. Every action and movement of his body was now complimented by piano, guitar or banjo. And in addition to this a new element entered his character: comedy.

In the summer of 1980 Eddie took on the professional comedy club circuit, beginning at the prestigious "East Side Comedy Club" (NY). Eddie was an instant success, and went on to perform at the "Comedy Works" (Philadelphia), the "San Antonio Comedy Club" (Texas), and the "Comic Strip" (Fort Lauderdale), to name only a few. He also performed for the Kiwanis at several of their national conventions in Chicago, Houston and Fort Worth.

Currently Eddie is performing almost continuously on the East coast on the library, school assembly and comedy club circuits. His present act includes a dazzling display of incredibly dexterous (and difficult!) 3 ball juggling -- impeccably choreographed to "Dueling Banjos", and a hilarious comedy juggling routine using such diverse items as a bowling ball and pin, ping pong ball, and chainsaw.

While Eddie describes his juggling ability as "at the survival level", he is always moving in new directions, and hopes to integrate his unicycle into a new routine in the near future. By the way, for those who feel that Eddie's schedule must have kept him busy over the past few years, he also managed to attend Lafayette University full time, graduating with a B.S. in Electrical Engineering this past summer. With some of his knowledge, he has constructed an electronic device which can be programmed to make his lights blink, flash and change colors to the beat of his music, and to accentuate the activity of his articulate actions while juggling!

THE ROUND TOWER TRIP (right) COPENHAGEN

New USAm JEAN ASCHER, of C.F. Richardsvej 35, 2000 Copenhagen F. DENMARK, is the IUF (International Unicycling Federation) contact in Denmark. He has sent me some really neat material, including this story about the Round Tower Trip, taken from his letter:

The Round Tower is a round tower in the middle of Copenhagen, with an inside spiral path going 210 meters up and down. The Circus (my girl and I), together with 4 other wheelers arranged the event one Saturday in May, 1982. There were 27 participants and they were divided into two groups -- one under 20 years of age and one over.

The rules were to wheel the Round Tower Trip without falling, touching or otherwise preventing the free spirit of natural competition. The race was timed, and everybody was dressed as at Carnival time. Together with 10 helpers, friends, we managed to control the wheelers, 600 spectators, a TV crew and the whole arrangement so successfully as to be to the best of all.

The winner was a 14 year old boy, time - 3 min. 15 sec. up and down, clean and fair. No. 2 was also a boy, time - 3:45, and 3rd - 3:50.

The circus mentioned is CIRKUS CHANGHIGH, which has put on uncounted performances in the last 3 years. Jean told about performing for about 1000 people in 3 different Christmas shows, plus 2 free Fire and Light Shows Christmas and New Year's night themselves for about 600 people each.



Turen up var så afgjort den mest krævende hvad angik muskelkraft og balanceevne. (foto: Richard Haines)

... langt lettere gik det på nedturen -- her en vndig cykelbalancerina med stikkelsbærben (foto: Richard Haines)

"DAREDEVILS ON ONE WHEEL."

Vovehalse på ét hjul

22-6-82



FEATURED CYCLIST: ROLAND C. GEIST

USAm ROLAND GEIST has been a cyclist since 1899, and is the author of one of the books for sale on our order blank page -- BICYCLE PEOPLE. The following was a letter he sent to your editor:

Thank you for most interesting newsletter. I am sure we all miss BILL JENACK very much -- he was a grand fellow, and helper.

In the story of unicycling there is no mention of WALTER NILSSON -- who held the cross-country unicycling record in 1933. He had a collection of over 50 unicycles in his Closter, New Jersey home. He also had a "Funi-Cycle Booth" at Coney Island for many years. He helped me obtain unicycles for the American Bicycle Hall of Fame on Staten Island (NY). He gave me my first unicycle lesson about 1940. He also worked on the 101' unicycle that was ridden in Las Vegas in 1980 by STEVE MCPEAK. Maybe in your next newsletter you can mention Walter Nilsson. Editor's note: There is more about Walter Nilsson in the BICYCLE PEOPLE book, and also in THE UNICYCLE BOOK by Jack Wiley.

About 40 years ago Bill Jenack and I got unicycles for display at the American Bicycle Hall of Fame. Bill gave us the 32' which was on display for about 10 years (this was one of Steve McPeak's earlier record-breaking unicycles). A few years ago a new director was appointed to the Hall of Fame. He felt that bicycles and unicycles had no place in the Hall of Fame at Staten Island. He stated that Staten Island people were not interested in bicycles/unicycles made out of state -- and ridden by out of state riders. He therefore disbanded the museum, and planned to consider the cycles all rubbish -- to be thrown out with the garbage. I was unable to fight his plan and do not know what happened to 25 unicycles and bikes I donated. I donated my unicycle to the exhibit.

I have never found out what happened to the Jenack -- exhibit.

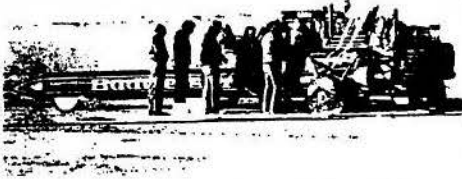
In the meantime I was hit by an auto and have been hospitalized for 3 months. Now only walk with cane. That's why I was unable to attend Bill's funeral, etc.

You have built up a grand organization -- keep up the grand work.

--ROLAND C. GEIST--

82 YEARS OF BICYCLING - ROLAND & BETTY GEIST

- 1899 - First tour on handlebar - 98st to 42nd St. Reservoir -- many horse carriages, no autos.
- 1912 - First tour Del. Water Gap with uncle & friend
- 1917 - Join NY Division, Century Road Club Association -- Captain Syl Segal
- 1917 - Do first CRCA Official Century - Capt. Segal
- 1917 - Tour to Albany -- Boston -- Providence
- 1918 - Service U.S. Army -- Fort Ontario, NY
- 1918 - Tour Niagra Falls -- Toronto Goldwells
- 1920 - Montreal
- 1928 - Tour of England -- Student Cambridge University, married in Chapel -- Tandem
- 1942 - Tour Cape Nantucket St. Louis Cycling Club
- 1944 - Tour Lake Placid
- 1948 - Tour New England -- Dr. White, leader
- 1956 - Tour Macinac Island on tandem
- 1959 - Guest of honor, -- CRCA Diner -- Syl Segal Toastmaster
- 1960 - Sun Valley Idaho cycling
- 1940-60 - Enjoy New Haven Cycle Trail to Berkshire, S. Moritz, leader
- 1972 - See cycling -- Olympic Games, Germany
- 1975 - Tour Gratz to Vienna on PUCH cycles by Puch Co.
- 1982 - End career -- hit by auto on Grand Concourse, NY -- 3 weeks in bed, now walk with cane. Betty died Feb. 25th, both end grand careers.



(Photo by Franklin Berger)

WORLD'S FASTEST UNICYCLE??

Edwards Air Force Base, California -- The Budweiser Rocket Car, powered by a 48,000-hp rocket engine and boosted with a 12,000-hp Sidewinder Missile, became the first land vehicle to exceed Mach 1, the speed of sound, on December 17, 1979. The driver was Stan BARRETT, the owner was HAL NEEDHAM, and the designer was WILLIAM FREDRICK.

Apparently, as the car approached the speed of sound, very strong shock waves formed on the nose, tail and wheel struts. When the car went supersonic, the shock waves which formed on the nose at lower speeds moved to the rear of the car. Evidently, this effect caused the rear of the car to lift off the ground for a distance of 650 to 700 feet. A photo taken at this point showed the rear wheels to be about 10 inches above the ground! The tail fin and gyroscopic rotation of the wheels at 7-8000 RPM acted to keep the car from turning.

The record speed for the one-way run was 739.999 mph. Unicycle or not, the car still traveled on one wheel at the speed of sound on the ground!

A CHANCE MEETING IN IRELAND: PETER KEIHM AND BARRY LAPPY

USAM PETER KEIHM (NY) spent a wonderful half-summer touring Ireland with the Homestay College Student Exchange Program. Peter spent three weeks in Dublin, studying "The Various Aspects of Ireland" (history, politics, culture), but after that, his time was his own.

While in Dublin, Keihm noticed a poster for "Tom Courtney's Circus World" featuring none other than USAM BARRY LAPPY, "The Wizard on Wheels". Extremely disappointed because he'd missed the circus by only three days, Peter headed south on a walking tour for Wexford. In Wexford he saw another poster, and this time he'd missed the show by two days! Leaving Wexford the next day for Youghal on the Southern coast, Peter encountered his third poster, and this time only one day separated him from the show. 24 hours later Peter entered the town of Cork, west of Youghal, to find himself another poster and still one day away. At 2 PM Peter read in a local paper that the circus would be appearing in Ballincollig, a town 8 miles away, later that evening, and determined not to miss it this time, he ran the 8 miles to Ballincollig.

6 PM found him outside the Lappy's trailer in Ballincollig, and with trepidation he knocked on the door, identifying himself as a longtime friend of the Jenack's, whom the Lappy's had stayed with many times in the U.S. Peter found himself whisked inside, made to feel at home. When 8 PM rolled around, Peter had a ringside seat, and his description of Barry's part of the show follows.

"Barry Lappy wasn't just the star of the circus -- he was the circus, both opening and closing the show. His opening was a marvelous display of juggling, and the audience was thoroughly impressed with his ball, club and tennis racquet as they glided effortlessly from hand to hand." His unicycle act consisted of a number of standard unicycle moves on a 20" uni, -- through pylons, backwards, one foot and very fast spins, and a very flashy routine on a 6' giraffe uni, using a series of ramps to a tabletop about 6 feet off the ground. Once at the top, Barry passed a ring completely around his body, rocked with one foot in a complete circle, and then dazzled the audience with some very fast tennis racquet juggling high above the circus ring. He closed the show, and brought the house to a standing ovation, with his trick bicycle act, the same act that made him a grand prize winner at the Monte Carlo Circus Festival. His multiple spins around the handlebars and back to the seat led to thunderous applause.

Well, after the show the Lappy's insisted that Peter stay with them that night and he and Barry had such a good time that for the next five days he toured with them, catching ten performances and traveling to five different towns. They finally parted in Tralee, on the West coast, and Peter could truly say he had a trip to remember!

Amazingly enough, while typing up the last article your contributing editor received a letter from USAM JOSEPH STEGEN, of Ogden, Utah. Stegen is a circus fan and collector, and enclosed in his letter was a circus poster from "Tom Courtney's Circus World" featuring "Barry Lappy, from TV's Monte Carlo Show". There are two beautiful photos on the poster as well -- one of Barry doing a handlebar spin on his trick bicycle, and another of him passing a ring around his body on the giraffe uni.

RESIDENT CARTOONIST -- MIKE KAZALEH

New USAM MIKE KAZALEH, of Detroit, is shown riding his recently mastered unicycle in front of Minute Press, our printer for this issue. Mike has also drawn the comic below, and even though he has never been on a giraffe (yet), has captured the feeling giraffe riders sometimes get when confronted by the non-rider. Mike is a professional cartoonist, but supplements his income by working for his dad, who owns the building shown in the photo, in his TV repair shop next door. For those that care, two more doors down is the infamous KIN-UTS (see, or better yet don't see, Winter, '82 issue). Your Ed. would like to feature a cartoon or piece of unicycle artwork drawn by one of our members in each issue. So, artists, get out your pens! Mike will be busy, because he's working on a new commercial for the Detroit area Father & Son Construction Co., which local residents may be seeing on TV this summer.



Fill in and mail to:
 UNICYCLING SOCIETY OF AMERICA, INC.
 P.O. Box 40534
 Redford, Michigan 48240

ORDER FORM

Make all Checks payable to:
 UNICYCLING SOCIETY OF AMERICA, INC.

TOTALS

● **NEWSLETTER BACK ISSUES** - \$2.00 each. Please indicate issues desired. There were four issues per year starting with Jan. 1974. An extra issue was 1981 National Meet Results. There were only three issues in 1982. (Special discount -- 4 issues for \$6.00)



● **THE UNICYCLE BOOK** by Jack Wiley. Besides being a complete "how-to" guide to unicycling - the first ever published - this book also contains information on stunts and demonstrations, comedy and clowning, circus acts and unicycle history. Now out of print the book is a collectors item. Combined with back issues of this newsletter, it is the most complete story of unicycling available. Get yours before they're all gone! 224 pages, \$7.95

● **THE BICYCLE BUILDERS BIBLE** by Jack Wiley. How to modify, build, select, buy, use, repair, and recondition bicycles and pedal powered vehicles. . . plus how to make novelty and specialty cycles, and construct a pedal-driven electric generator! Includes large chapters on unicycles and novelty cycles. 376 pages, soft cover - \$8.95, hard cover - \$14.95

● **THE ART OF JUGGLING** by Ken Bengel. Everyone at one time or another has wished to learn to juggle, especially on a unicycle! This book includes everything you need to know, from where to buy props to torch juggling. From beginning patterns on up, The Art of Juggling takes you all the way to staging a juggling show. 144 pages, \$4.95

● **THE JUGGLING BOOK** by Carlo. Teaches juggling using the popular "Carlo Method". This is his own method of teaching juggling, and has worked for thousands of people. Very detailed, going from the basic three ball cascade through many patterns, to club passing, numbers juggling, and even performing and teaching the Carlo Method! 102 pages, \$4.95

● **BICYCLE PEOPLE** by Roland C. Geist. A cyclist from 1899 to 1982, Roland Geist puts all of bicycling history together with numerous prints, paintings, photographs and sketches from his own voluminous bicycle art collection. Chapters about inventors, tourists, racers, wheelwomen, show people, songwriters and artists. Lots of unicycles in this book. 165 pages, \$18.50 hard cover.

● **BASIC CIRCUS SKILLS** by Jack Wiley. This booklet's four chapters tell "All About Juggling", "Unicycle Skills", "Circus Bicycling", and "Clowning". Covering a wide variety of circus arts so well in such a small number of pages makes it perfect for the beginning circus artist. This book is a smaller version of the now out-of-print book by the same name. 48 pages, \$3.45

● **NYC DRAMA REVIEW** March, 1974. Popular entertainments issue, this book tells about the shamanistic origins of popular entertainment up through modern political theater. Of special interest is article: THE CLASSIFICATION OF CIRCUS TECHNIQUES, by Hovey Burgess. A must for the serious performer who is interested in how performing developed. 124 pages, \$5.00

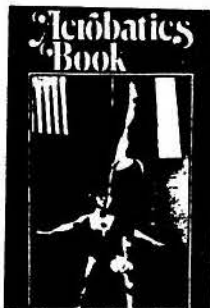
● **THE TUMBLING BOOK** by Jack Wiley. Provides an introduction to the skill of gymnastic falling, rolling and somersaulting. Includes a history of tumbling, along with a description of the basic elements of the sport. Jack Wiley, a USA member, is a gymnastic champion who has coached and judged tumblers. Goes from basic rolls to rules for competitive tumbling with chapters on spotting, equipment, warming up, and what to wear. 112 pages, \$8.95

● **ACROBATICS BOOK** by Jack Wiley. If you're interested in acrobatics for competition or just for fun, Acrobatics Book is for you. Through effective use of illustration, Jack's routines are explained in a way that brings them to life. Designed for individuals and groups, the book is written in an easy-to-understand narrative. 208 pages, \$5.95



- Achievement Level Patches each \$1.00
- 4" Embroidered USA Patch \$2.15
- Unicycle Pin \$2.15
- Unicycle Charm \$2.15
- Red white blue & gold USA pin \$5.50

shown actual size



Please send me the following items/memberships for which I am enclosing a check or money order in the amount of: \$ _____

Use membership application below to fill out return mailing information.

Member, \$6.00 annual dues - includes subscription to quarterly newsletter plus membership card and voting privilege.
 (Foreign members - \$8.00 - newsletter mailed as printed matter. Please send U.S. funds only.)

PRINT your name _____ Date _____

Street address _____ Date of Birth _____

City, State, Zip _____ Phone _____

- Yes, I (we) wish to have my name & address printed in the membership list. I wish to have my phone no. included with my name & address
- I wish to have my NAME ONLY printed in the membership list I do not wish to be listed

I can ride a unicycle I cannot yet ride a unicycle Where did you hear of the U.S.A. Inc.? _____

Unicycling Interests (circle): Construction, Racing, Artistic riding, Riding for transportation and recreation, Giraffe, Big Wheel, and Two Wheel
 Other related interests: Juggling, Tumbling, Artistic bicycle, Clowning, Wire walking, Prop construction, other

Additional family members. 50¢ (For members of the immediate family of a member residing in the same household - same benefits as member except no newsletter.)

Renewal _____ New _____ Professional _____ Amateur _____



UNICYCLING SOCIETY
of AMERICA, INC.
P.O. Box 40534
Redford, MI 48240



THE BACK
(see UNIBUG, page 6)

FIRST CLASS

Send To:

The UNICYCLING SOCIETY OF AMERICA, Inc.

AIMS:

To foster social and athletic interest in and promote the healthy, wholesome sport of unicycling among youth and adults of the country by establishing voluntary standards of performance and sponsoring and overseeing local and national meets.

To disseminate knowledge and information on all phases of the sport to all interested parties throughout the country via a newsletter and information service.

ACHIEVEMENT LEVELS

RIDER LEVEL

Able to ride unicycle forward; no intention of ever learning to self-mount.

LEVEL 1

Mount unicycle unaided
Ride unicycle 100 yards
Dismount gracefully with unicycle in front

LEVEL 2

Ride 25 feet between 2 parallel lines one foot apart
Ride in a figure "8" staying within 10 foot diameter circles
Ride down a 6" curb or ramp
Mount with other foot (foot not usually used by rider)

LEVEL 3

Ride 50 yards backwards
Ride 50 yards one foot
Rock 50 times (forward and back = one count)
Ride one mile forward in less than 8 minutes

LEVEL 4

Ride through regulation obstacle course in less than 40 seconds
Rock 25 times one foot (forward and back = one count)
Ride forward, hop over a 2" by 2" obstacle, and continue riding forward
Ride for 30 seconds while continuously performing one additional skill (juggling, baton twirling, playing instrument, etc.)

1983
NATIONAL UNICYCLE MEET
INFORMATION SHEET

VOLUNTEER HELP BADLY NEEDED

The individuals presenting this year's meet are not associated with a club or large group of people, so they are looking to members from all over to help them out with making this meet a reality. Many people will be needed at the actual meet as timers, judges, and various types of record keepers, among other things. But many people are also needed right now, to handle such details (with experienced help) as buying awards & other give-away items, processing NUM registration forms, and various other planning and clerical jobs that are absolutely crucial. Help will be most welcome from anyone anywhere. Perhaps some of the larger clubs out there would like to take on a section of these responsibilities. This can be the very best meet ever, but needs the support of you members!

Please Write to: KENNETH FUCHS, President, 3908 Ontario St. Ames, Iowa 50010 OR,
Unicycling Society of America (NUM) P.O. Box 40534, Redford, MI 48240.

OR - Call one of the Hotline numbers in the inside front cover of your newsletter.

NUM APPROACHING RAPIDLY

The 1983 National Unicycle Meet will be held July 15-17 at Syracuse University, in Syracuse, New York. Information on how to get to S.U. will appear in the Summer, 1983 issue of ON ONE WHEEL. Information on staying on campus is included in your NUM Registration Form, but further information on lodgings and tourist attractions in the Syracuse area can be obtained from the GREATER SYRACUSE CHAMBER OF COMMERCE, 1500 MONY Plaza, Syracuse, NY 13202. They will send you all kinds of hotel info! The International Jugglers Convention will be held July 19-24 at the State University of New York Purchase, in Harrison, NY. More info. can be obtained from the International Jugglers Association, P.O. Box 29, Kenmore, NY 14217.

NUM SCHEDULE

Dorm rooms are available for the night of Thursday, July 14, for long-distance drivers. The events will start Friday, with a number of interesting different events to be tried. There may not be time for all of these events to be run, and the general idea is to have fun. Manley Field House will be available sometime Friday afternoon. Before this time, another gym should be available. Friday night at 9:00 will be an IUF (International Unicycling Federation) meeting for all of those that are interested in promoting the sport of unicycling worldwide. Saturday morning the races will begin, starting with the mile race before it gets too hot. Parade and Club/Group artistic riding events may be held Saturday afternoon or evening also, followed by an awards ceremony for those events that have taken place.

The annual meeting of the officers and members of the Unicycling Society of America, Inc. will take place at 9:00 PM. All members attending the meet are urged to come to the meeting and vote on important unicycling issues. Our Society does not run by itself!

Artistic riding events will take place Sunday, with individuals riding first, then couples, followed by another awards ceremony in the early evening. The public show is planned for Sunday evening, and will be the final event. The top unicyclists, as well as some other types of performers (jugglers, magicians, comedians) will also be featured.

As you can see by the general-ness of this schedule, there is much to be done to make this meet a concrete event. please show your support if you are able.

MORE RULES & INFO.

NOTE: All events, as well as being separated by age group, will also be separated girl/boy, except couples and group events. Release forms must be signed by a parent or legal guardian for a rider under 18 years of age. There will be admission charges to Manley Field House for those spectators that are not paying the \$11.00 activity fee. Admission will also be charged for the public show, as this is planned to draw a crowd from the area, and the \$11.00 of course covers this also. Any money left over after all NUM bills have been paid will go to the USA Inc. to promote the sport of unicycling.

ARTISTIC RIDING EVENTS

Rules are similar to rules used in the past. It is best to come close to your time limit, but going overtime will reduce your score. Riders will be allowed a maximum of 3 min. to set up before their performance, and will hopefully take less. Going over this time may also cause a reduction in score. Performances will be judged on their originality, skill, timing, smoothness, showmanship and neatness. Couples and group events will have a special emphasis on teamwork, cooperation and the riders' interrelationships. Standard class will have less emphasis on showmanship & neatness (looks of rider) and more on skill,
over

variety and originality. Uni. Class will have an emphasis on the rider's use of the different cycles, and the originality, skill & variety demonstrated with them. Open Class will deal with the rider's ability to perform as well as ride. Showmanship and style are judged more heavily in this category. Smile, look at the audience/judges, not down, and don't lose concentration if you make a mistake.

Music for all performances must be on cassette.

A PROFESSIONAL unicyclist receives at least half of his/her income from unicycling.

Age class will be determined by age of rider on first day of meet (July 15).

RACE RULES AND REGULATIONS

Races will be run in accordance with standard high school track rules, with the following exceptions:

- * All races will be started with rider mounted, holding to support, except 2nd, 3rd and 4th relay riders who will have a starting distance to receive the baton.
- * All races will be started with a three count; starter will say, ON YOUR MARK - GET SET - THEN FIRE THE GUN.
- * Any rider fouling shall be disqualified for that race.
- * Any rider intentionally fouling shall be disqualified and barred from further competition and forfeit any and all awards.
- * Riders must RIDE across the finish line (take care not to fall across)!
- * All riders disqualified during a race must report to finish line official, as well as finishers and all other starting riders!
- * If rider falls or dismounts, that rider is disqualified except in relay, 880 yd or mile races where rider shall remount WITHOUT RUNNING.
- * All riders must be in race check-in area at least 10 minutes before each race.
- * All riders must stay in their lanes. However, if rider gets out of his/her lane and immediately gets back without interfering with other riders that rider will not be disqualified. In 880 and mile races, riders must stay in their lanes for the first 165 yards, then they can move in.
- * Relay: only one boys and one girls team permitted per club or group, in each age group. (age group determined by oldest rider entering that event) No riders in relay twice.
- * Slow race: rider must ride in a straight forward continuous motion. Rider may not rock, bounce, twist, go backward OR STOP!
- * In the Obstacle Course each rider shall be allowed two (2) rides with the best time being official. Pylons may be hit but not knocked over. If any pylons are knocked over, the rider will be disqualified in that attempt. Take care not to knock pylons down in both attempts.
- * All races are timed finals.

