

Official publication of the Unicycling Society of America...

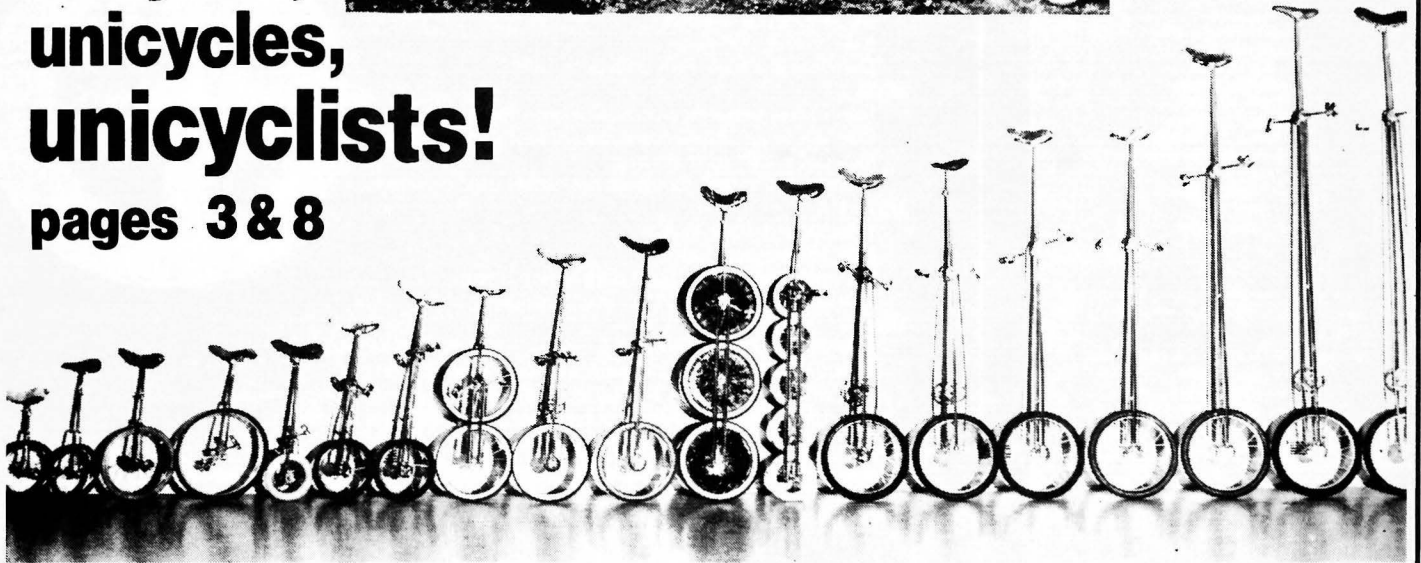
# ON ONE WHEEL

Volume 11 No. 2 Spring 1984

Quarterly



**unicycles,  
unicycles,  
unicyclists!**  
pages 3 & 8



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Send news about yourself, your club, or any other news or articles to be published in the newsletter to:

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**ON ONE WHEEL**  
P.O. Box 40534  
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Send membership inquiries, book and merchandise orders, etc., to:

Unicycling Society of America, Inc.  
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**UNICYCLE HOTLINES:** Call these people for up-to-date information on unicycle news, and the upcoming National Unicycle meet.

JAN LAYNE (OH) 419-422-8959  
OR JOHN FOSS (MI) 313-476-0507

or write to:

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303 E. Lincoln St.  
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# **the Unicycling Society of America, Inc. Aims:**

To foster social and athletic interest in and promote the healthy, wholesome sport of unicycling among youth and adults of the country by establishing voluntary standards of performance and sponsoring and overseeing local and national meets.

To disseminate knowledge and information on all phases of the sport to all interested parties throughout the country via a newsletter and information service.

## USA UNICYCLE ACHEIVEMENT LEVELS

### RIDER LEVEL

Demonstrate ability to ride unicycle forward.

#### LEVEL 1

Mount unicycle unaided  
Ride unicycle 100 yards  
Dismount gracefully with unicycle in front

#### LEVEL 2

Ride 25 feet between 2 parallellines one foot apart  
Ride in a figure "8" staying within 10 foot diameter circles  
Ride down a 6" curb or ramp  
Mount with "other" foot (foot not usually used by rider)

#### LEVEL 3

Ride 50 yards backwards  
Ride 50 yards one foot  
Rock 50 times (forward and back = one count)  
Ride one mile forward in less than 8 minutes

#### LEVEL 4

Ride through regulation obstacle course in less than 40 seconds  
Rock 25 times one foot (forward and back = one count)  
Ride forward, hop over a 2" by 2" obstacle, and continue riding forward  
Ride for 30 seconds while continuously performing one additional skill (juggling, baton twirling, playing instrument, etc.)



# **CONTENTS:**

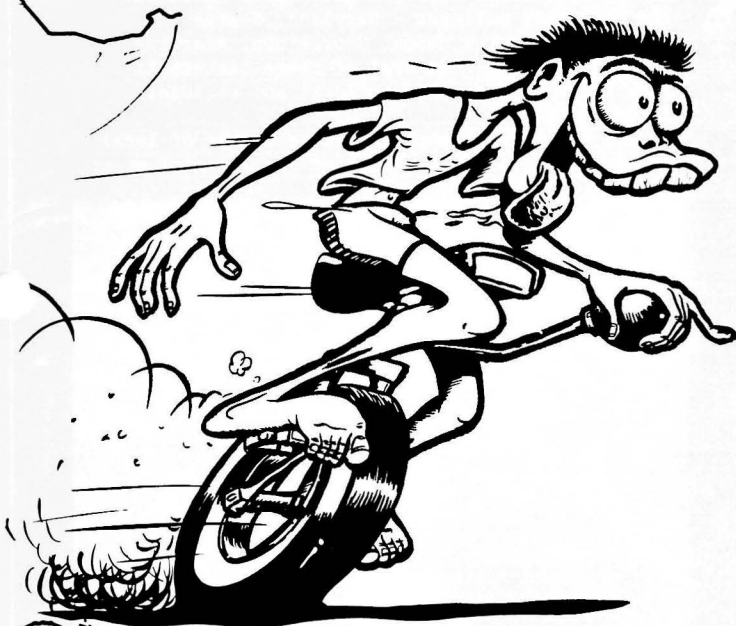
ON ONE WHEEL VOL. 11 NO. 2  
SPRING, 1984

Smiling Unicyclists . . . . . 3	IUF Convention. . . . . 7
The Unicycle Factory. 3	European Tour Pt. II. 8
Nslr. in jeopardy . . . . . 3	Sources for unicycles 11
WORLD Mag. article. . . . . 3	Memories of Mel . . . . . 12
NUM info. . . . . 4	No Athens Uni. Meet .12
Uni. tour to Syracuse 4	Koepelkwartier. . . . . 12
Oak View News . . . . . 4	A critique. . . . . 12
Uni-Cyclone Report. . . . . 5	Membership map. . . . . 13
Ricky Airhart . . . . . 5	Book Review . . . . . 13
Calendar. . . . . 6	Philadelphia Club . . . . . 13
Circus City Festival. 6	Bill Karbo. . . . . 14
WOW!. . . . . 6	Center Ring . . . . . 14
Chapter organizations 7	Skill level Proposal 14
Smiling Faces/Peapals 7	

## A CROWD OF SMILING UNICYCLISTS!

On the cover of this issue, under the 25 unicycles, many of you may have seen . . . yourselves! This picture was taken last summer at the National Unicycle Meet in Syracuse, NY by USAm EDDIE SAX. It is the audience that gathered at the top of Lawrenson Hall for the NUM Public Show, and Eddie was one of the performers. But before he did his exquisite juggling performance, he said something like, "I've gotta have a picture of this before I go home!" whipped out a tiny 110 camera and shot! What a memory he captured for everyone that was at the meet.

Nearly 60 USA members can be identified in the extra-large print that Eddie sent to your Ed. Some of the big faces in the front are: CATHY & CONNIE FOX, JEANPAUL JENACK, KEN FUCHS, BOB DELOOZE, CONNIE COTTER, GLEN GRANBERRY (center), JASON PROST, RACHEL OJALA, TONY VOROS, YOUR ED. (and his trusty camera), CINDY FOX, SETH GRANBERRY, HANS MILLS, and JESSICA FIEDLER. Can you spot the MICHAEL JACKSON look-a-like? And how about that guy throwing the airplane? There is an article about Eddie Sax and his juggling in the Winter, 1983 ON ONE WHEEL.



# The Unicycle Factory

KOKOMO, IND.

Custom cycle builder and USAm TOM MILLER has dubbed his operation "The Unicycle Factory", and devised this outlandish logo, drawn by USAm MIKE KAZALEH. His motto is "Where dreams become rideable". Tom is pictured on the cover of this issue with a lineup of unicycles, showing successive tire sizes of 8", 12", 16", 20", 24" and 36". His 8" wheeled unicycles are the smallest pneumatic-tire unicycles in the world, to his knowledge, and they are available.

Unicycle Factory T-shirts and stickers may soon become available. If you would like to find out more, call Tom at (317)452-2692.

## ONE ONE WHEEL IN JEOPARDY

This is a cry for help for your Editor. Since John Foss returned from his trip to Europe last Fall (See Page 8), he has been working two jobs, seven days a week. He can see now that this schedule is not leaving enough time for him to complete issues on ON ONE WHEEL on time. He has two choices. The first one is to have to step down as Editor, to let someone who has the time to do it right. The problem is that there are not many people out there that have the time and ability to do the job, and it may be considered more than a one person job.

The second choice is for John to continue as Editor, after the appointments of several Assistant Editors, Regional Correspondants, Writers, Reporters, or what have you. This would require a dozen volunteers or so, and they should be from all parts of the country. The work load for each of these people would be quite light. Regional correspondants would collect the news & information from their region of the country (or country), form articles, and pass them on to your Ed. Assistant Editors, Writers, and Reporters would also do the same; it's just a matter of title. People fulfilling these positions would have their names listed at the front of the Newsletter under the name of the Editor.

Read this next part very carefully: You do not have to be a good writer, a good speller, or a person who got good grades in English class to help out! Any level of skill is quite good enough! Everything written would still pass through the hands of your Ed, and hopefully a few others that did better in English than he did, before going into ON ONE WHEEL.

Writing help is presently the only thing that is needed. Your Ed, in the past, has had all of the materials, but the task of forming stories or articles from them has been taxing. John has the facilities to make the newsletter at the quality level it is here, but to continue doing it he will need your help. If you would like to do some writing for ON ONE WHEEL on a regular basis, please contact your Ed. NOW, at the address listed in the front of this issue. THANK YOU!

## UNICYCLING ARTICLE IN NATIONAL GEOGRAPHIC WORLD

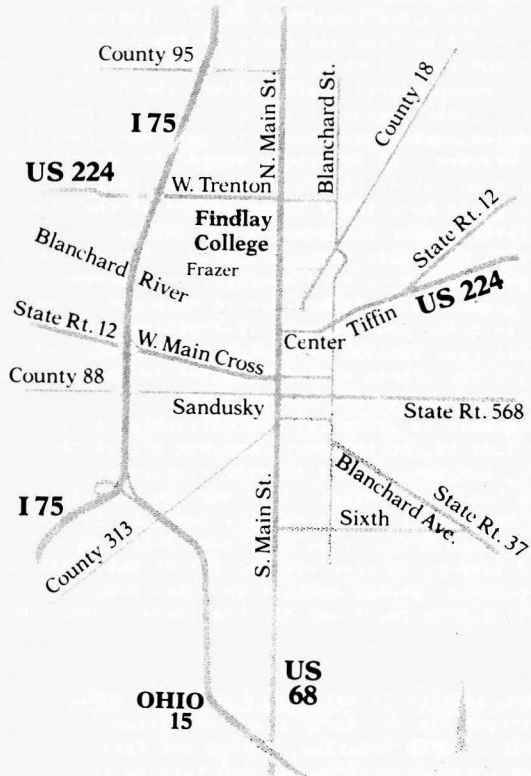
The article in the April issue of National Geographic's WORLD Magazine, though not large, generated a response of nearly 400 letters from unicyclists or would-be unicyclists who wanted to find out more about unicycling and events. The USA Inc. address was included at the end of the article for this purpose, requesting that inquiries include a self-addressed business size envelope with stamp. The response was overwhelming, keeping AL HEMMINGER quite busy just stuffing envelopes with Membership Prospectuses and other materials. These inquiries are still coming in at a rate of five or more a day!

The people writing in, though mainly youngsters, were of all ages, including many educators, who wanted more information about unicycling and meets. Many wanted information of events in their area. At present, we are receiving the first of the new memberships fostered as a result of the article.

RANDA BISHOP, the photographer who took the pictures at the meet last summer, related in a letter to USA Director PAUL FOX, some of her impressions of being at the meet: "This was both an exciting and fulfilling assignment with a group of wonderful and talented people... and I'll never, ever forget that wonderful parade at the end, a parade in absolute motion, multifaceted, which brought tears to my eyes."

NATIONAL UNICYCLE MEET, JULY 20 - 22

Preparations are "staying on top" for the National Unicycle Meet (NUM) to be taking place in Findlay, Ohio. Events will begin with check-ins starting at 4:00 pm on Friday, July 20. Workshops will go from 8:30 to 10:00. Saturday will start with check-ins at 7:00 and racing events begin at 9:00 am. The USA Inc. annual meeting will be at 8:30 pm. All USA members in attendance should try to be at this meeting! Sunday will have a non-denominational service at 7:00, artistic riding events will begin at 9:00 and continue until 5:00, followed by awards ceremony at 7:00.



Findlay is located in North Central Ohio, and is easily reached by Interstate 75, or by any other of the highways on this map.

**PLEASE NOTE:**

- \*Room and meals cannot be guaranteed for registrations received after July 6.
- \*There will be a room key deposit -- \$5.00 per key.
- \*If you wish to stay Sunday night, please indicate so on your registration form; additional charge is \$8.00 per person.
- \*Meal times have been set by the college, so please adhere to the schedule.
- \*No alcoholic beverages, illegal drugs, firearms, explosives, etc. are allowed.
- \*Dormitories will be locked at 12:00 each night!
- \*Parade competition will be once around the track and is not to exceed 5 minutes.
- \*Agenda for the Saturday evening USA Inc. annual meeting will include the election of officers, determination of the 1985 NUM Chairpersons, and more.

Please be advised that the cost of this year's unicycle meet is quite low, and if you've ever wanted to come to one, perhaps this is the year to do it. It's an incredible experience! Also, don't forget the International Unicycle Convention on the following weekend!

UNICYCLE TOUR TO SYRACUSE STILL BEING PLANNED

USAm DAVID GOLDMAN announced his plan to have a long-distance unicycle ride from Buffalo, NY to Syracuse following the National Unicycle Meet. People interested in making this three-day ride were encouraged to contact him. So far he's gotten one response. If anyone else would like to join in this ride, David needs to hear from you soon!

Perhaps a three day ride sounds like too much work, or too far for you to ride on your unicycle. David might be interested in having just a one day ride from Rochester, NY, or meeting these cyclists for the last day of his longer trip. Any standard unicycle could ride from Rochester to Syracuse in one day, and it might make quite a sight to see 20 or 30 of them riding down the street! If you are interested, contact David Goldman, 9318 N. Kildare, Skokie, IL 60076. Please include SASE, or phone (312)677-6229.

NEWS - OAK VIEW ELEMENTARY SCHOOL EXHIBITIONAL ACTIVITIES CLUB

During the winter season, the Oak View Club performed at halftime of basketball games of various high schools and colleges in the Washington, D.C. area. Performing on unicycles of all sizes, the boys and girls gave shows for the following colleges - Maryland, George Washington, George Mason, Georgetown, American and Towson State. Several of these basketball game shows were carried on local and regional TV coverage.

The troupe also performed in a number of local parades, family night shows and boy and girl scout dinners.



On a cold, windy day, Beth Bailey and other Oak View unicyclists pedal down Washington D.C.'s Constitution Avenue in the city's 14th annual St. Patrick's Day Parade.

## THE UNI-CYCLONE REPORT

By John Foss, Editor

Let me tell you about a court case that happened last summer in the State of Virginia. I'm leaving out names and details to prevent confusion and complication of this important matter.

Some unicyclists of several years experience were issued tickets for using a "TOY" on the street, and for not having lights on their "BICYCLES", as these are required by this city's city code. The cyclists tried first to get their decisions appealed, and then to get the city codes changed to allow for the operation of unicycles on the streets, but in a later ruling, the local safety council decided that the codes would remain the same, and that the cyclists would have to pay their tickets, and no longer ride their unicycles in the public streets.

From now on in this city in Virginia, unicycles are not allowed on the streets, though bikes, which sometimes are and sometimes aren't properly equipped, are free to roam. Let us consider the problem here and try to see that the same thing does not happen in any other city.


Unicycles are almost guaranteed not to be mentioned in most traffic lawbooks. Therefore, it is kind of a "gray area" of the law, to say the least. Unicycles are most similar to bicycles, at least when it comes to using them for transportation on the street. Let's look at some general traffic rules for bicycles. Remember though, your own local codes may be different, and are probably more detailed than what follows, but these are some common sense rules to use if you are going to be riding your unicycle in the street.

1. Always keep to the right. Bicycles are considered road users, and have a right to the road, though they are supposed to keep as far to the right as is safe. Pedestrians, on the other hand, should walk on the far left side of the street so they can see what is coming toward them. It is assumed that a bike is FASTER than a walker and has enough time to move out of the way of any hazard.
2. Obey the signs. If it says STOP, stop. This way you are a real user of the road, and drivers and other cyclists can predict your moves better.
3. Use hand signals. If you are riding in traffic, your left arm held out with the forearm & hand held up means "right," left arm straight out means "left," and left arm out with the forearm & hand down means "stop."
4. Always ride in as straight a line as possible. Don't weave in and out if there are parked cars, but ride in a straight line to the left of them. Again, if your movements are predictable by the cars, they will not be afraid of you.
5. Most importantly of all, if you are not a strong and steady rider, and at least level 2 in the USA skill levels DO NOT RIDE IN THE STREET AT ALL! This is the thing that most law enforcement officers are afraid of, someone who is barely in control falling in front of a car or something. Riding in the street is only for the experienced rider!

Let us ponder the dilemma of the police officer who is confronted by a unicyclist riding down "his" street. He sees someone doing something that appears to be impossible, remember, and no matter what the rider's level of skill, it looks to the non-riding policeman that they will fall at any unknown second. The police man does not know where unicycles fit into his lawbook, because they are not mentioned, but he does not want this cyclist to fall and get hurt in a place where he is responsible for public

safety. He may ask the rider not to ride in the street, and he may give a vague or stupid reason because he doesn't know of a technically correct one.

My advice to you, as members of the Unicycling Society of America and promoters of the unicycle as a healthy and wholesome sport, is to see that unicyclists, and unicycling, do not get in bad favor with the law in your area. If a law enforcement officer asks you to not ride in the street, even if he calls your unicycle a "circus toy," do as he says and be friendly with him. He is only trying to do his job and protect, if not your safety, then that of those around you. You can explain to him that the unicycle is your means of transportation and that it is a sport and that you are a good solid rider, but whatever he finally says, make sure you do not defy it, because there is the possibility that unicycling could be made illegal in your town as well.

Please pass this information on to your friends, fellow riders, club members, school groups and what-have-you. Legislators will not even consider the unicycle until there are thousands of them being ridden in every state. Until this time, and beyond, it is up to us to set the standard for unicycle street use. 



RICKY AIRHART WRITES:

Enclosed you will find a picture of me as I rode in the Lakeview Scout Parade during recent Mardi Gras Celebrations. I was King of the Clowns as I rode my unicycle through the streets of New Orleans! I am ten years old and a Webelos Scout with Pack 23. I am the only Scout in my pack who can ride a Unicycle. I am hoping to encourage more boys to try Unicycling.

I am enjoying my unicycle very much. The more I practice the better I get. I am Level 2 now and am working very hard on my Level 3 achievements. I'll let you know when I reach that level.

Stay on top,  
Ricky Airhart

# CALENDAR:

## JUNE:

2 - The Round Tower Race, Copenhagen. Contact Jean Ascher, C.F. Ricksvej 35, 2000 Copenhagen F. DENMARK.

## JULY:

14-21 - Peru Circus City Festival, Peru, Indiana.  
154 N. Broadway, Peru, IN 46970 (317)472-3918.

17-22 - 37th annual International Jugglers Convention,  
Las Vegas, Nevada. IJA, Box 29, Kenmore, NY 14217.

20-22 - National Unicycle Meet, Findlay, Ohio. Write to  
JAN LAYNE, 303 E. Lincoln St. Findlay, OH 45840.

24-26 - Unicycle tour to Syracuse, from Buffalo, NY.  
David Goldman, 9318 N. Kildare, Skokie, IL 60076 (SASE)

27-29 - World's first International Unicycle Convention,  
Syracuse, NY. Send SASE to Kenneth Fuchs, 51 Sweet  
Hollow Road, Huntington, NY 11473 (516)427-1331.

## AUGUST/SEPTEMBER:

Aug. 30-Sept 2 - Unicyclists/jugglers Get-Together and  
the Amsterdam Koepelkwartier Unicycle Special. Sem's  
Unicycle Sportclub, Reigerskamp 53, 3607 HC Maarssenbroek,  
HOLLAND.

Sept. 13-16 - European International Jugglers Convention,  
Frankfurt, Germany. Autonome Jongliergruppe, c/o Paul  
Keast, Nerostrasse 38, D-6200 Wiesbaden, W. Germany.

## OCTOBER:

24-27 - World Championships of Artistic Bicycling and  
Cycleball, Schiltigheim, France. Write to Hans Born,  
Gaustrasse 77, D-6520 WORMS, W. Germany.

Do you have an event coming up in your area? Let  
us know so we can list it in the unicycling calendar!

## CIRCUS CITY FESTIVAL - PERU, INDIANA

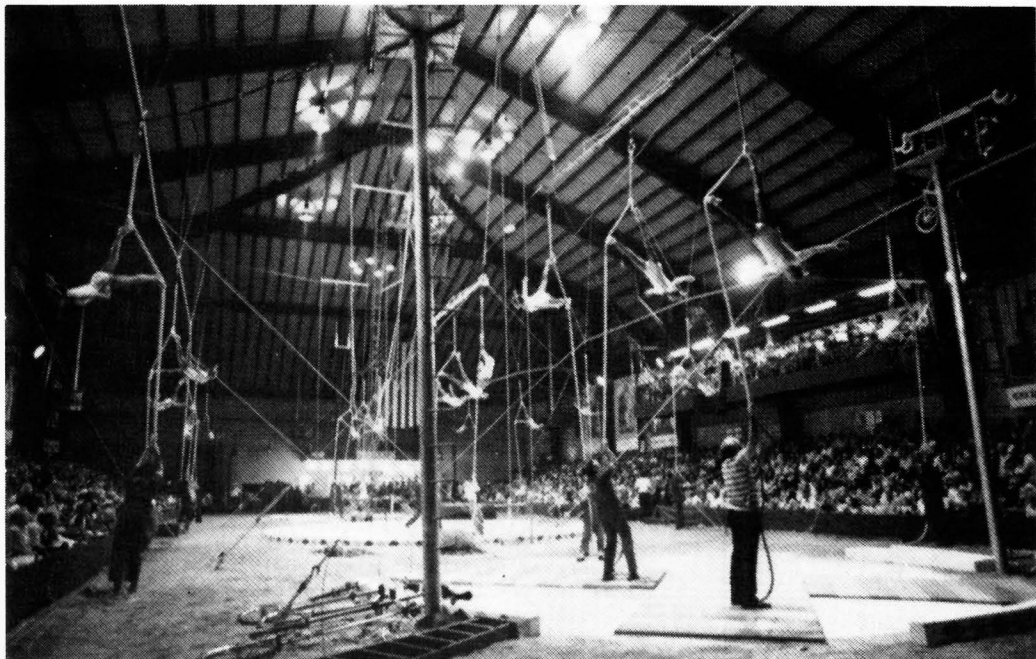
Peru, Indiana was the winter quarters for seven of the world's major circuses back in the heyday of the circus. Today, residents of this community of circus-lore present a full youth three-ring circus which is so good that many visitors have to be told that it is not a professional show. The post card of the circus shows it in the permanent building which it acquired several years ago for the circus presentation. Below the sixteen girls that are being spun around on the ropes, some of USAm TOM MILLER'S very first home-built unicycles are visible. Tom was for several years a performer with the circus, and various members of the Kokomo Road Runners Unicycle Club are in it today. Needless to say, unicycling takes more than a mere "bit-part" in the show.

The circus is performed every year in late July. This year's dates are July 14, and July 16-21. With dates like these it would be quite easy for riders planning to attend the National Unicycle Meet to make a stop in Peru on a day before. It is only a 3-4 hour drive from Peru to Findlay, Ohio, and is a highly recommended stop to make, even if it is not on the way!

## WOW!

That's right and we're ready to go. The new WOOD ONE WHEELERS 4H UNICYCLE CLUB of Bowling Green, OH is getting ready for a fun summer of unicycling. Don't confuse these WOW's with the WAUKEGAN ONE WHEELERS (WOW) of DAN WHALEN in Waukegan, IL. Let's hear from you too! The 26 members of the Wood One Wheelers are looking forward to parading and participating in the NUM in Findlay. The youngest rider in the group is five and the oldest, well, USAm EMIL LAYNE is not telling his age but he is riding.

A potluck was held on April 1, at the Wood County Junior Fair Building where the group practices. By the way, it was no April Fool, the food was great. Election of officers was held and afterwards DICK MARTIN, Wood County 4-H agent, who has been helping the group get started, was guest speaker. The photo shows 10 yr. old MATT FOSTER, one of the new riders in the club. WOW AWAY!



## UNICYCLING SOCIETY CHAPTER ORGANIZATIONS

Members of our society hope to soon set up a new program to aid its members and the sport of unicycling. This would be a system whereby local clubs or organizations of any unicycling sort could be affiliated with the USA Inc. and be able to use this connection to further their ability to do what they do for our sport. It is hoped that this new system of "Chapter Organizations" would strengthen these up-and-coming groups and be able to help hold them together so that they don't flicker and die like so many unicycle clubs have done since our society's beginning. By being linked in an official way to the USA Inc., an organization can have a stronger "big" organization to fall back on in case a need arises, and the Society can spread the word of unicycling through its chapter organizations.

Chapter organizations would be encouraged to promote the sport of unicycling in whatever way they already have done or would like to do, because diversity is as basic as the desire to ride a unicycle, and any way that works is good!

Specifics of the simple criteria are not spelled out at this time but could include such items as: a one-time chapter fee, specified number of chapter members would be also full-paid members of USA, Inc., Name of chapter spokesperson would be of record with USA, Inc., Quarterly reports of activities could be stressed, uphold and further the aims of USA, Inc. always important, and annual list of chapter members could be stressed.

The chapter will receive a chapter certificate, authenticating the group's association with the USA Inc., but the main benefit is being affiliated with the world's most comprehensive and well-known unicycling organization!

A "Chapter Coordinator" will correspond with the various chapter organizations and pass on relevant information to the organization themselves, and inform them on how to publicize events, etc. Chapters will receive a subscription to ON ONE WHEEL to serve as a

"Chapter Copy," and will be listed in any membership-rosters published by the society.

The Bond Street Theatre Coalition, The No Elephant Circus, Circus Education Specialists and Center Ring, the movement theatre group of the Barton Avenue School in Patchogue, NY, are already member-organizations, and will surely be four of our first chapters. What about your club or group?

### SMILING FACES 4-H UNICYCLE CLUB

The Smiling Faces of Findlay, Ohio wish us to know of their new officers for 1984:

President: USAm Elaine Young  
Vice-President: USAm Dave McCoy  
Secretary: USAm Julie Marquart  
Treasurer: USAm Michele Layne  
Reporter: USAm Valerie Miller

The officers continue to get nothing but good compliments from people in the club regarding the last issue of ON ONE WHEEL!

### UNICYCLE PEN PALS!

SMILING FACES members would like to have unicycling pen pals. Any USA members from any part of the world who are interested in having a pen pal should send name, address, and age TO:

Julie Marquart, Sec.  
16368 SR-698  
Rawson, OH 45881

She will match you up with a pen pal from Smiling Faces who is close to your age. Hope to hear from a lot of USA members!

# INTERNATIONAL UNICYCLING FEDERATION



## INTERNATIONAL UNICYCLE CONVENTION

The world's first International Unicycling Convention will be July 27-29 at Syracuse University in Syracuse, NY. If you are planning on attending, you must fill out a registration form and send it in with your registration fees. This money is needed to get the event off the ground. Be sure to include a Stamped, self-addressed business-size envelope to:

Kenneth Fuchs  
51 Sweet Hollow Road  
Huntington, NY 11743

Races are planned: 100m, 400m, 1 mile, 10m slow race, 10m walk the wheel race, 400m relay (four riders per team) and obstacle course. Basketball games will be played on unicycles.

Individual, couples and group artistic unicycling will take place on Sunday, where world champions of the unicycle will be chosen. Jack Halpern is hoping to bring the largest group ever from Japan, and riders in other countries are making plans as well.

Costs for the convention will be similar to costs of the National Unicycle Meet that was held there in 1983, or a little higher.

It should be really exciting to have two large unicycle gatherings in one summer, in the two areas where our members are most densely concentrated (see map). Though attendance at each of the two events may be a little lower because of the existence of the other, when the number of people attending both events are added up, it should be quite a substantial number.

THE UNI-CYCLONE'S EUROPEAN TOUR, PART II  
By John Foss, Editor

Part I of this story was in the Winter, 1984 ON ONE WHEEL, and told of your Editor's trip to Germany last Fall to train with other USA members for the Indoor Cycling World Championships, which took place in Vienna, Austria. From there I went to visit the family of USAm SEM ABRAHAMS in HOLLAND.

HOLLAND

Holland - Land of windmills, wooden shoes, and Sem's Unicycle Sportclub. There are also probably more bicycles than you have ever seen, unless you've been to China! However, I will keep the emphasis here on unicycling, rather than Dutch culture, landmarks, clothing, and delicacies such as the "Snot Dog".

Sem has an older sister and two younger brothers. It's the boys in the family that participate in the unicycling (including Father CARLHO), and the practices take place every Friday & Saturday. It starts Fri. evening at 6:00, in a gym in the nearby town of Maarssen, and runs until the riders are all out of energy, at around 11:00! The first two hours or so are reserved for beginning riders, of which there are many. Sem, Carlho, and others that are capable, teach "Kids" of all ages how to ride. There is a small fee for coming to the practices, but 100% of it goes to pay for the facility. After most of the beginners are through, and the younger riders gone home, it's time for the more experienced riders to take to the floor. It's divided up this way because the gym is of a very small size. I got to see Sem practice his coasting, into a spin, and ride a Schwinn Giraffe that had Mo-ped footpegs on the axle as steps. He pedaled it with one hand while holding the frame with the other.

Sem's Unicycle Sportclub has a set of skill levels of its own. They go from 1 to 4, like the present USA skill levels, but the fourth level in these requires a lot more skill than Number 4 of the USA levels. Perhaps we can publish these skill levels in a future ON ONE WHEEL.

During the week, between unicycle practices, we did some riding at BISONSPoor, the local shopping mall. All of the stores in the mall closed at 6:00 except for a snack-grill-bar and a bowling alley, which stayed open much later. This left a giant open area inside the mall, and no one seemed to mind a little unicycling and juggling practice on the smooth concrete floor. (Don't try this at home kids, it doesn't seem to work the same way here in America.) In fact, people at the snack bar seemed to enjoy watching us practice.

Between tourist trips and other happenings, there was also some riding right out front of the Abrahams home. There were five curious RODEOCYCLES, made by Motobecane, cluttering up the shed. One of these was brought to the NUM last summer where people were riding it around. It is a strange vehicle with the back end of a bike or unicycle, and front end of a skateboard. You turn by leaning, just like a skateboard, and it is, of course, much easier to master than a unicycle. Some of the rodeocycles had fixed-wheels in the rear, enabling them to be ridden on the back wheel only, like a unicycle. Others had a coaster brake, which made it possible to do spin-out stops with them. When the rodeocycle was introduced around Holland, Sem and his two brothers were hired to do some promotional shows at department stores where the cycles were available. They dressed up in cowboy costumes, for a "Rodeo" type atmosphere, and put the things through their paces in front of the throngs of people.

I found the Abrahams family to be a wonderful group to stay with, and enjoyed my stay there immensely. I was amused to find that one of the few things that could gather the whole family together was the prospect of watching THE A-TEAM on TV! Sem showed me through piles of photos and papers dealing with his riding of a 45 ft. high unicycle in 1977, the world's highest at the time. It was two Guinness records in one, being the world's longest aluminum extrusion ever made. In 1980, Sem rode a 72 ft. unicycle for a Challenge the Guinness TV show in Tokyo, Japan. These were historic events that Sem is proud to have been a part of, and hopes to one day surpass the present record of 101 ft. held by STEVE McPEAK. Good luck Sem!

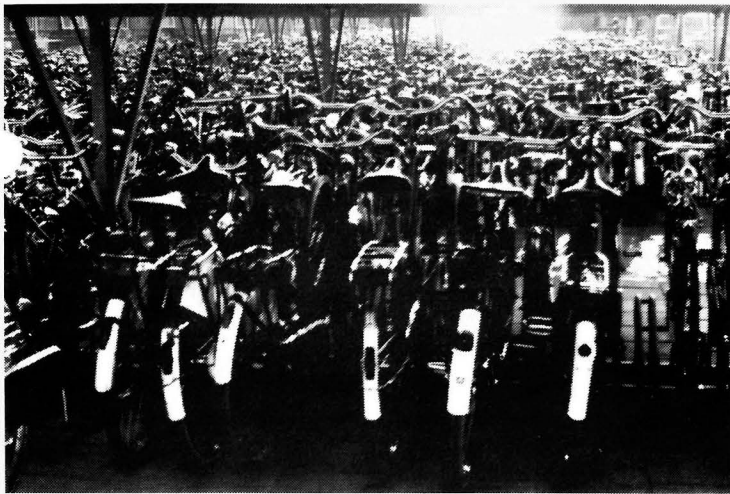


SEM ABRAHAMS, master of the unicycle, riding a 42" pneumatic-tire big wheel. These cycles were made in Japan and used in a 100 mile race for the Guinness book there in 1980.

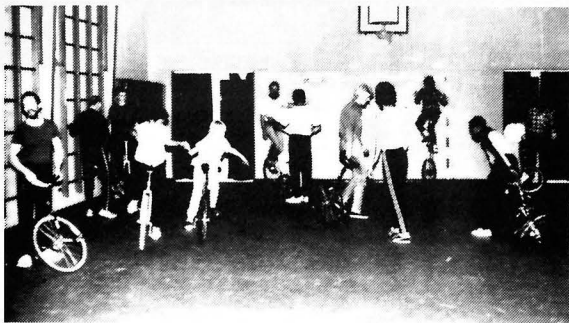


Motobecane Rodeocycles, in front of the Abrahams home.

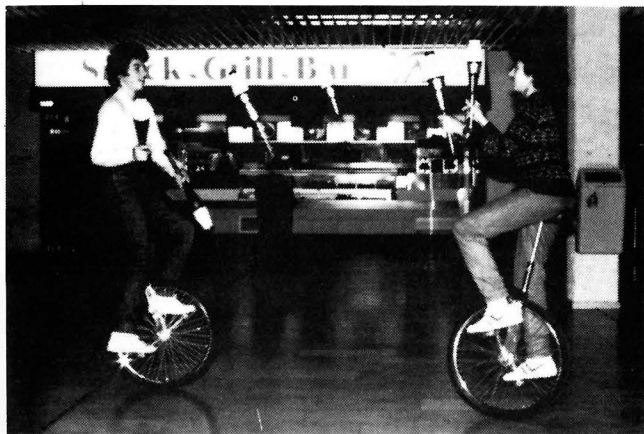




In Holland there are a lot of bikes. These are parked in front of a local middle school. One hour later, they were all gone!



Unicyclists ages 7 to 70 (literally) at Sem's Unicycle Sportclub



ARISTIDE & URI ABRAHAMS practicing some unicycling and juggling in front of the snack bar!

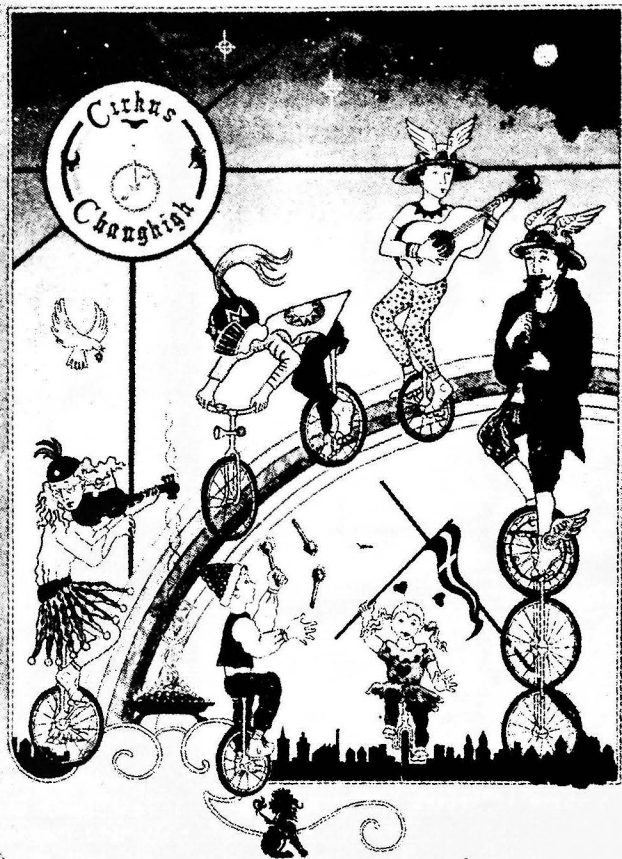
#### DENMARK

Denmark - Land of Danish pastries, Lego, and Circus Changhigh. There was also quite a lot more than I expected to find unicycle-wise! USAm JEAN ASCHER is the man responsible for bringing it all together, starting the circus, and also the Danish Unicycle Union.

Circus Changhigh is not a circus like any other, and it is not a circus of fantastic unicycle tricks. It is, rather, a circus that is performed entirely on unicycles! I missed a performance of the circus which took place while I rode the train to Copenhagen. All of the performers in the circus are children, except for Jean and GITTA BECHSHOFT. One act, called the "Strip Tease", has the children riding on various sized unicycles with about nine layers of T-shirts on. Jean tells humorous

or otherwise entertaining stories about the designs or messages on each of the shirts as they are taken off one by one. Another act is about communication, and involves mother and child volunteers from the audience. Both volunteers are given complicated looking headsets with antennas, and the mother is told that she can talk to her son/daughter via satellite through the headphones while the child is being pulled around in a little trailer behind Jean's unicycle. When the child does not respond to the mother's frantic shouts of "HELLO, are you there?" through the headphones, the audience breaks up in laughter!

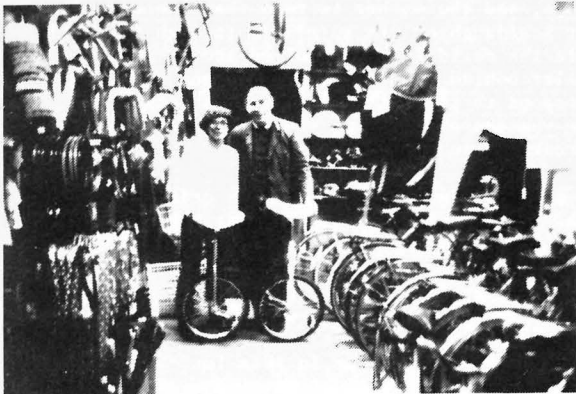
The Danish Unicycle Union was started in order to organize the unicyclists of Denmark, just like the USA Inc. It now has at least 118 members, including your Ed! As long as Jean is able to devote so much of his time & energy to our sport as he does, Denmark will remain a strong force in the unicycling world. The main event of the DUU is the Round Tower Event, which is listed in the Calendar in this issue.



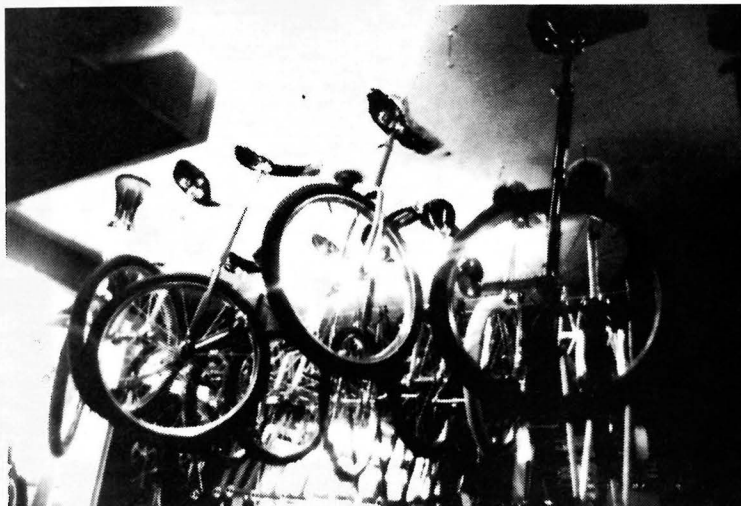
CIRKUS CHANGHIGH'S colorful poster.

Another person from Copenhagen had joined the USA since the time I'd left for my European trip, but I didn't get to find out about it until Jean took me to JUNO CYKLER, the bike shop where all of the Cirkus Changhigh unicycles are made. New USAm JAUN HALL built all of the cycles in the large picture on this issue's cover. He and his assistants also make & sell unicycles in the store. Their design has been developed through experience, mostly through the circus experience and their present product is quite elegant and beautiful. They make their own saddles, molded in aluminum, in a shape similar to that of the Schwinn cycle. The metal is covered with foam, and then a fur seat cover, available in tan, gray, or white, is placed over this. It looks super! From looking at older models of the Juno unicycle, one can easily trace its evolution from a primitive machine to what is being made now.

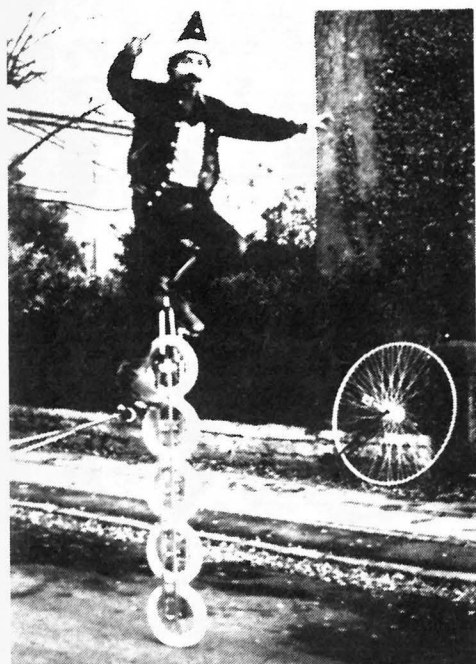
Obviously, unicycling activity in Denmark is going strong. Jean says that maybe he and one of the boys from the circus will be able to come here this Summer for the International Unicycle Convention, but it's "Just a little Maybe." Next stop, Sweden!



Mr. & Mrs. HALL show off some of their creations in their JUNO CYKLER bicycle shop.



Nearly a dozen unicycles hang from the ceiling. How many unicycles are usually on display in your local bike shop?



Jean Ascher on his 5-wheeler, which has 5 white 12" tires. What a beauty!



GITTA BECHSHOFT has mastered the very difficult skill of playing her violin while rocking on a unicycle. She says it took endless practice because her arms & entire upper body must remain still to properly play the violin.



Your Ed. longed to take this gorgeous unicycle home with him, the Juno Cykler uni shown here is red, with white pedals, tire and saddle. You should see it in color!

#### SWEDEN

Sweden - Land of Volvos, skiing, and coasting unicyclists. In the Winter '81 issue of the Newsletter, many USA members were dumbfounded by the picture of USAm JOAKE MALM riding his unicycle with "no feet"! The same issue showed a picture of USAm GÖRAN LUNDSTROM riding his 63½ in. wheel unicycle, the world's largest. Let's go back to Joake. As a rider, he started a precedent in unicycling, with a style of riding that some people call the "Swedish Style" of riding. I've seen this style demonstrated by six different Swedish riders, in that they all rode in a similar way. They do quick, fast-paced tricks, and ride with their saddles dragging on the floor sometimes. This style came about through skateboarding, as Joake worked in a skateboard park and then applied

his skills to the unicycles, and also because of the design of the 20 in. Miyata unicycle. This is the kind that all of the six riders use, and it's plastic saddle enables it to be dragged along the ground without major damage, and the natural light weight makes it possible to do quick tricks and to coast more easily.

I was invited to stay for about a week with USAm PETER HOLMGREN at his home in Järfälla, suburban Stockholm. Peter has some interesting unicycles, which can be seen in the big photo of him. There is a 27 in. cruiser unicycle, made with a super-narrow racing bike tire & wheel and short 5 in. cranks. There is a two wheeler that has whitewall tires with red flowers printed on them!

The most interesting cycle of all is Peter's PED-O-PED. It's a walking machine, the likes of which have been seen before in this newsletter. Peter built this one with the help of his father, and it's a real show-stopper! You pedal it like a unicycle, but it walks instead of rolls. Though one can hardly call it a unicycle, it requires the same type of skill to "ride" it. I was able to develop some degree of proficiency on it, finding it somewhat like a 6 ft. unicycle with an extremely slow and bumpy ride. You must remember to shift your weight as the feet go up & down, and not to go too fast because you will be bounced out of your seat! It would make a great construction article for a future issue of ON ONE WHEEL.

One of the highlights of my trip to Europe was being able to meet USAm GÖRAN LUNDSTROM, an extremely friendly, helpful and articulate person, who organized unicycling as an amateur sport in Sweden. He is editor of a technical magazine in Sweden, and currently building a new house for himself and his wife, BRIGITTA, and three young children.



PETER HOLMGREN, hamming it up on his PED-O-PED in his driveway.

Goran originally corresponded with our founder, BILL JENACK, all the way back to our Society's beginning, and his name is mentioned constantly throughout the history of this newsletter. He started ENHJULINGSKLUBBEN HOLMIA, the Unicycle Club of Stockholm, of which all of the above riders had had some kind of contact. He also is responsible for the importation of the Miyata unicycle to Sweden, and the results of that can be plainly seen in the riders!

At the back of his huge basement, Goran extracted and dusted off his beautiful 63½ in. wheel unicycle. The frame, hub flanges, and even the spokes and rim are made from blue anodized aluminum. A rubber strip around the outside of the rim serves as a tire, and a Schwinn saddle is squeezed down as close to the top of the wheel as possible.

Goran, who is closer to 6½ ft. than 6 ft. tall, may have an easy time riding it. When asked if I would like to try, I was delighted. I took it outside all by myself, and was first confronted with the problem of how to get on a saddle that came up as high as my eyebrows. This was solved with the help of a telephone pole and about five minutes struggling. Once on, I feared that my toes would not be able to reach the pedals in their down positions, and could not find out without riding away, because the wheel was far too large to rock back and forth on. Finally I pushed off... and was riding! My tippy-toes were able to stay on the pedals, and experience with my own 45 in. wheel enabled me to control the huge spidery machine as it lumbered down the street. What a ride to be remembered!



GÖRAN LUNDSTROM and his one year old son show us the scale of his 63½" unicycle, the world's largest!

**IF YOU CAN'T FIND UNICYCLES IN YOUR LOCAL BIKE SHOP...**

Since the Schwinn unicycles are currently out of production it has become even more difficult to find unicycles in the local bike shop. If you are in need of a new unicycle and are unable to find one in your area, you might try one of these sources:

ANDY'S ODD SPORTS  
P.O. BOX 1071  
BALA CYNWYD, PA 19004  
Phone: 215-667-0146

JENACK CIRCUS CORPORATION  
67 LION LANE  
WESTBURY, NY 11590  
Phone: 516-334-2123

BRIAN DUBE, INC.  
25 PARK PLACE  
NEW YORK, NY 10007  
Phone: 212-619-2182

THE UNICYCLE FACTORY  
2711 N. APPERSON  
KOKOMO, IN 46901  
Phone: 317-452-2692

ARTISTIC BICYCLES from Germany are available from USAm JIM BAYLISS, 2409 EAST SIDE DRIVE, AUSTIN, TEXAS 78704 (Include SASE)

## MEMORIES OF MEL

By Ken Woods

What a delightful surprise to see in the last newsletter news of MEL HALL. The many and varied stories of Mel's exploits are legendary. My partner and I (DICK LARSON, "Wizards of the Wheel" WOODS & LARSON) had the good fortune to be associated with Mel in the Thirties. We were just breaking into the game and we were enthralled with Mel's seemingly effortless ability and innovative acrobatics.

Our paths would cross occasionally and he helped immensely, smoothing out our rough edges showing us what had crowd appeal and what to avoid. He had an innate sense of showmanship, unparalleled. He showed us a number of difficult moves that he did not use in his act as he did not receive response from the audience.

Mel was always reaching out for something new and difficult. We were privileged to watch him develop, over several months, the following business. Holding head high what is now known as the ultimate wheel, which instead of pedals, was fitted with hand grips, he would dive head first while riding a standard uni and ride along on the ultimate on his hands. This took tremendous tenacity, even for Mel, as he accumulated several broken fingers, fractured hand, clavicle and splitting headaches. This plus riding the giraffe upside down, I have never seen duplicated.

When our paths crossed again Mel had a giraffe fitted with padded "U-Shaped" supports for his shoulders and had everybody marvelling at his dexterity while whipping about the stage upside down. His free floor mount of this was breath taking, his toe went between the fork and the tire, for an instant, all motion and gravity seemed suspended as he went up three steps and inverted himself in one impossible, fluid motion.

Mel went on to become the most sought-after act in the trade with recognition in Hollywood, etc. Mel married a girl that had an equestrian act and we drifted apart, occasionally exchanging cards and then that even ceasing.

It would behoove the Society to see that he becomes a lifetime honorary member and to chronicle an in-depth interview while he is still available. I am sure Mel would let the Society review his memorabilia, as he was always kind and generous and should have this recognition in the waning days of his most illustrious career.

EDITOR'S NOTE: USAm KEN WOODS, and his partner, the late DICK LARSON, were featured in an article about WOODS AND LARSON in the Oct. 1977 issue of our newsletter. Ken was also present at our 1982 National Unicycle Meet in St. Paul, MN. The small details of the past unicycling experiences that these riders shared only serves to whet your Ed's appetite for more of the sort. Since BILL JENACK was the editor of the Newsletter, articles about famous performers have been few and far between, because later editors didn't know even a fraction of the people with whom Bill corresponded.

An article about Mel would be exactly what ON ONE WHEEL is thirsting for, but it would not be easy for your Ed., a Michigan resident, to get. He relies primarily on you members out there to write to him with your stories. Anyone, anywhere out there, is encouraged to write about any past and present experiences they have had with unicycling. We have now been around long enough that even stories about the early unicycle meets, told by people that were there, would be of great interest to the many present members that "wished they had been there."

## ATHENS UNICYCLE MEET CANCELLED

Due to an unfortunate sequence of events, Athens Spring Unicycle Meet organizers had to call off their event and say "We'll try again for next year." USAm FLOYD BEATTIE and his co-organizer ran into unforeseen financial difficulties that had to be taken care of at the expense of the meet, but next spring looks hopeful. In the meantime, Floyd reports that he is training for races for the NUM in Findlay, and will do his best to make it to Syracuse, so watch out racers!

## AMSTERDAM: THE KOEPELKWARTIER UNICYCLE SPECIAL

The Amsterdam Koepelkwartier, a well-known neighborhood in the center of Holland's capital, proudly announces it's 2nd annual unicycle spectacle! To be held Sept. 2, 1984.

The spectacle has been organized in cooperation with Sem's Unicycle Sportclub, and consists of various unicycle events, such as races and demonstrations, and it will take place in the streets of the Koepelkwartier.

Sem's Unicycle Sportclub is also planning the organization of the first combined Unicyclists/Jugglers "Get-Together" on Friday, Aug. 31 and Saturday, Sept. 1; indoors in Utrecht, a city half an hour from Amsterdam and near the Abrahams' home.

Holland is a great place for street shows, which are even allowed by law, and these events are taking place just 2 weeks before the IJA's European Jugglers Convention in Frankfurt, Germany.

Further information about these up-coming events, including accommodations, is available from Sem's Unicycle Sportclub, Reigerskamp 53, 3607 HC Maarsbroek, HOLLAND.

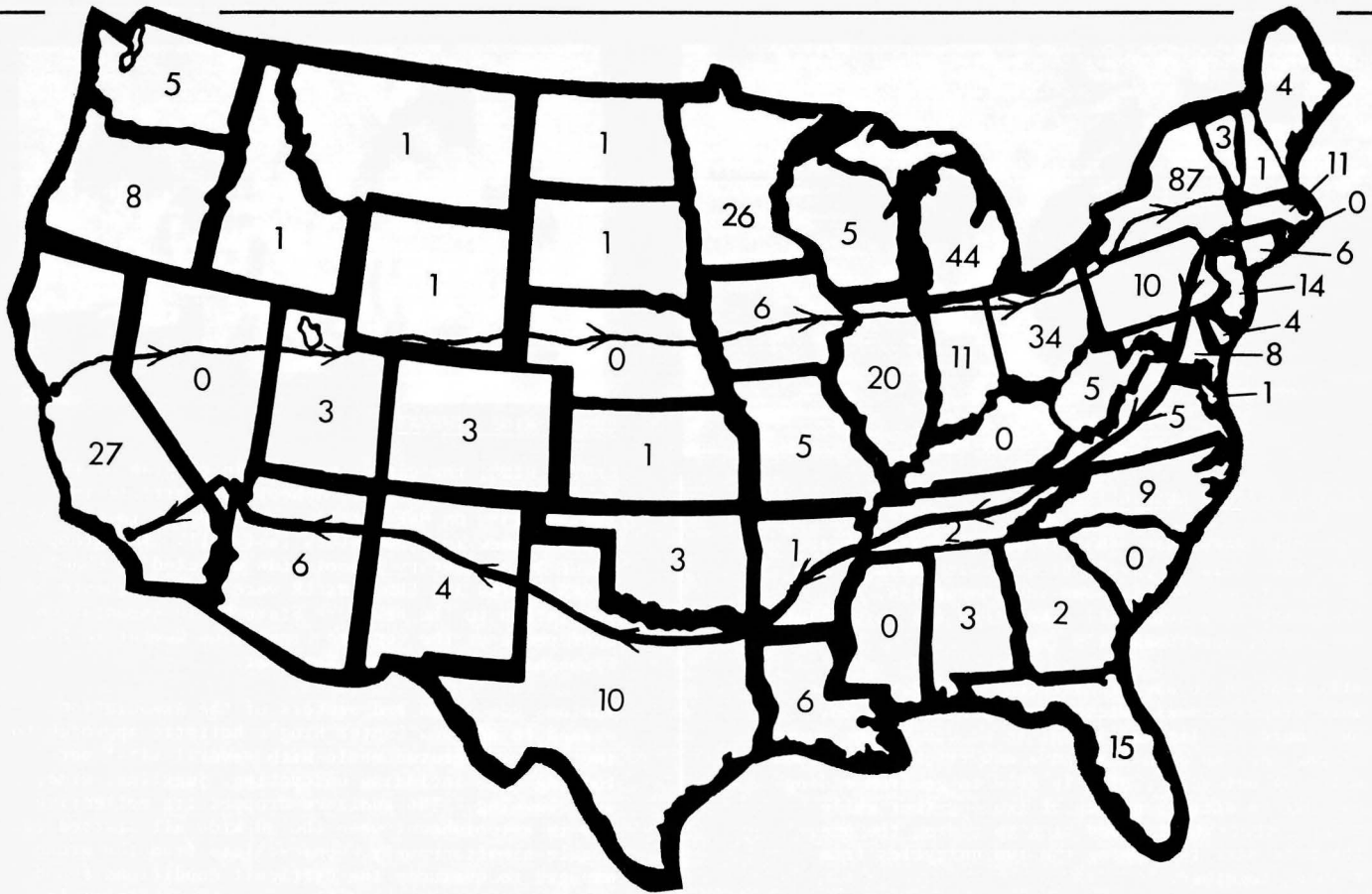
## ON ONE WHEEL "CRITIQUED"

A letter from STEPHEN K. STAFFORD, father of USAm WILL STAFFORD, described in great detail his opinions of the Winter '84 issue of ON ONE WHEEL.

"Last year's (1983) cover design was good, but 1984's cover design is outstanding! The "Official Pub..." line tells anybody exactly what they are looking at. The open white lettering is bold and unambiguous... The balance of the USA logo and the uni. wheel is good and kept from being bland by the uni seat breaking the encircling line... You can't beat photographs of real human beings if you want to engage the interest of other human beings. Your covers are effective because you show real people and those real people are engaged in the activity which is the subject of your publication. Thanks to John Foss and to all the officers of the USA for your outstanding work."

The USA officers were proud & pleased to read Stephens letter, and other people's views on the subject are always welcome. Your Ed. has worked hard to make this publication something that people will want to pick up and start reading; a professional-looking magazine that people will tend to continue to subscribe to, even after their unicycling-mania fades. The goal is to elevate the status of unicycling to the Olympics, or better yet, to make the sport as popular as roller-skating, skateboarding, wind surfing, and BMX. ON ONE WHEEL is one of the means of attempting to do this.

Mr. Stafford's letter finished, you should know, with: "Enclosed is my \$57.40 order for back issues and books." For someone who is not even a member (He claims he'll join as soon as his son teaches him to ride.), that's not bad! THANK YOU Stephen.



**MEMBERSHIP MAP**

The numbers on the map show where our members are at present. 50c family members are not counted on this listing. All of the subscription members shown here add up to 493, but the number has increased since these figures were put down here.

There are still an uncomfortable number of zeroes and ones in several of the states, and one by one we hope to bring these numbers up. This is up to you members riding/residing in these or nearby states to promote your sport!

The large thick line crossing the map from east to west is the planned route of USAm SHRI. DEEPAK LELE of India, as he rides his unicycle across the continent this summer. His ride started in April, and he shall arrive in Los Angeles in time for the Olympics!

There is also a thin line going from west to east. This is the path of WHEELMEN and USA member PAUL GRIMSHAW. He and a friend will be riding their antique Penny Farthing, or Ordinary, bicycles across the country to honor THOMAS STEVENS, who rode a bicycle around the world in 1884, 100 years ago. Their ride starts on Memorial Day, and who knows, they just might show up in Syracuse at the International Unicycle Convention!

Those members that care to look back to their Summer/Fall issue of the Newsletter of 1982 will find the numbers on this map quite a bit more healthy than the ones appearing then. We also have 4 members in Alaska, 3 members in Hawaii, and these in other countries:

Australia - 3	W. Germany - 6	Portugal - 1
Canada -17	Netherlands- 5	Puerto Rico - 8
Denmark - 3	Hong Kong - 1	Sweden - 6
England -10	India - 2	Switzerland - 1
France - 1	Israel - 2	West Indies - 1
E. Germany- 1	Japan -15	

Wow! There are also 181 family members out there, but it's still less than 1% of the unicycle riders of the U.S. Lets keep on spreading awareness of the wheel, and keep our membership drive alive!

**BOOK REVIEW:**

ALTERNATIVE SPORTS AND GAMES FOR THE NEW PHYSICAL EDUCATION, by BUD TURNER, and SUSAN TURNER, of the Seattle Public Schools, provides the recipes to supplement traditional physical education offerings, such as the prevalent team-oriented sports that have come under criticism by contemporary educators. Bud is a USA member and group coordinator of SCAT'S CIRCUS at Seattle Public Schools. The book contains 11 chapters on diverse sports such as Challenge Ball, Disc Sports, Double Dutch, Hocker, Juggling, Pickle Ball, Roller Skating, Tumbling, Gymnastics, and of course Unicycling. The emphasis is on teaching these skills in school programs, and gives suggestions for setting up programs in unicycling with limited funds. Some photos from the 1981 NUM appear in the unicycling chapter, along with many other pictures of a myriad of possible unicycle activities. 143 pages - Large paperback. Available from Peek Publications, P.O. Box 50123, Palo Alto, CA 94303...\$9.95.

**JUGGLING, UNICYCLING, AND FUN IN PHILADELPHIA**

The fairmount Park Commission sponsors juggling, unicycling, and fun sports instruction in cooperation with the Philadelphia Jugglers Club, outdoors on the east terrace of the Philadelphia Museum of Art.

Informal instruction will be held every Tuesday, May 1 through Sept. 25, 1984, 6:30 PM to dusk. Instruction is free. Equipment is available. Beginners are welcome. Come out and take a ride, and have a ball (or two or three)!

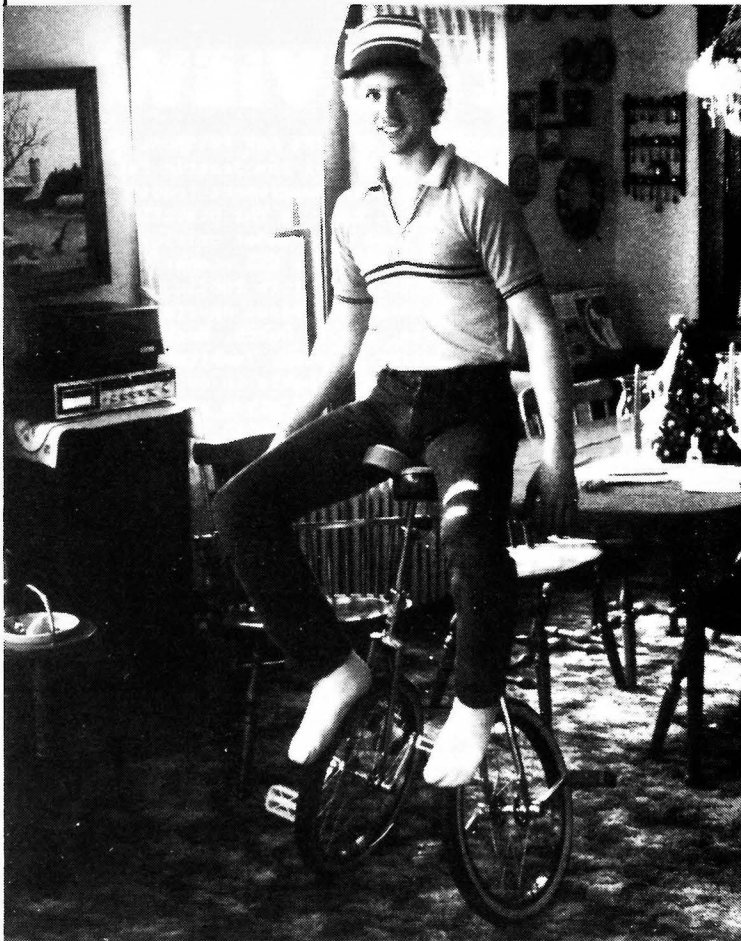
Tossingly yours, SIDNEY P. OZER, Recreation Leader



WINTER WEATHER UNICYCLIST

USAm BILL KARBO says that it was 25 degrees below zero when this "topless" picture was taken of him in the streets of his home in Minneapolis, MN. Don't try this yourself! When they say unicyclists are crazy, sometimes it's true!

Bill went on to say, in a recent letter, that he sure misses summer unicycling (sure, we all do, but there are limits!!), but as we can see he never stops. He has even learned a new trick. With two matching unicycles, Bill is able to go from riding one Uni to sitting on top of two together while walking their wheels, and back to riding the one. The hard part is keeping the two unicycles from running together.



CENTER RING STUDENTS

CENTER RING, the circus arts/music program of the Barton Avenue Elementary School (See article in Spring, 1983 ON ONE WHEEL), got a chance to show it's stuff to New York educators last Fall. The group of about 30 elementary school kids directed by USAm's KAREN DEETER and CHUCK MALER were special guests by invitation to the New York State Music Association Conference at the Concord Convention Center in Lake Kiamesha, NY, late last November.

Various educators and members of the Association wished to see how Center Ring's holistic approach to the arts integrated music with several vital performing arts including unicycling, juggling, mime, and clowning. The audience dropped its collective jaw in astonishment when the 30 kids all started to juggle simultaneously. Unicyclists from the group managed to overcome the difficult conditions found in the thickly carpeted floor to show their stuff. The demonstration took the form of a performance combining most of the skills learned in the program. The demonstration was a huge success, and educators and parents alike gave a standing ovation at the end. This was followed by a brief demonstration of the teaching techniques used in learning a three ball cascade by USA Director JEANPAUL JENACK, and an even briefer demonstration of more advanced unicycle skills by your Ed. Great interest in the program was shown, and it looks like a future of swift growth for circus education programs in schools. The educators were also fascinated with the picture of Barton Ave. Unicyclists on the cover of the Spring 1983 issue of ON ONE WHEEL that was being passed around!

UNICYCLE SKILL LEVELS

The following is a list of objective criteria for evaluating unicycle skills, and are intended to be performed by one rider on a standard unicycle (see definition) with no props. Though racing a unicycle can be considered a skill, it has been omitted from this list because riders that are smaller than a certain size cannot compete in something such as riding a mile in under 8 minutes, for example. Some USA members have passed all of the criteria for USA levels 1-4, but are unable to ride the mile fast enough because they are just too small. Some of these riders are on 20" unicycles, and cannot ride a 24".

Aside from this, the levels are based on the original four USA skill levels originated by USA President JAN LAYNE, and it is hoped that consideration for adopting some, or all of these levels can be made this summer at the annual meeting of our membership. The first seven, for instance, can be adopted to replace the present four, which, over the years, have evidenced some problem areas, such as the one mentioned above.

This present proposal has been in the works for over two years, and has been approved and amended by many of the top unicycling promoters of the world, such as JACK HALPERN, SEM ABRAHAMS, BILL JENACK, GORAN LUNDSTROM, FLOYD CRANDALL, KEN FUCHS, JOHN FOSS, JEAN-PAUL JENACK and many other skilled unicyclists. All of the credit for the original four USA skill levels goes to Jan Layne, who pioneered the system, which encourages riders to continually try something new, and gives them ideas for that "something new" that they can try when they can't think of anything.

#### DEFINITIONS

**STANDARD UNICYCLE** - Any direct-drive unicycle where pedals turn the wheel that is on the riding surface (no limitations on unicycle dimensions, but saddle should be at proper height for rider for all skills).  
**COMPETITION STANDARD UNICYCLE** - Same as above, but with restrictions on maximum wheel diameter and minimum crank arm length. Other limitations may apply.  
**DISMOUNT** - Rider gets off unicycle, feet returning to riding surface; must be with intention.  
**FALL** - Dismounting without intention, regardless of control.  
**RIDING SURFACE** - Can be a floor indoors, or some type of pavement outdoors, or whatever the unicyclist deems suitable for riding.  
**FOOT IN CONTROL POSITION** - This is the foot that is pedaling, or otherwise controlling or driving the uni.

All skills must start with the unicyclist riding forward or backward, sitting on saddle, and must finish with rider riding forward or backward sitting on saddle, with the exception of mounts, where only the second half applies. Measured distances in which the unicyclist must ride involve linear distances of 10, 25 and 50 meters, and circles of 50cm, 1 and 3 meter diameter. There is also a figure "8" which consists of two tangent 3 meter circles. The metric system is used so that USA members in other parts of the world can adapt these skills, and so the USA Inc. will already be there when this country catches up with the rest of the world in measurements.

One foot riding skills can be performed with the rider's free foot extended, or resting on the unicycle fork. Riding with the saddle held to the front or rear of rider must be performed as follows; saddle is held by one hand only, and other hand and arm are extended to the side. There must be no contact between the unicycle saddle and any part of the body other than the hand, meaning that the saddle cannot rest against the body while riding.

Because unicycling is a sport, or physical activity, some of the one-foot skills must be mastered with both left and right feet in control before certain levels can be passed. This will keep the rider more "even" in the exercise aspect of the sport, in that one leg is not getting twice as much activity as the other. Any skill that can be learned by one foot can be learned by the other.

#### LEVEL 1

- Mount unicycle without assistance (any type of mount).
- Ride unicycle 50 meters.
- Dismount gracefully with unicycle to front or rear.

#### LEVEL 2

- Mount unicycle with left foot in control position.
- Mount unicycle with right foot in control position. Ride 10 meters between two parallel lines 30 cm apart.
- Ride in the figure "8" staying within the 3 meter circles.

#### LEVEL 3

- Rolling mount. Mount unicycle while rolling it forward. Wheel may stop while rider gets on, but may not move back.
- Ride backwards 50 meters.
- Idle or rock in place for 50 back and forth 1/2 revolution cycles with left foot in control position. Same skill also with the right foot in control position.
- Make sharp 90 and 180 degree turns to the left and right (maximum 1 meter diameter).
- Ride in a 3 meter circle with arms crossed and held tightly to body (no arm movement).

#### LEVEL 4

- Side saddle mount. Standing with unicycle to side of rider, step onto pedal with proper foot (L foot on L pedal or R on R), swing other leg up and around front of saddle. Sit on saddle, place other foot on pedal and ride away.
- Hop or bounce with pedals level, left foot back, so that tire lifts above riding surface 5 consecutive times. Same skill also with right foot back.
- Ride unicycle 50 meters with saddle held to front of rider as described above.
- Idle or rock 1 footed for 25 back and forth 1/2 revolution cycles with left foot in control position. Same skill also with right foot in control position.
- Ride in two full circles within the circle.

#### LEVEL 5

- Free jump mount. Using hands, balance unicycle with pedals level. Before jumping, let go of unicycle so it is balancing free... jump up and land on both pedals simultaneously. Sit down and ride away.
- Ride one footed 50 meters with left foot in control position. Same skill with right foot in control position.
- Ride 50 meters in chest to saddle prone position, both arms extended straight out to sides.  
Ride 50 meters with saddle held to rear of rider.

- Ride backward in figure "8".
- Touch fingertip to riding surface while riding, turn permissible (saddle at proper height for rider).
- Idle or rock with saddle held to front of rider for 25 back and forth 1/2 revolution cycles.

#### LEVEL 6

- Kick up mount. Lay unicycle on riding surface with pedals level, standing on left pedal (left side of unicycle is up). Use right foot to kick saddle up so that it hits left leg. Sit on saddle, place right foot on right pedal and ride away. Same skill with right foot starting on right pedal.
- Walk the wheel 25 meters.
- Spin five full revolutions of body and unicycle within a 1 meter circle.
- Ride 1 footed, left foot in control position, within 3 meter circle.
- Maintain a stationary balance for 5 seconds; no twisting, rocking or bouncing.
- Jump with unicycle so that tire leaves the riding surface and lands at least 50 cm from where it left the riding surface. Jump can be made forward or to the side.

#### LEVEL 7

- Pick-up mount. Unicycle wheel upright, but with saddle on riding surface in front of wheel. Jump onto pedals then lift up saddle (only after on pedals), sit on saddle and ride away. Mount must start with pedals level.
- Ride in figure "8" with saddle held in front of rider.
- Ride backward with saddle held to rear of rider 25 meters.
- Ride 1 footed in figure "8" with left foot in control position. Same skill with right foot in control position.
- Ride backward 1 footed 25 meters.
- Walk the wheel 1 footed with left foot pushing wheel 25 meters. Same skill with right foot in control position.
- Walk the wheel with hands, seated or with chest on saddle, 10 meters.
- Pirouette, spin into circles of decreasing size until unicycle and rider are rotating on one spot (50cm circle limit) for 2 full revolutions with no turning of pedals.

#### LEVEL 8

- Perfect spin mount. Swing leg onto pedal, spin at least 270 degrees (twice around) before pedaling and come to a complete standstill before riding away.
- Ride backward into a spin of at least 5 revolutions within 1 meter circle; ride away forward.
- Ride backward with saddle held to front of rider in figure "8".
- Walk the wheel in figure "8".
- Walk the wheel backward 25 meters.

- Ride with saddle held to front of rider 1 footed 25 meters.
- Walk the wheel sideways. Stand on wheel with feet on either side of seat post holding saddle with hands, complete a circle within 3 meter diameter limit.
- Ride 1 footed backward 25 meters with left foot in control position. Same skill with right foot in control position.
- Glide 10 meters. This is riding with foot sliding on top of tire for control, usually initiated from riding 1 footed and lifting pedaling foot up to wheel.

#### LEVEL 9

- Free jump mount to 1 footed wheel walk. Balance unicycle with hands until it is standing free, jump up and land on saddle with 1 foot on wheel, walk the wheel 1 footed away, continuing for 2 meters before returning feet to pedals.
- Side ride. Ride unicycle with left foot on right pedal or right foot on left pedal, standing next to unicycle, for 10 meters, with non-pedaling leg extended. The skill only need be performed, without starting from, or returning to, standard riding position.
- Ride with saddle held to front, hop up and spin unicycle 180 degrees in relation to body, landing on pedals with unicycle facing backward, continue riding with saddle held to front, hop up and spin unicycle again, landing with unicycle facing forward.
- Ride backward 1 footed in figure "8".
- Walk the wheel 1 footed in figure "8".
- Walk the wheel backward in figure "8".
- Backward pirouette. Ride backward into circles of decreasing size until unicycle and rider are rotating on one spot (50cm circle limit) for two full rotations of body and unicycle with no turning of pedals.

#### LEVEL 10

- Seat behind rolling jump mount from the side, backward. With wheel rolling backward, jump onto pedals from side of unicycle while holding saddle behind rider. Continue riding backward at least 2 meters with saddle held to rear of rider.
- Ride into a pirouette with saddle held to front of rider. Complete 2 revolutions of unicycle and body within 50cm circle and ride away with saddle held to front of rider.
- Balance on unicycle (no twisting, rocking or bouncing) for 30 seconds.
- Walk the wheel with one hand backward in 3 meter circle.
- Walk the wheel 1 footed backward in figure "8".
- Extended pirouette. Complete 5 full revolutions of unicycle and body within 50cm circle.
- Coast in a circle (any size). No contact whatsoever with any part of pedal/crank/wheel unit of unicycle.

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