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Unicycling Society of America, Inc. ON ONE WHEEL P.O. Box 40534 Redford, Michigan 48240

Send membership inquiries, book and merchandise orders, etc., to:

> Unicycling Society of America, Inc. Secretary P.O.Box 40534 Redford, Michigan 48240

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the Unicycling Society of America, Inc. Aims:

To foster social and athletic interest in and promote the healthy, wholesome sport of unicycling among youth and adults of the country by establishing voluntary standards of performance and sponsoring and overseeing local and national meets.

To disseminate knowledge and information on all phases of the sport to all interested parties throughout the country via a newsletter and information service.

COMING ATTRACTIONS IN FUTURE ISSUES:

Vol. 12, No. 4 - will take you to the 1985 N.U.M. through "pictures and prose"

Vol. 13, No. 1 - will feature building techniques for both standard and giraffe unicycles

Vol. 13, No. 2 - will include a membership roster

NEEDED: Writers for all future issues

CONTENTS:

1986 NATIONAL UNICYCLE MEET
HOW DO YOU SPELL FOSTER? L O V E 4
THE INTERNATIONAL UNICYCLING FEDERATION 5
WONDERWHEELS UNICYCLE DRILL TEAM 6
SLOW RACE HAS NEW FORMAT
BOOK REVIEWS: THE COMPLETE BOOK OF UNICYCLING 8 BASIC CIRCUS SKILLS 8 HOW TO BUILD UNICYCLES AND 9
NEWS FROM: OAK VIEW EXHIBITIONAL ACTIVITIES10
FROM THE CLUBS

COVER:

The cover on this issue of OOW is one of two greetings from U.S.A., Inc. members to the rest of the membership. Both wish you all a Happy 1986!! The original peom on the cover was sent by KAREN MESSAMER and the CHARITON ELEMENTARY UNICYCLISTS of Chariton, Iowa. The second was a very Australian greeting from TOM MANALLACK of Kilsyth, Melbourne. A picture of Tom (or rather MOT) appears below.



ATTENTION ALL ARTISTS:

The WOOD ONE WHEELERS, sponsors of the 1986 National Unicycle Meet, are looking for a t-shirt design that will be the logo for the Meet. This is the 15th N.U.M. and people entering their designs for consideration might incorporate this in the design.

All designs must be mailed before March 31 to be considered in the contest. The winner will receive a free t-shirt.

Mail all entries to: WOOD ONE WHEELERS

P. O. Box 1031
Bowling Green, OH 43402

1986 NATIONAL UNICYCLE MEET

BOWLING GREEN UNIVERSITY

BOWLING GREEN, OHIO

JULY 25, 26, and 27

The WOOD ONE WHEELERS, under the leadership of Jan Layne, President of U.S.A., Inc., will be hosting the 15th Annual National Unicycle Meet on the campus of Bowling Green University. Registration forms will be included in future issues of OOW.

There are a number of non-competitive activities planned for Friday afternoon and evening, so plan to arrive early. Racing will be on an all-weather, outdoor track; Artistic Riding will be on the wooden floor at Anderson Arena.

Several new concepts will be used at this meet:

The slow race will be run on a
 x 6" board (see write-up elsewhere

in this issue).

2) The Individual and Couples Artistic Riding will be done in a limited area (exact size will be included in the registration form). The sides of this area will be roped off and there will be a backdrop to provide a clear, uninterrupted view of only the performer.

3) Riders in the over-30 mile will not be required to pay the registration fee but will be unable to race in

any other event.

4) Riders will be disqualified if they take more than 3 minutes for set-up. Tapes must be identified and properly cued with a separate tape for each child. Back-up tapes are advised.

5) Clubs are requested to have 2 judges available for the entire day of Artistic Riding. Clubs may provide

their own substitutes.

While riders and their families may stay and eat on campus, there are many motels and fast-food restaurants available nearby. A list of these will be available in a future issue of OOW.

Mark your calendar and plan to attend this week end of fun, fellowship, and competition.

HOW DO YOU SPELL FOSTER?

LOVE

Barb and Keith Foster are really into unicycles! They don't ride - but 5 of their 13 children do.

The Foster family of Perrysburg, OH, make up a large part of Bowling Green, Ohio's Wood One Wheelers. "After reading about the group in the newspaper, we decided that this would be a good activity for our son Matt," said Barb. The other children soon became interested and the Fosters became unicycle "experts."

"We've invested about \$1,000 in unicycle equipment so far," said Barb, "when you count nine unicycles and each outfit for each child." And when you consider that some of the other Foster children are on crutches, in braces or in wheelchairs, you begin to understand the logistics of life with the Fosters.

"Two of the kids are our natural children, two are foster children, and we've adopted the rest," Barb explained. Bart, 16, Matt, 12, and Susie, 8, (the overall unicycle national champion in her age group this year) joined the Wood One Wheelers when it began two years ago. Jenny, 8, and Marie Hammer, 11, joined last year, and Dennis Kohler, 12, (who will soon be adopted by the Fosters) is about ready to start riding in parades.

Keeping track of uniforms, unicycles - and kids - is no easy task, but a worthwhile one according to Barb. "It's really been good for our family," she said. "Unicycling has helped some of our kids who never had a chance to shine. They can pick it up pretty easily and they love to show off. It has really built their confidence and encouraged healthy competition among them."

Because unicycling is a sport the Fosters can do as a family, it's a common sight to see their van pull up at practice or parade time filled with parents, kids and equipment. Keith, a dentist, walks in the parades while Barb, definitely a full-time mother, drives the family van to the end of the parade route to meet everyone and load things up again. The other Foster children help to cheer the W.O.W. group on at each parade or competition.

Then it's on to the next music lesson, hockey practice, or baton lesson for someone in this remarkable family.

Author: KAY GUDEHUS



The picture (left) shows Jenny in her sparkling red, white, and blue outfit competing in the Artistic Riding competition at the 1985 N.U.M.

At right is Susi, who chose shades of green for her costume for the 1985 N.U.M. Both 8 year olds delighted the audience with their riding skill and stage presence.

THE INTERNATIONAL UNICYCLING FEDERATION PROMOTING UNICYCLING WORLD WIDE

The International Unicycling Federation (IUF) was founded in 1982 and incorporated in 1985 as a non-profit corporation. Its purpose is to promote unicycling as a sport, recreation and art form among people of all ages and all countries. The eventual goal of the IUF is to elevate the sport of unicycling to Olympic status. Before this will happen, however, unicycling must be organized on a national level in at least 40 countries. This means we need national unicycling organizations; there are only three so far: the U.S., Japan, and Denmark.

The IUF has grown out of the USA, Inc. and was originally conceived by Bill Jenack, founder of the USA and organized unicycling in general. But it was Jack Halpern, Executive Director of the Japan Unicycling Association who first pushed the idea of IUF in a big way in 1980. Jack asked people to write to him; and the idea grew until, in 1984, the first International Unicycling Unicycling Convention was held a Syracuse, NY. Participants came from nine different countries and the convention was a success.

The IUF publishes a periodical called UNICYCLING MAGAZINE, which features unicycling news of the world, helpful hints on riding, reviews of new products and publications, and a calendar of upcoming events and unicycle club get-togethers. And, just like OOW, UNICYCLING is always looking for new news and articles to fill its pages. If you have interesting stories or just want to let us know what you are doing, please write to both organizations!

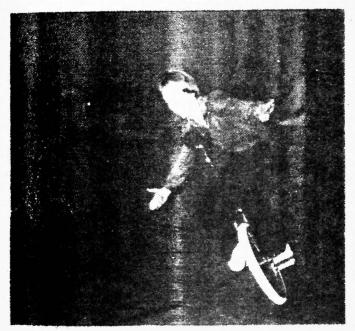
The IUF is currently gearing up for WORLD UNICON II, the second International Unicycling Convention to be held August 1, 2, and 3 at Nassau Community College in Uniondale, NY. This is in Nassau County, Long Island, not far from Kennedy International Airport and New York City. Dormitory space will be available as well as numerous hotels and motels nearby. (ed. nere will be more about this in future issues of OOW.)

If the IUF sounds too big and far away - with those long-reaching goals of many National Unicycling Organizations - don't get the wrong idea! The most important "unicycling" is the unicycling that YOU are doing, down your street or wherever. We want there to be more people out there for YOU to ride with, and the way to start that is on the local level. Of course, the best way for you to get a riding partner (or group) is for you to teach people how to ride. And that's what both the IUF and USA are all about.

The rates for membership in IUF (which includes membership card, convention discounts, and yearly subscription to UNICYCLING MAGAZINE) are \$15.00 for members in the U.S., \$20.00 outside of the U.S. Add \$5.00 for membership for the rest of the family at your address (no magazine). Checks for membership or requests for additional information should be mailed to:

International Unicycling Federation 67 Lion Lane Westbury, New York 11590 Phone: 516-334-2123

The preceding article was written for OOW by JOHN FOSS, Editor of IUF's UNICYCLING MAGAZINE. The picture below is of John during the 1985 N.U.M. Open Class Artistic Riding Competition where he earned one of many first-place ribbons.



The following article was written by CHARLOTTE FOX ROGERS in response to a request by your editor. It should serve as an inspiration to those who would like to organize a unicycle club, bring back memories to anyone who ever rode with a group, and answer with a rewounding YES!! the question: Is the effort of club organization and membership worth the rewards?

WONDERWHEELS UNICYCLE DRILL TEAM

Among the Founder Members of USA, Inc. are Dr. Miles S. Rogers and Charlotte Fox Rogers, who organized Wonderwheels unicycle drill team in the Los Angeles area in 1964.

Starting with Dr. Rogers, two of his young children, and one of their friends who wobbled through a local Christmas parade, the team grew to a maximum of 20 performers on the street at once, doing intricate routines. By the end of 1968, 30 neighborhood children in Carson, CA, had been members of Wonderwheels for varying periods of time. In January of 1969, the team was reduced to just the six members of the Rogers family, who moved to Cerritos, CA, in June of 1970.

Both Carson and Cerritos issued statements of appreciation to the team, which made 155 costumed appearances during a 10-year period, won first place trophies in the Novelty category in more than half of its Southern CA competitive parades, and brought much publicity to its hometowns and to unicycling by appearing in many prestigious televised events. Wonderwheels routines were themerelated, and several ballet-type productions were developed for standstill shows. A dozen sets of costumes were designed to provide color and to coordinate with parade motifs.

Career highlights for the team included its appearances at Expo '67, the World's Fair in Montreal; at two parades at the 1971 Calgary Stampede in Alberta, Canada; in half time shows for the 1968 and 1969 Pro Bowl Games in the Los Angeles Coliseum; at an Easter parade in Disneyland; and at informal Christmas performances for children in several towns in Mexico.

Bruce R. Rogers, 27, was an Army ROTC Scholar at Colorado School of Mines, where he earned the degree of Bachelor of Science in Geophysical Engineering. He was an officer in the Army Corps of Engineers for 4½ years, working on roads, a military airstrip, dams, and harbors. He is now a civilian geotechnical engineer with the Corps, and an Army Reserve officer. He was married in 1981 to Barbara Anne Barnes of Levittown, PA, who was an officer in the Army Nurse Corps and is now a Reserve officer. She earned a Master of Nursing degree at UCLA and is an oncology nurse coordinator at Orthopaedic Hospital in Los Angeles. Bruce and Barbara live in San Fernando, CA.

Valerie Gale Rogers Schiano, 25, entered UCLA as a flute performance major on an Eva Josephi Memorial Scholarship for hearing-impaired students. She left in her third year and worked as a drafter for an engineering firm. She was married in 1980 to Allen V. R. Schiano, an Algerian native who received a bachelor' degree at UCLA and a PhD at the University of Arizona, both in astronomy. Valerie played flute, piccolo, and saxophone in numerous bands at UCLA and Arizona, shared Allen's enthusiasm for rockhounding, and worked at a variety of jobs in Tucson. They now live in Pittsburgh, PA, where Allen is on the faculty of the University of Pittsburgh.

Dr. Rogers, a research scientist, and Mrs. Rogers look forward to retirement years of travel, photography, and genealogy studies.

The active academic and professional lives described above have left little time for unicycling, and the members of the Rogers family are rarely able to get together to work out. However, they are quick to credit unicycling for helping them develop the poise, discipline, and attitude toward public service which have helped them attain their present professional and personal status.

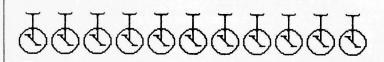
Another aspect of the Wonderwheels

Perience was the opportunity to meet
Per unicyclists such as Bill Jenack
and his family, Loyd Smith, Larry Chebowski
Dr. Jack Wiley, and the Concord (CA)
Unicycle Drill Team.

Wonderwheels was disbanded in August, 1974, when the Rogers children were involved in many high school and college activities. The word "unicyclist" stood them in good stead as an attentiongetting item on their college and scholarship applications. Because the Rogers children have been pictured as teenagers in Dr. Wiley's books and in a 1975 USA, Inc. NEWSLETTER article, they would like to have current USA, Inc. members know that there is "life after Wonderwheels."

Craig Milo Rogers, who is now 30, is a senior programmer analyst at the USC Information Sciences Institute, having previously worked at UCLA. He was a National Merit Scholar at CA Institute of Technology and has developed skill in several individual sports to balance his terests in books, computers, and the arts. Craig lives in Inglewood, CA.

Dawn Lynn Rogers Horn, 28, majored in materials science at the UCLA School of Engineering and Applied Science, where she was an Army ROTC Scholar. Following four years of active duty as a Signal Corps officer, she is now Company Commander of a Reserve unit. She also works full time as a nuclear engineer at Pearl Harbor Naval Shipyard. Dawn has been a skydiving instructor, holds a commercial pilot's license, and is a member of the Honolulu County Commission on the Status of Women. She was married in 1977 to Matthew A. Horn, a Hawaii resident whom she met in the ROTC unit at UCLA. He is now an attorney and an Infantry Reserve officer. The Horns live in Ewa Beach, Hawaii.





SLOW RACE HAS NEW FORMAT

AT REDFORD'S NINTH

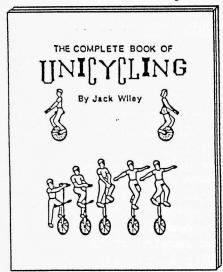
ANNUAL MINI-MEET

On September 11, 1985, the Wonderland Shopping Mall in Livonia, MI, again opened its doors (or, rather, parking lot) to the Redford Township Unicycle Club, Inc. and the more than 90 riders who came from Indiana, Michigan, and Ohio to participate in this annual event. A spin-off from the Pontiac Unicycle Club's Rround-Up, it was designed as a scaled-down version of the National Unicycle Meet with a few extra fun features thrown in. For the last few years an ultimate wheel race has been included; and the obstacle course is usually a unique adventure.

This year - for the first time - the slow race was conducted on a l" x 6" board. There were several reasons for this: The slow race has always been a difficult event to judge; by having one person judging all of the riders, the race becomes more objective; another area that needed more objectivity was whether a rider went outside the riding area. When riders fall off the board, there is no doubt they went beyond the prescribed limit.

It was apparent at the 1985 N.U.M. that, if the slow race were to continue to be a part of any competition, the judging would have to be more refined. Therefore, Jan and Emil Layne, following the suggestions of several persons attending the 1985 N.U.M., purchased the boards and manned this event to see if the idea was practical. And it appears that it is. OOW will print more information about this event in the 1986 meet, but it is suggested that serious competitors purchase a 1" x 6" and practice riding as slowly as possible in a steady, forward motion.

The finest, most up-to-date handbook available on modern unicycling .



187 large-format 8-1/8" \times 10-3/4" pages, 321 photos and line drawings, ISBN 0-913999-05-9. \$27.95 paperback.

The Complete Book of Unicycling by Jack Wiley

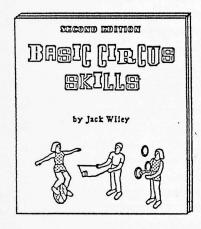
The First there was Unicycle Book. Now there is The Complete Book of Unicycling. The new book is packed with information on all aspects of unicycling as a recreational activity, performing art, and competitive sport.

The first book had 113 illustrations. The new book has 321. The author, Dr. Jack Wiley, has added 10 years of additional research to the first book to make the new the finest, most up-to-date handbook available on modern unicycling.

Contents -

Introduction On One Wheel Mechanics Unicycles and Other Equipment Learning Basic Techniques on a Standard Unicycle Training, Teaching, and Coaching Techniques Solo Artistic Riding on Standard Unicycles Partner and Group Riding on Standard Unicycles Giraffe Unicycling Riding Novelty Unicycles Games and Races for Fun and Competition Performing and Artistic Competition Clubs and Organizations History and Development Feats and Records Appendix

Now available



224 6-5/8" x 8-1/4" pages. 257 photos and line drawings, ISBN 0-913999-10-5, \$17.95 paperback.

Second Edition Basic Circus Skills

by Jack Wiley

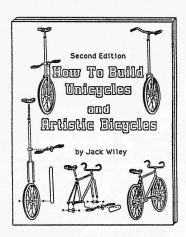
Now available-an updated version of the original Basic Circus Skills that was first published by Stackpole Books in 1974. The new book has an added Appendix of equipment sources and organizations and covers amateur circuses, a variety of popular circus skills, clowning, circus clubs and activities, and organizing, promoting, staging amateur circuses.

This is an ideal book for anyone just starting out in circus skills.

Contents-

Introduction **Amateur Circuses** Selecting Circus Specialties Juggling Balancing and Spinning Stilts Tightwire Unicycling Circus Balancing Tumbling Gymnastic Balancing Forming Pyramids Trampolining Rolled Mat Mini-Trampoline Gym Springboard Vaulting Ladder Spectaculars Horizontal Bar Trapeze Clowning Circus Clubs and Activities Staging Amateur Circuses Appendix

ON ONE WHEEL



Contents

Introduction

Tools and Materials

Basic Construction Techniques

Basic Assemblies

Building Standard Unicycles

Handlebar Units and Unibikes

Building Giraffe Unicycles

Artistic and Novelty Bicycles

Appendix

Index

About the Author

Second Edition How To Build Unicycles and Artistic Bicycles by Jack Wiley

The Second Edition is a completely revised and greatly expanded version of the original *How To Build Unicycles* and *Artistic Bicycles* that was first published in 1983.

Building unicycles and artistic bicycles is a fascinating hobby. This manual details how you can turn used bicycle parts and/or stock materials into a variety of standard unicycles (including regular wheel, small wheel, midget, big wheel, handlebar, ultimate wheel, kangaroo, and off-centered wheel models); handlebar units; giraffe unicycles (including regular wheel, small wheel, short, tall, multi-wheel, and zigzag models); and artistic and novelty bicycles.

The Second Edition contains detailed instructions for building a variety of unicycles and bicycles, including a number of cycles not covered in the first edition. This is the most complete and detailed manual available on the subject.

81 8-1/8" x 10-1/2" pages, **131** photos and line drawings, **ISBN 0-913999-13-X, \$15.95** paperback.

YOUR AD COULD GO HERE

Since so many members write asking: Where can I buy a standard unicycle in my town? Where can I get a giraffe? or big wheel? Who sells juggling clubs? etc. ON ONE WHEEL will begin printing ads with the next issue (due to be printed within 30 days).

The cost for camera ready ads is: full page . . . \$40.00 half page . . . \$25.00

quarter page. . \$15.00

Also available will be classified advertising (brief ads by individuals to sell used unicycles, etc.) The cost for this is:

\$2.00 for 12 words or less - \$.10 for each additional word Name, area code and phone number - no additional cost

The U.S.A., Inc. reserves to right to reject any ads and can not endorse any company or product. All ads must be prepaid.

NEWS FROM:

OAK VIEW EXHIBITIONAL ACTIVITIES CLUB

Unicyclists from the Oak View Club underwent one of their busiest seasons ever during the past winter and spring. They performed half-time shows for high schools throughout Northern Virginia as well as doing basketball shows for Maryland, Georgetown, George Washington, George Mason, and American University.

They also participated in parades in Virginia, Washington, D.C., and Maryland. They received special recognition from the D. C. Emerald Society as the best non-musical unit in the annual D. C. St. Patrick's Day Parade.

Two members, Jason Dempsey and Jeff Sack, won area 4-H competition in Virginia with an act featuring unicycling, juggling, and acrobatics.

These same two boys and Lisa Bongiovi were featured in the new magazine, <u>FITTING IN</u>, published by the American Alliance of Health, Physical Education, Recreation, and Dance.

Oak View unicyclists and the King Charles
Troupe unicyclists ride together during
the annual Animal Walk Parade in Washington,
D. C. this spring during the appearance
of Ringling Bros. Barnum and Bailey Circus.

Another member, Scott Dineen, is now appearing as an entertainer at Wile World Amusement Park in Largo, Maryland.

Still another member, Mike Hinton, who has made appearances on his giraffe unicycle for the University of Tennessee football and basketball half-time shows, is now in the process of opening up a private gym in Tennessee.

The highlight of the 1985 season has been an invitation from Ringling Bros. Barnum and Bailey Circus dfor the Oak View unicyclists to ride in the annual animal parade from the D. C. railroad yard to the D. C. Armory, where the Blue Unit performed this year. A dozen unicyclists from Oak View got a special thrill as they rode with the Blue Unit's King Charles Unicycle Troupe down the streets of the Nation's Capital, along with the elephants, show girls, clowns, and other animals.



This article and pictures were prepared by the Director of Oak View Elementary School's Exhibitional Activities Club, JIM MOYER. The school is located in Fairfax, VA. Much is being done with unicycling in schools across the nation. If you know of a school where unicycling is being included as part of the P. E. program, please write to Editor, OOW.

ON ONE WHEEL

FROM THE CLUBS

ARBARA MILLER, a member of the SMILING FACES UNICYCLE CLUB and a regular contributor to OOW submitted the following article:

SMILING FACES would like to congratulate the following members who passed these levels:

I & II David Donaldson; Brad Duryea; Nick Hottinger; Melissa Irish; Jace Layne; Jenni Moran; Brian, Chris, and Matt Snyder; and Aaron Stonerock

I, II, & III Kim Duryea, Jay Gilligan, and Holly Walerius

I, II, III, & IV Dennis Demuth, and Carol Sparks.

Keep up the good work!!

(ed. note: Several years ago U.S.A., Inc. officers set up four skill levels and made patches available [at \$1.00 for each level] to anyone completing the requirements. Below is a listing of these levels.)

LEVEL I

Mount unicycle unaided Ride unicycle 100 yards Dismount gracefully with unicycle in front

LEVEL II

Ride 25 feet between 2 parallel lines 1 foot apart Ride in a figure "8" staying within 10 foot circles Ride down a 6" curb or ramp Mount with the "other" foot

LEVEL III

Ride 50 yards backwards
Ride 50 yards one foot
Rock 50 times (forward and back = one count)
Ride one mile forward in less than 8 minutes

LEVEL IV

Ride through regulation obstacle course in less than 40 seconds

LEVEL IV Cont'd

Rock 25 times one foot (forward and back = one count)

Ride forward, hop over 2" x 2" obstacle and continue riding forward

Ride for 30 seconds while continuously performing one additional skill (juggling, baton twirling, playing instrument, etc.

Since many riders have completed all four levels, do any U.S.A. members have suggestions for additional level skills? If so, write to:

U.S.A., Inc. President Jan Layne P. O. Box 40534 Redford, MI 48240

> The REDFORD TOWNSHIP UNICYCLE CLUB has been trying a new practice technique that seems to be solving the problem of: How do you get everyone to practice for the whole time?

They are now dividing their 2-hour practice sessions into 4 half-hour segments with a different rider in charge of each segment. Now when kids begin to complain and say, "We want a break." The Director of that half hour replies sternly, "You're not taking a break on MY half hour!!" These half-hour segments are divided as follows:

1) Skill riding and workshops such as juggling, jumping rope, etc.

2) Group riding techniques with an eye toward developing N.U.M. routines

3) Parade riding skills

4) Fun and games such as relay races, basketball, etc.

> LEN SALVERDA, Director of the TWIN CITIES UNICYCLE CLUB reports that they, at last, have found a good indoor practice area.

Last year the club had 17 practices, 5 shows and 20 parades. That's an ambitions schedule for a club that consists of practically all first-year riders.

Attention: Club Members
Please write OOW and tell us what you are doing.

