

Official publication of the Unicycling Society of America...

ON ONE WHEEL

Volume XIII

No. 4

Quarterly



1986 - 87
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ON ONE WHEEL
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Redford, Michigan 48240

Send membership inquiries, book and merchandise orders, etc., to:

Unicycling Society of America, Inc.
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Redford, Michigan 48240

Official publication of the Unicycling Society of America, Inc. Membership fee of \$4 yearly includes four newsletters. For more information and membership application, see order form.

We are not responsible for articles and pictures unless accompanied by a request for their return and a self-addressed stamped envelope. Please include same with any inquiries requiring an answer.

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the Unicycling Society of America, Inc. Aims:

To foster social and athletic interest in and promote the healthy, wholesome sport of unicycling among youth and adults of the country by establishing voluntary standards of performance and sponsoring and overseeing local and national meets.

To disseminate knowledge and information on all phases of the sport to all interested parties throughout the country via a newsletter and information service.

FUTURE FEATURES: Visit the Juggle-In (held March 20-21 in Ann Arbor, MI) via the "living pictures" of LEONARD LICHWALA, read about the unicycling "Bobby" and the Christchurch (England) Unicycle Club, find out how your U.S.A. Inc. officers became involved in unicycling and what transpired at the most recent U.S.A., Inc. Annual Meeting, learn about "michael j. mcguigan" <--and his hallmark, share in WHEEL PEOPLE's tenth-year celebration, read the letter from Dr. Orland Reynolds, and learn some tips about building giraffe unicycles.



CONTENTS:

COVER from KAREN MESSAMER.....3
 WORLD UNICON II RESULTS by JOHN FOSS.....3
 CLUBS, CLUBS, CLUBS!
 SMILING FACES by BARBARA MILLER.....4
 OAK VIEW EL SCHOOL . . . by JIM MOYER.....5
 UNILIGHTS by JAMES GREEN.....6
 ADDITIONAL INFORMATION ON THE 1987 NUM.....6
 CENTER "PULL OUT" SECTION OF 1987 NUM INFO
 THIS SECTION CONTAINING MAPS AND GENERAL
 INFORMATION IS IDENTIFIED BY TERESA
 HEMMINGER'S COMPUTER-CREATED UNICYCLES.....7-10
 IN SEARCH OF THE PERFECT RACING UNICYCLE
 by FLOYD BEATTIE.....11
 CONGRATULATIONS! GRADS OF SPIELMAN CLOWN COLLEGE 12
 THE BARDS OF THE U.S.A., Inc.
 NATALIE TARRANT.....12
 BARB DEAN (former student of NELSON SMITH)...12
 MORE HELP FOR BEGINNING RIDERS.....13
 MISCELLANEOUS.....14-15
 WORLD'S FIRST POWERED UNICYCLE by D. BRICHFORD..15
 CALENDAR.....16

COVER:

The "Cycle Gram" that accompanied the cover photo came from KAREN MESSAMER, who also contributed the poem that appeared on the cover of ON ONE WHEEL, Volume 12, No. 3. This is a picture of the CHARITON UNICYCLIST's float entry in the 1986 Homecoming Parade. The picture is taken by Rod Surber for THE CHARITON NEWSPAPER and reprinted here with their permission.

Karen wrote that the Chariton Unicyclists have produced 174 accomplished riders over the past ten years of its existence. "We make claim to being the 'Unicycling Capital of the Midwest!' Can anyone refute this claim?" In an earlier "Cycle Gram" Karen wrote that they were putting 4' x 8' unicycling signs on all four entrances to the city stating:

CHARITON - "UNICYCLING CAPITAL OF THE MIDWEST"

About the picture: The students range in age from seven to thirteen years old with the youngest being a second grader.

WORLD UNICON II RESULTS

by JOHN FOSS

World UNICON II went off successfully with riders from seven countries: USA, Canada, England, Holland, Argentina, Japan, and Puerto Rico. The Puerto Rican team, consisting of eight riders, commanded the court in the championship unicycle basketball game. They were also outstanding in the relay race and group riding.

Individually CAROL BAHORICH and JOHN FOSS repeatedly took top honors in the races as well as the compulsory and freestyle artistic competition.

JACK HALPERN (from Japan) and LUIS MACHADO (from Puerto Rico) took top honors in the pairs competition by riding ultimate wheels together.

Though there were not a great number of participants in the World UNICON II, it did receive considerable publicity through both television and newspapers.

World UNICON III will be held in 1987 in Japan and in 1988 UNICON IV will be hosted by the Puerto Ricans in their country.

RACING RESULTS - 1st place - name and time

	GIRL	BOY
100m	0-10 M. Kamiya 23.56	J. Green 33.09
	11-13 L. McKay 20.97	J. Taylor 20.12
	14-16	E. Crawley 19.94
	open C. Bahorich 23.19	J. Foss 16.35
400m	0-10 M. Kamiya 1:35.08	
	11-13 J. McKay 1:32.13	J. Taylor 1:23.56
	14-16 J. Lopez 1:15.03	
	open C. Bahorich 1:35	J. Foss 1:07.5
800m	0-10 M. Kamiya 3:22.69	
	11-13	J. Ruiz 3:04.38
1500	open C. Bahorich 6:15.25	(tie)
		Foss & Dumeng 4:43.93
50 1'	0-10 M Kamiya 14.28	
	11-13 J. McKay 13.88	J. Taylor 12.31
	14-16	E. Crawley 11.66
	open C. Bahorich 14.81	J. Foss 9.22
50m walk the wheel	0-10 M Kamiya 22.5	
	11-13 S. Kamiya 22.22	J. Taylor 24.91
	14-16	E. Crawley 19.59
	open C. Bahorich 35.63	J. Foss 19.07
10m slow	M. Kamiya 22.5	
	11-13 S. Kamiya 20.22	J. Taylor 24.91
	14-16	E. Crawley 19.59
	open C. Bahorich 17.53	J. Foss 34.94
30+	J. Green 24.10	

INTERNATIONAL
UNICYCLING
FEDERATION



UNICON II
1986

SMILING FACES
"86"
A YEAR TO REMEMBER

by BARBARA MILLER

'86 began for the Smiling Faces on February 15 with "Beginners Classes"! Everyone took turns helping the two members KATIE BOWKER and TODD GILLIGAN. When we weren't helping the new members, we brushed up on old tricks and learned new ones.

The 4-H mall show was February 28 and March 1. There we gave the people of Findlay a demonstration of our unicycling abilities.

Our first parade was on May 24 in Fostoria, Ohio. We were honored to participate in "Hands Across America" on May 25. The unicyclists remained in line on their unicycles for 15-20 minutes without falling. (below)



Late in May we did two Memorial Day Parades, one in Findlay and another in Bascom, Ohio.

The beginning of many hard practices was June 6. We practiced hard for the NUM, but we managed to have fun. Our fun ranged from water fights to a birthday-spanking machine.

It was a real honor to be part of our nation's July 4th Celebration in a parade at Washington, D.C.!! We were selected from a list of over 22,000 performing groups nation-wide. Most of the unicyclists spent three days in our nation's capital sight-seeing.

A week before Nationals we gave a show at the Hancock County Old Folks' Home. It brightened up their day as well as ours. After the show they gave us pop and delicious cookies!

Who could forget July 25-27? We all had a blast at the 15th Annual National Unicycle Meet in Bowling Green, OH. Our hard work payed off. We received first in parade and second in show competition.

A week before the NUM ELAINE YOUNG fell off a 12-foot unicycle. As a result, she had a dislocated back and sprained both her ankles. Yet, in spite of her injuries, she still rode at Nationals.

August 16 was one of the hottest parades we did. Not only was it hot, but two of our best riders (JEFF ARNETT on a 12-foot and GREG LENTZ on a 10-foot) fell due to a limb getting caught on Jeff's leg. Both broke a foot, but only one needed a cast. Jeff continued to ride. However, Greg (in a cast) was unable to ride for six weeks.

Being a 4-H Club, we must have a demonstration at our annual county fair. So on August 27 we showed the people of Hancock County how well we ride.

We had a great time at Cedar Point!!! On September 6 our parents took us there. They said it was a reward for us because we had worked so hard all summer.

September 3 was the Mini-Meet in Redford, Michigan. The pizza was great! It beats White Castle burgers any day! (ed's note: The REDFORD TOWNSHIP UNICYCLE CLUB has provided lunch for this annual affair for the last ten years. They base the menu on the request of the shopping center management. (Obviously 1986 had a winning suggestion!) The doughnuts, pop, obstacle course, and hospitality won't be forgotten. Thanks, Redford!

Greg Lentz was back riding his uni at the Tiffin, Ohio, parade on September 20. All bones were now healed - ready to meet a challenge. The challenge was just one week away when the Club participated in the Diabetes Bike-a-Thon on September 28. We all rode a five-mile course for the fun of it and the Club donated to the Diabetes fund. To our surprise SHELLY and JOYCE LAYNE had gotten pledges. They rode the full ten miles. Shelly crossed the finish line riding one-foot with a smile.

On November 23 we went to Columbus, Ohio, for the Secret Santa Parade. It was cold, but we lucked out! It didn't rain or snow; normally it does every year.

We drew "86" to an end on December 6. That was when we held our awards banquet and gift exchange. The weather was beautiful. The food was good. The gifts were great! (

by JIM MOYER

The OAK VIEW ELEMENTARY SCHOOL EXHIBITIONAL ACTIVITIES CLUB, organized in 1968 by physical education teacher JIM MOYER, passed a milestone as they made their 1200th appearance in 1986. Unicyclists from the school-sponsored troupe experienced a number of highlights this year:

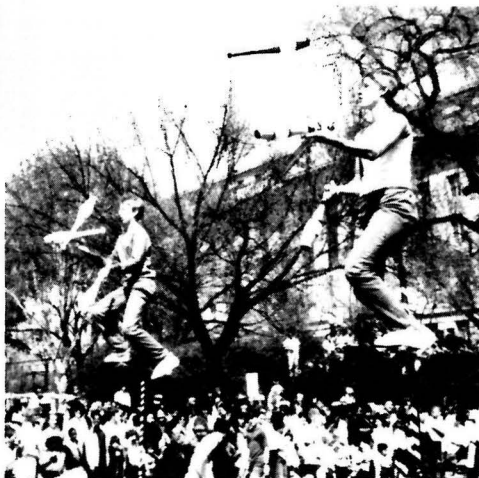
- > appearing on national TV in the Washington, D.C. Cherry Blossom Festival Parade
- > participating in the 58th annual Apple Blossom Festival Parade in Winchester, VA
- > taking part along with American Wheelmen on antique bicycles in the Prince William County, VA 25-mile Bicycle Classic race
- > appearing in the Lynchburg, VA Bicentennial Parade
- > riding along with the Ringling Brothers, Barnum and Bailey Circus "animal parade" for the second consecutive year in the nation's capital
- > participating in unicycle shows for the National Bicycle Association

For the 12th straight year they appeared at the International Children's Festival at Wolf Trap Farm Park for the Performing Arts in northern Virginia. These events, plus their normal participation in other shows, festivals, and athletic contests, made for one of the busiest seasons this troupe has experienced.

After seventeen years, a permanent storage space for unicycles to be hung up was built at the school by two troupe members, James Bailey and Robbie Bongiovi.



(above) Oak View unicyclist Montgomery Kerr is caught jumping "Double Dutch" ropes with the nationally famous "Skip-Its" jump rope team from Colorado at the 58th annual Apple Blossom Festival in Winchester, VA



David Capozzi (left) and James Bailey (right) juggle clubs atop their 8-foot unicycles as they ride down Constitution Avenue in Washington, DC at the annual Cherry Blossom Festival Parade



Robbie Bongiovi (left) and James Bailey (right) stand in front of storage area for unicycles they constructed at Oak View El. School

American Wheelmen on antique bicycles precede Oak View unicyclists in the "Prince William 25-Mile Classic"





The TWIN CITY UNICYCLE CLUB, host of the 1987 NUM, has been extremely busy making sure that everything will run smoothly for this year's Meet. The Director of the Club (and President of the

U.S.A., Inc.) LEN SALVERDA has asked that those who plan to attend do the following:

- 1) Indicate an interest in being part of a relay team well in advance of the Meet so that the teams can be organized by mid-July.
- 2) Help the Registrar by avoiding the last-minute rush to get the registration forms mailed in. PLEASE NOTE: The "due-date" to avoid the \$5.00 per form late penalty has been extended to June 28 postmark. Any registration form RECEIVED after June 30 will be charged the additional \$5.00.
- 3) Support the NUM by advertising in the program book. The cost for this is:

	CLUB ADS	BUSINESS ADS
1/4 page	\$ 8.00	\$15.00
1/3 page	\$10.00	\$20.00
1/2 page	\$15.00	\$30.00
1 full page	\$25.00	\$50.00
2 full pages	\$40.00	

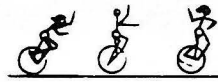
[2 pages represents an ad 8½" x 11"]

Mail your camera-ready ad or business card - BEFORE JUNE 21 - to:

TWIN CITY UNICYCLE CLUB
 Program Book
 P.O. Box 12417
 St. Paul, MN 55112

4) Be familiar with the rules that will govern the 1987 NUM. These are found in the center of this issue. While you may receive another issue of OOW prior to the NUM, this information will not be printed again.

5) Consider being a part of the 1988 National Unicycle Meet by either taking on the full responsibility or by sharing with another individual or Club (i.e. Accept the responsibility of the entire day of racing - or the day of artistic riding competition.)



VOLUNTEER & 4-H LEADER
 James E. Green
 885-7854

MEMBER OF: UNICYCLING SOCIETY OF AMERICA
 INTERNATIONAL UNICYCLING FEDERATION

The UNILIGHTS were one of the highlights of the Open House that marked the Second Annual observation of Water Quality Awareness Week in Detroit last October. A fine picture of the performing group appeared in the Department's newsletter WATER POWER. Without permission from the Department, the picture could not be used in OOW, unfortunately.

The Club was also sponsored its first Extravaganza on Wheels on May 2 at the 4-H Community Center in East Detroit. In addition to unicycle wrestling, unicycle boxing, and unicycle karate; there were also demonstrations of skate board riding, BMX trickbike riding, and rollerskating. The write-up of the event indicated that the "unicycle karate" demonstration would consist of JAMES GREEN attempting to break a 1" x 6" board with a single punch while riding his unicycle.

Below is a picture of the TWIN CITY UNICYCLE CLUB taken in the indoor practice facility. This Club requires that all members also become members of the U.S.A., Inc.



Directions to Bethel College and Seminary

FROM:
South

Take I-35W Northbound through Minneapolis.
Exit at County Road E2 (exit #26), proceed east (turn right)
to Old Snelling Ave (0.5 miles). Turn right then
take first left into the campus.

North

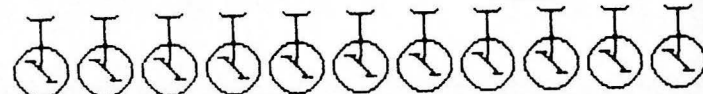
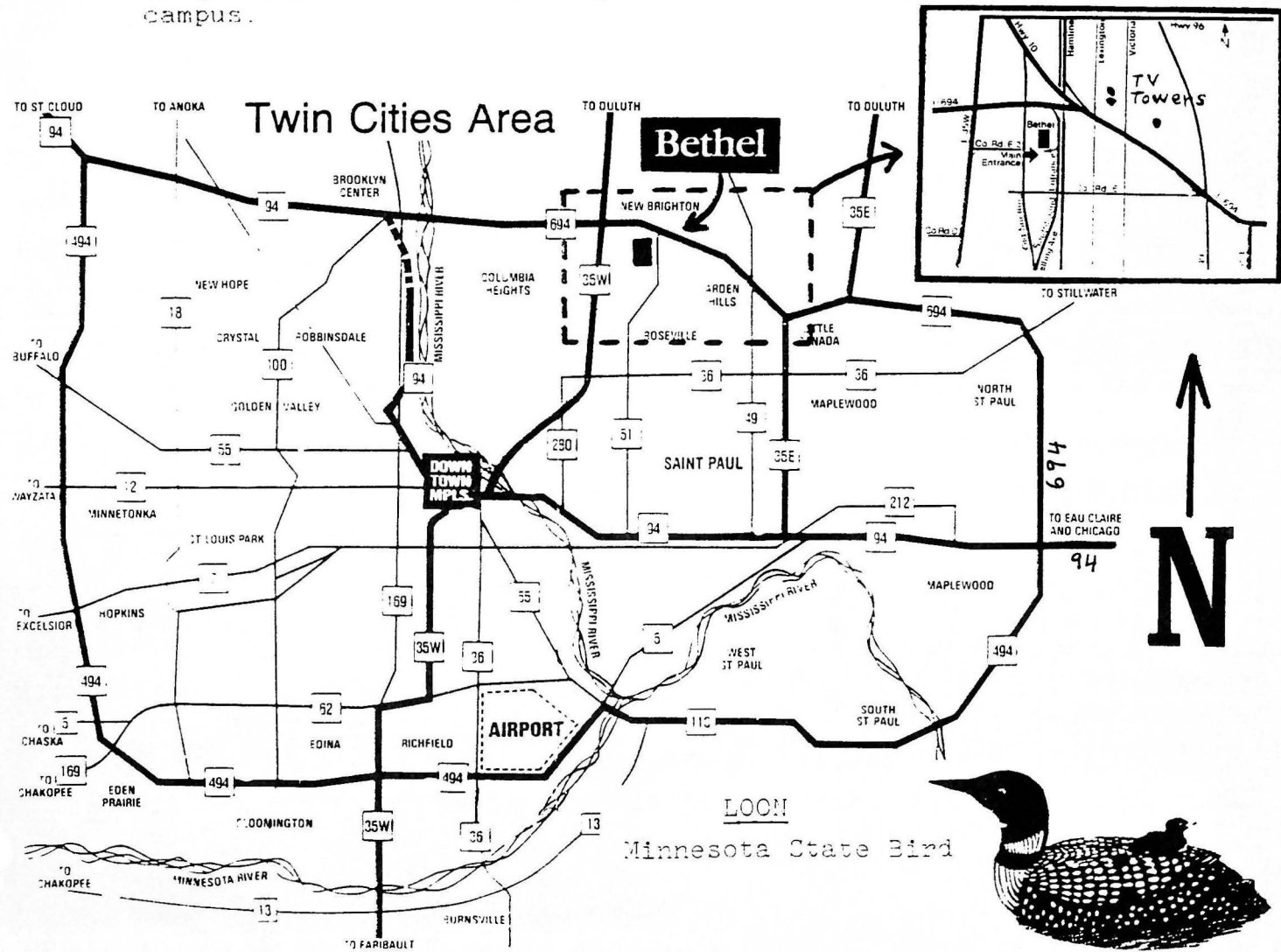
Take I-35W Southbound toward Minneapolis.
Exit at County Road E2 (exit #26, first exit south of I-694),
proceed east (turn left) to Old Snelling Ave (0.5 miles).
Turn right then take first left into the campus.

West

Take I-694 Eastbound, northern bypass.
Exit I-35W (exit #41A, southbound), go 0.5 miles and
Exit at County Road E2 (exit #26) proceed east (turn left)
to Old Snelling Ave (0.5 miles). Turn right then
take first left into the campus.

East

From I-94 westbound, take I-694, north
Follow I-694, northern bypass to Victoria (exit #43B, next to tall
TV towers that are visible for miles). Proceed south on Victoria
(left turn) for 0.5 miles. Proceed west (right turn) 1.5 mile on
County Road E to Old Snelling Ave (4-way STOP). Proceed north
(right turn) on Old Snelling 0.25 miles and take first right into
campus.



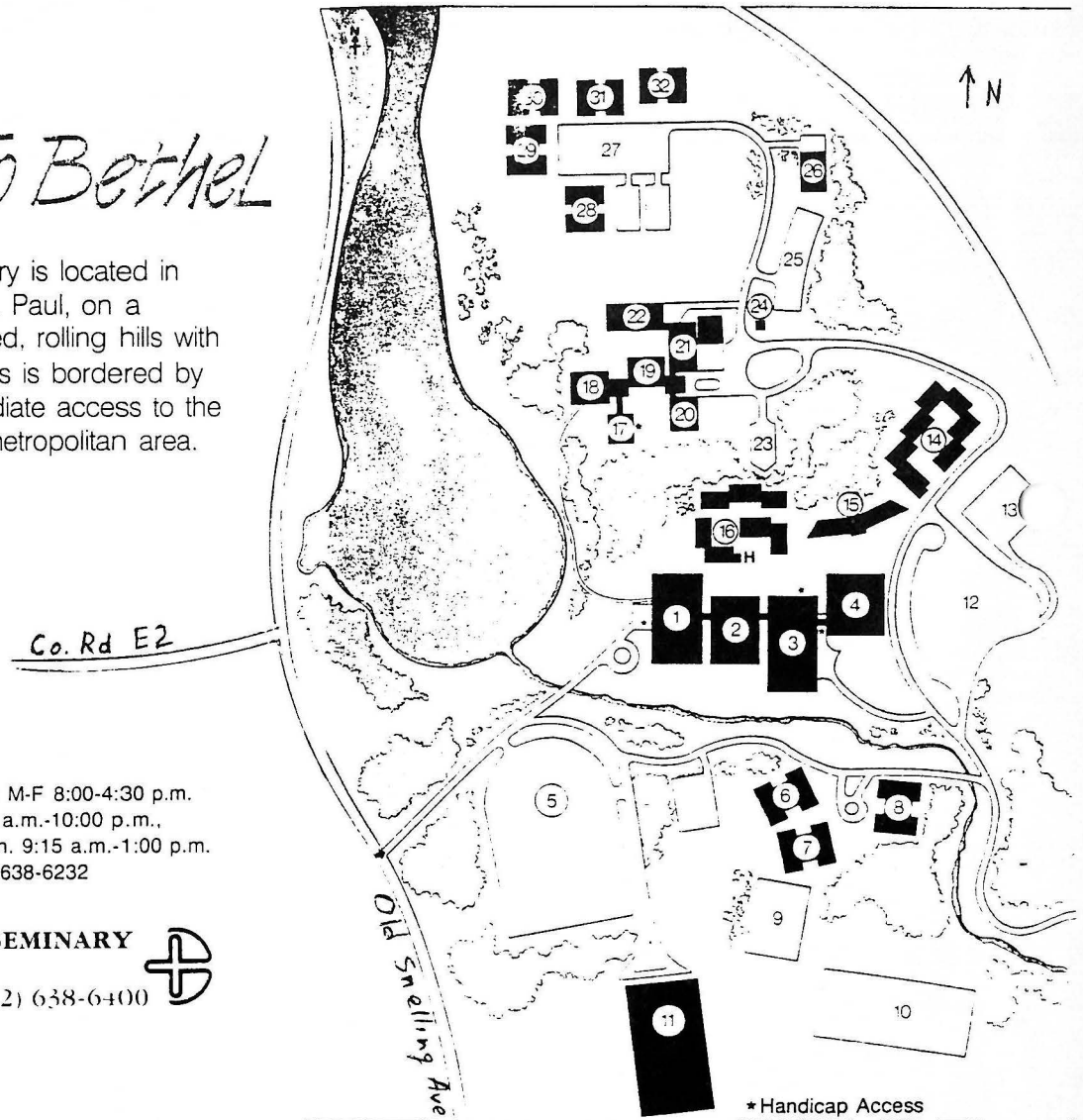
1987 National Unicycle Meet

Campus

- 3 - Food Service
- 4 - Gym & Registration (Physical Education Center)
- 5&12 - Parking lot
- 6&7 - Air conditioned dorms
- 15 - Non-air conditioned dorms
- 9 - Tennis courts (Obstacle course)
- 11 - Field House (Sports and Recreation Center)

Welcome To Bethel

Bethel College and Seminary is located in Arden Hills, a suburb of St. Paul, on a 231-acre campus of wooded, rolling hills with a 50-acre lake. The campus is bordered by freeways which give immediate access to the Minneapolis and St. Paul metropolitan area.

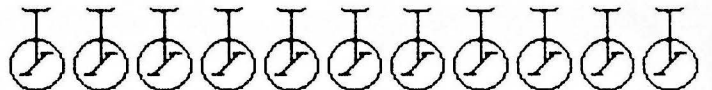
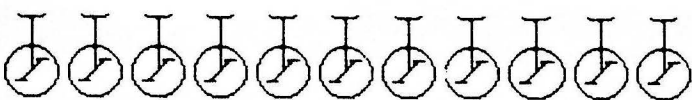


General Campus Office Hours: M-F 8:00-4:30 p.m.
Switchboard Hours: Daily 6:00 a.m.-10:00 p.m.,
except Sun. 9:15 a.m.-1:00 p.m.
Security (for after hours) (612) 638-6232

BETHEL COLLEGE & SEMINARY
3900 Bethel Drive
St. Paul, MN 55112 (612) 638-6400



THESE FOUR PAGES (the center of this issue of ON ONE WHEEL) are designed to be removed from the newsletter so that you can have all the information you need for the 1987 NATIONAL UNICYCLE MEET without destroying this issue. THEY WILL NOT BE REPEATED.



The Twin City Unicycle Club is hosting the 1987 National Unicycle Meet. The NUM will be held July 24, 25, and 26, 1987 at Bethel College and Seminary, Arden Hills, MN (a northern suburb of St. Paul, MN) The NUM is an excellent place to learn new tricks and skills. All USA members, and those joining, are encouraged to attend. Bring your specialty unicycles to show off and/or for others to try. The Twin Cities have direct air service to Tokyo; come to NUM on your way to IUF.

Bethel Track and Gym Bethel's Sports and Recreation Center (field house) is a recent addition to the college. It is equipped with a new rubberized track similar to that of Eastern Michigan. The track is 200 meters in length. All 100 meter races start on the curved portion; all 50 meter and shorter races are on the straight away. The field house is the only non-air conditioned building we are using. The Physical Education Center (gym) will be used for all artistic events. Curtains will restrict the floor area for single and double's routines. It has a regulation size, varnished wooden floor, similar to 1986 at Bowling Green.

Housing The rooms at Bethel are typical dorms: two single beds per room, large bath at the end of the hall. Bedding, pillow, sheets, pillowcase, blanket and towel are provided (not wash cloth). The main dorms are air conditioned, but there are a limited number of them (register early!) Both air conditioned and non-air conditioned dorms are \$9 per person per night, double occupancy; \$18 per night, single. The first registrations will get the air conditioned rooms; mail your registration early! There is a \$5 key deposit.

Meals There will be no meals sold at the door. We are strongly encouraging everyone to eat on campus. There are off-campus fast food restaurants in the area; however, a short drive is required, and they are often crowded at meal times. The on-campus meals are \$13.50 per person per day for Saturday and Sunday. For an additional \$5.75, a Friday evening meal is also available. The meals are buffet style, multi-choice menu selections, and all you can eat! The food service area is air conditioned, and the facilities are excellent. No meals guaranteed if ordered after June 21. Remember: no meals will be sold at the door; so register early!

Tentative Schedule

Friday 1:00 - 10:30 Registration
 5:00 Officials Meeting (all judges, timers & directors)
 6:00 Races: Ultimate wheel
 30 & over 1600 meter
 4x200 Relay
 9:00 Workshops
 10:30 Snacks
 12:00 Lights out

Saturday 8:30 Opening parade - Everybody!
 8:45 Races
 6:30 Parade competition (groups & clubs)
 8:00 Awards
 9:00 Unicycling Society of America, Inc. Meeting
 12:00 Lights out
 Sunday 7:00 Non-denominational worship service
 8:30 Individual Standard & Individual Open (artistic riding)
 2:00 Couples (artistic riding)
 4:30 Show routines (groups & clubs)
 7:00 Awards

Competition Categories and Unicycles Age is determined by the age of the rider on July 24, 1987. All individual events have the following categories:

8 years & under, girls	8 years & under, boys
9 - 10, girls	9 - 10, boys
11 - 12, girls	11 - 12, boys
13 - 14, girls	13 - 14, boys
15 - 16, girls	15 - 16, boys
17 - 18, girls	17 - 18, boys
19 & up, women	19 & up, men

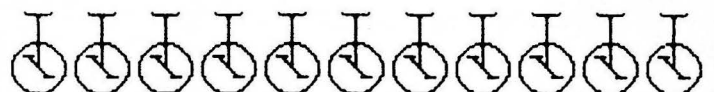
The 4-rider relay teams are by age only; the age group of the oldest rider determines the group for the relay team.

Standard unicycles will be used for racing. For riders 10 years old and younger, unicycles must have a wheel no larger than 20" and crank arms no shorter (measured from center of axle to center of pedal) than 5" or 125mm. 10-year old and younger riders with 24" unicycles must race with 11 - 12 year old riders. Riders 11 and older must have a wheel no larger than 24" and crank arms no shorter than 5 1/2" or 140mm. These are industry standards and are used because unicycles are most commonly made in these sizes. Note: all unicycle pedals without plastic or rubber ends must be taped before use on rubber or wooden floors.

All show (artistic/trick) riding competition is limited to a maximum of 2 minutes for ages 0-10 and 3 minutes for ages 11 & up. Standard singles competition can use only the Standard unicycles listed above. Open competition may use specialty unicycles, costumes, props and music. A rider may enter at most one individual show event and one couple show event.

Club/group show routine must include all riders at NUM and is limited to 10 minutes. Only one entry per club/group.

Club/group parade must include all riders at NUM and is limited to 5 minutes. Continuous forward motion (simulating actual parade).



Races

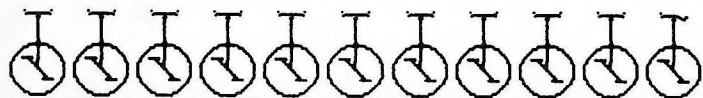
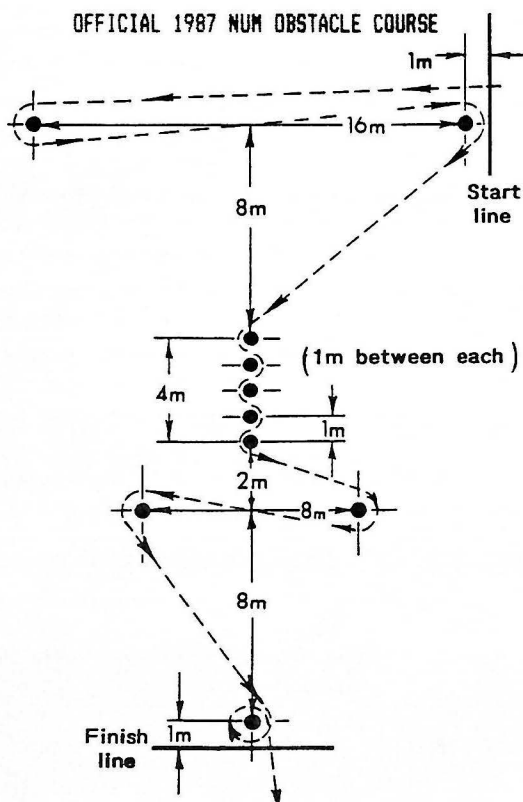
- 1600 meters - ages 30 & up * (Friday)
- Ultimate wheel (Friday)
- 4x200 meters relay (Friday)
- 1600 meters - ages 11 & up
- 800 meters - ages 10 and under only
- 200 meters
- 100 meters
- 100 meters - Special Parents' Race *
- One-foot - 50 meters
- Backwards - 50 meters
- Walk-the-wheel - 25 meters (note new distance)
- Slow Race - held individually on a 1"x6"x10 meters board
- Obstacle Course (the only outside competition)

* NUM registration fee not required for these two events

All racers are encouraged to wear helmet, elbow and knee pads and gloves. Fire department First Aid volunteers will be available at all events of the meet.

The Special Parents' Race is new this year! To enter this 100 meter race, the rider must be a parent of a competitor and must have learned to ride since the '86 NUM! This race may prove to be the highlight of the afternoon. Teach your parents to ride a unicycle!

The obstacle course will be the only event held outdoors. It takes place on the tennis courts just outside the field house, on Saturday. It will be of traditional design and measured in meters.



Registration Advanced registration for Friday's competitions are strongly encouraged; it may be possible to register relay teams, ultimate wheel and 30 & over races on Friday, the earlier the better. Riders must register for all Saturday races by Friday night, 11 pm; NO EXCEPTIONS! Riders must register for all Sunday individual, both standard and open, and couples artistic/trick competitions by Saturday night, 11 pm; NO EXCEPTIONS! Race events and competitors will be posted by breakfast on Saturday. Results will be posted as they are available. Artistic/trick events will be posted by breakfast on Sunday. Results will be posted as they are available. Upon arrival, preregistered competitors will receive a sheet confirming all events, etc. By Monday, we expect to have individual results including points and race times for all riders/clubs; you may take these with you or leave a self-addressed, stamped envelop for mailing them to you.

Riders whose Unicycling Society of America, Inc., USA, membership is due before the 1987 NUM or new members are encouraged to send membership information on the form provided in On One Wheel directly to the Treasurer rather than including it with the NUM registration form. Membership fees included with the registration are not turned over to the Treasurer until after the 1987 NUM, and USA, Inc. publications being mailed before the NUM will not be received.

Riders must be members of USA to compete in the NUM. The NUM registration fee is again \$10 this year. An additional late fee of \$5 is charged for all late registrations (postmarked after June 21).

Judges and Timers Independents and clubs are asked to submit their names early. We have data now to send out to any prospective judges. All judges and timers are required to attend sessions held by the chief judge. If your club does not submit judges, we will substitute judges at our discretion.

Minnesota The Minneapolis Aquatennial takes place July 18-27 along with many other activities. For more information write to:

Explore Minnesota, Minnesota Tourism Division
240 Bremer Building, 419 North Robert St.,
St. Paul, MN 55101

Minneapolis Convention and Visitor Commission
15 South 5th St., Minneapolis, MN 55402

Minnesota Office of Tourism
375 Jackson St., 250 Skyway Level, St. Paul, MN 55101

Call toll free, outside MN, 800-328-1461
or, inside MN, 800-652-9747.



IN SEARCH OF THE PERFECT RACING UNICYCLE
by Floyd Beattie

Shortly after I began unicycling six years ago, a friend of mine told me of U.S.A., Inc. Immediately, I sent off an application form. The first newsletter had the results from the previous year's NUM. Being almost thirty, I was appalled by the slowness of the 30+ mile. I knew I could do better. Thus began my quest for speed.

I missed my first two chances at the NUM by large distances, being in Flagstaff, AZ and Carna, Ireland. But I have since been undefeated in the 30+ 1500m, 1600m, and mile. in 1986, on a strange unicycle, I had the best time ever for the 1600m and missed by less than 1/10th of a second on the 1500m. In the process, I have rebuilt my unicycle numerous times using at least eight different rims and many more tire and spoke variations, trying for the ideal wheel. (The ideal wheel will roll freely with the least resistance [air and ground] possible but still maintaining traction and balance.)

Much of what I have tried has come from bicycles and the research of the likes of Kyle and McReady. Their tests have shown that a narrow tire has less air drag than a fat tire, that disked wheels have less than spoked, and that bladed spokes are better than normal. They have also shown that fewer spokes means less air resistance.

On tires, rolling resistance results were a little surprising - fat tires, skinny tires, and in between really had no difference as far as rolling resistance went. Tread patterns seemed to have little affect either. What did matter was tire pressure. U.S. Olympic riders in 1984 were on 220 lb. pressure tires. (The normal Schwinn or Miyata tires, in contrast, take 40 psi.)

Combining all this information - and with much assistance from TOM MILLER - last year I showed up with an 80 psi 24 x 1 1/8" tire on a radial 28-spoked wheel covered with heat-shrink plastic. With toe clips and a skin suit, there became no question but that I was ready to race.

That unicycle was fast, but not without problems. The radial spoking tends to loosen up; and the heat-shrink plastic kept me from being able to tighten the spokes. Also, the plastic acted as a sail. Both

Unicon II and the NUM were windy, and the curve into the wind was treacherous.

So far this year (1987) I have two new racing wheels. There is also the possibility that I might "biopace" my uni. I may not make the NUM; but if I do, it'll be with a cycle that will cause talk (and possible rule changes). It should let me set a record or two at Unicon III.

TOM MILLER is currently doing some exploratory work at improving my big wheel for the 100-mile record challenge. Using what I am learning and what he knows, I should be on the fastest unicycle in the world. And if I can finally get myself in shape, the combination should be unbeatable. And if not, at least we will have tried. And by trying, we will have challenged others to try a little bit harder to improve themselves. And that makes Tom and me still the winners!

(ed. note: Along with this article, Floyd sent a newspaper clipping telling of the marathon in Athens, OH. In that race Floyd broke his own record by completing the distance on his unicycle in 1:56:45. TOM MILLER can be proud! The two long-distance unicycle record holders, CATHY FOX and FLOYD BEATTIE, were both riding unicycles that he had built when they set the records.)

WILL UNICYCLING EVER BE PART OF THE OLYMPICS?

This question has been asked many times. SEM ABRAHAMS, a member of both the Unicycling Society of America and the International Unicycling Federation, is looking into the possibility of this. He has written a letter to George Miller, Executive Director and Secretary General of the United States Olympic Committee, and has received a reply outlining the steps to be taken to secure recognition prior to selection for the official Olympic Program.

Because this letter indicated that the selection committee took a wary view of sports where competition results were based on subjective criteria, Sem has been spending much time working on objective criteria for future international meets.

CONGRATULATIONS!
GRADUATES OF SPIELMAN BROS. CLOWN COLLEGE

A recent letter from "COSMO" (Charles Spielman) told of the February 10 graduation of six new "Spielman Clowns." FRANCES DAVIDSON, HELEN LEET, DAVID GOMENDI, HEATHER SCHAEFER, KATHLEEN GOMENDI, and ANN WOOD have all met the requirements, have selected their clown names reflective of their clown personalities, and are ready to face the world - as a clown, of course. Congratulations! and much success to all!!

For anyone wishing more information about the Clown College, you can write to:

Charles Spielman
Spielman Bros. Research
4040 Jay Street
Wheat Ridge, CO 80033

THE BARDS OF THE U.S.A., Inc.

Remember the TARRANT sisters, VALERIE, NATALIE, and HUNTLEY? An article about them appeared in Volume XIII, No. 1. In addition to riding unicycles, creating a "Spelling Bee Supplement," teaching unicycling to summer campers, and many other pursuits, last year ten-year-old Natalie submitted the following poem to a local contest:

THE UNICYCLE

You can ride like the wind on a 12-speed bike;
Or go like a snail on your sister's trike.
You can ride together on a bike-for-two;
A skateboard is fun, and rollerskates too.
They all have wheels to make them go;
They're NOT hard to ride, this I know.
You can ride a trike; you can ride a bike;
But it takes a lot of work to ride
A ONE-WHEELED YIKE!

A friend of the Tarrants, NELSON SMITH, an educator from Cincinnati, Ohio, has done an outstanding job with teaching unicycling in the public schools. In addition to receiving much local publicity, his program

was cited in USA TODAY. This noteworthy endeavor will be the subject of an article in the next issue of ON-ONE WHEEL.

In a booklet that Mr. Nelson sent telling about the WELCH WIDERS, the following poem appeared. It was written by Barb Dean when she was a sixth-grade student at Pleasant Run Elementary and the performing group was called the PLEASANT RIDERS.

HOW TO RIDE TWO WHEELS MINUS ONE ?

How can you ride on a single wheel
that's turning, turning, turning?
It's a matter of balance, a tricky deal,
that takes a lot of learning.

How do you learn to sit up straight
and stay on a circle of steel?
You practice, practice and shift your weight
then hope the falls you don't feel . .
don't feel.

Where do you go on your thrilling rides
when first you learn to pedal, pedal?
In wobbly circles and jerky glides
that are tricky as the devil.

And when are you the master
of your shaky, metal horse?
When you go just as fast, not faster,
than your unicycle, of course, of course.



Thanks to MARY WILKINS WISSER for the pictures she sent to help "lighten" the copy in ON ONE WHEEL.

If you have any poems, cartoons, pictures, etc., send them NOW to your Editor. She has created a filing system that will prevent the loss of contributions and will make

future issues of OOW more interesting.

HAVE YOU MAILED A CHECK TO THE U.S.A., Inc. for your 1987 Membership dues? If not, this will be your last issue of ON ONE WHEEL!!!

MORE HELP FOR BEGINNING RIDERS

Are you still struggling with the basics of learning how to ride the unicycle? Additional help is now available through a 59-minute video tape created by JOE ANDERSON, a teacher in the Eastmont School District in the state of Washington.

Joe writes that this tape "guides the viewer through the pedal-by-pedal procedure in becoming an accomplished rider." This procedure is called the "Anderson Technique" and has been field tested in several schools and circus groups.

Mr. Anderson is the Director of a unicycling performance team called the UNICATS. He has taught unicycling in the public schools for fourteen years and has been involved in the circus for twenty-six years.

The tape is currently only available in VHS and sells for \$25.00. For additional information, write:

Joe Anderson
536 Lacey Place, N.E.
East Wenatchee, WA 98801

TRAINING AIDS FOR THE BEGINNER

UnoWheel, Volume 1, Number 2, edited by JACK WILEY contained a number of suggestions for training devices for the fledgling unicyclist. His suggestions and diagrams ranged from hand support with two helpers:



to a four-wheeled support (A similar training device was created by BERNARD CRANDALL many years ago for use by his PONTIAC UNICYCLE CLUB):



The article included diagrams of unicycles with training wheels, a unicycle with wheelbarrow--style handles for support by a walker, spotting belts with overhead supports, etc.

He concluded the article with suggested "crash pads" for the safety of the learner. These included helmet, knee and elbow pads, and gloves.

This single issue of UnoWheel is available for \$5.00 - a year's subscription, consisting

of three issues - is available for \$12.00 by writing to:

SOLIPAZ PUBLISHING COMPANY
P.O. Box 366
Lodi, CA 95241

USA President LEN SALVERDA has introduced a new race for the 1987 NUM - 100 meters for persons who have learned to ride during the past year. Hopefully some of this material will provide the incentive, inspiration, and guidance to many so that this race will be an exciting event for many participants.



The picture (above) should serve as added inspiration to the older beginning rider. Taken by Dianna and Dale Leedy while they were on vacation in Ohio, it shows three of the "Mamas and Papas" of the SMILING FACES 4-H UNICYCLE CLUB. It is obvious from their smiles that they are enjoying being a part of the parade. Please note that the three are holding hands, thus lending and gaining support from one another. This is another learning-to-ride technique. If you know a good, steady rider, ask him to ride beside you. The hand support from an experienced unicyclist beside you will help you maintain your position while learning.

For anyone reading this article who is thinking, "All very interesting, but I have no one to help me and I want some tips NOW!" here are a few:

- 1) Put the back of your unicycle tire either against a curb or block.
- 2) Have the cranks cross-wise, with the pedal on your dominant-foot side toward you.
- 3) Sit "heavy in the saddle," but try standing when pedals are cross-wise.
- 4) Practice on flat surfaces parallel to a wall, garage door, etc.

MISCELLANEOUS

THE UNICYCLE PINS ARE AVAILABLE AGAIN!!!

Thanks to the perseverance of Director FLOYD CRANDALL, the popular unicycle pin is once again available through the USA. The cost remains at \$2.50 with no additional charge for postage.

Floyd had to track down the source for the pins, since the store where they were first ordered by his Father, BERNARD CRANDALL, was no longer in existence. When he placed the order, he felt success was just a few weeks away. Members ordering the pins were told they would soon be in. WRONG!!! TWICE the order was filled incorrectly. He received everything from majorettes to swimmers - but no unicycles! At last, the correct pin was shipped and is now in the possession of your Treasurer, TERRY LAYNE.

Anyone wishing to order this pin can do so by using the handy order form that formed the mailing wrapper for this issue.

DO YOU HAVE A NEW ADDRESS???

In order to keep the USA membership address list up to date, the Society pays first-class postage to receive new addresses for members who have moved and have not sent in this information. In the past your Editor then immediately mailed out the returned issue of ON ONE WHEEL - again paying the first-class rate. This added cost amounted to over \$1.00 per issue.

The Society will continue to pay the first-class postage to receive corrected addresses. But your Editor is no longer mailing returned issues upon their receipt. They are being mailed with the NEXT issue of ON ONE WHEEL at the reduced bulk-postage rate.

The moral of this story? If you move and want to continue receiving ON ONE WHEEL when it is first mailed out, WRITE THE SOCIETY IMMEDIATELY WITH YOUR NEW ADDRESS.

NEW OFFICERS NEEDED!!!

The annual meeting of the Unicycling Society of America, Inc. will be held during the weekend of the National Unicycle Meet. The most important item on the agenda at this meeting will be the election of officers!

For the Society to continue it needs a corps of active members who are willing to share in the responsibility of running organization.

Yes, this responsibility takes time. But, as with any donation of self, there are many personal rewards. If you are enjoying membership in the Society, now is the time to consider more active involvement. The positions on which the membership will vote are:

PRESIDENT - In addition to being the "standard bearer" of the Society, the President has traditionally organized the National Unicycle Meet as well. Generally the President has been active in a local club, but this has not always been true and is not a requirement of the office.

VICE-PRESIDENT - This year's Vice-President has served as the right-hand-woman of the President because geographically this was possible. She has also taken on the responsibility of preparing the address labels for this - and future - issues of ON ONE WHEEL. For this the entire membership owes her a giant THANK YOU!!!! In order to provide a continuity for the National Unicycle Meets, it was once suggested that the V.P. could be the person who would consider being President the next year. Though an excellent suggestion so far this has not been practical.

SECRETARY - This position combines both Corresponding and Reporting Secretary. The correspondence consists of answering letters for information on how to ride, where to purchase specialty cycles, how to do tricks, etc. The reporting is for the Annual Meeting as well as - possibly - one additional officers' meeting.

TREASURER - This officer has the all-important responsibility of keeping the records of membership, keeping track of all finances, filling orders from stock items as well as placing drop-ship orders. This year's Treasurer did all of this in addition to being a full-time educator and planning her wedding to DANIEL BAUER on June 12, '87.

DIRECTOR - This position is the only three-year term. Our Directors are also the Public Relations people for the Society. They work to uphold the aims of the USA in a very visible way. There is only one Director's position voted on each year - on a rotating schedule.

EDITOR - Now that the Society's By-Laws have specified the membership running from and to October 1, it is the Editor's responsibility to put out four issues of ON ONE WHEEL during that period. In order to have enough material to fill four issues, the current Editor reads all incoming mail for article ideas, writes to individuals begging for copy, becomes ecstatic when unsolicited pictures and articles arrive, and constantly travels under a cloud of guilt because there always seems more to do than there is time in which to do it.

It has been said that the future of any country is in the hands of those who rock the cradle. It is also very true that the future of the Society is in the hands that work the keyboards (typewriter or computer). Because of this the Society has attempted over the years to have several Associated Editors. FLOYD BEATTIE has certainly earned this title with his excellent contributions to each issue. President LEN SALVERDA has written a number of articles on building techniques. Director TOM MILLER has also offered his expertise in this area. But the Society needs more Associated Editors.

ASSOCIATED EDITORS - Persons holding this position would be responsible for contributing four articles per year. The material for these articles could be supplied by the Editor such as "Club News," "Unicyclists in the News," "Trick Riding," . . . These areas would be regular features of each issue. The copy from the Associated Editors would be augmented by the excellent material that comes from . .

WRITERS - Members who mail in pictures, personal anecdotes, cartoons, etc. Without these contributions, there would be no ON ONE WHEEL.

If you would like to run for one of the elected positions (President through Editor), please write to:

LEN SALVERDA
President, U.S.A., Inc.
5899 N. Lexington Ave.
Shoreview, MN 55112

If you would like to be an Associate Editor, write to the U.S.A., Inc. P.O. Box.

And if you would like to be a writer for the next issue, address the material to P.O. Box 40534 TODAY and make your Editor's day!

MEMBERSHIP RENEWAL TIME!!!

Have you mailed in your dues for 1987? If not, this is the last issue of ON ONE WHEEL that you will receive. With this issue Volume XIII is complete.

For some of you who joined the Society recently, you can extend your membership by mailing in the part of the year indicated on the form that accompanied your membership card.

But for most of you who have not mailed the Society a check since October, 1986, your full \$6.00 payment is now due. Please use the renewal form on the back of the mailing wrapper. * AND * help your Treasurer by including your Membership No.!



WORLD'S FIRST
POWERED UNICYCLE
ca. 1920

CALENDAR:

JEST JUGGLERS 4th ANNUAL JEST FEST * June 20 (National Juggling Day) * Columbus, Ohio - for further information: Darrell Riley, 3437 Olde Cape W., Columbus, OH 43232 - ph. (614) 833-0875

40th ANNUAL INTERNATIONAL JUGGLERS ASSOCIATION CONVENTION * July 13 - July 19 * University of Akron, Akron, Ohio - The week will include a Jugglers Field Day (July 15) - the largest ever "Learn to Juggle Class" and a "Street Performers Workshop" - and on July 19 "The Public Show" at the historic Akron Civic Theatre. For further information: Kevin Delagrang, 942 Palmetto Ave., Akron, OH 44306 - ph. (216) 724-0649 (home) or (216) 773-6855 (work)

4th ANNUAL VERMONT FOOL'S FEST * July 24 - July 26 * Montpelier, Vermont (an article and picture on this appeared in ON ONE WHEEL, Volume XIII, No. 1) a week end full of live entertainment - for further information: Cathy Quigley, P.O. Box 1085, Montpelier, VT 05602 - ph. (614) 229-4943

NATIONAL UNICYCLE MEET * July 24 - July 26 * Bethel College & Seminary, St. Paul, MN - sanctioned by Unicycling Society of America, Inc. - sponsored by the Twin City Unicycle Club - for further information: Len Salverda, 5899 N. Lexington, Shoreview, MN - ph. (612) 784-4557

UNICON III * August 1 - August 2 * sanctioned by the International Unicycling Federation and sponsored by the Japan Unicycling Club - transportation is being arranged from Minneapolis following the 1987 NUM to Tokyo - for further information: Jack Halpern 3-8-104 3-Chome Nira, Nira-Shi, Saitama, Japan

HULL INTERNATIONAL BICYCLE FESTIVAL * August 4 - August 11 * Hull, Quebec, Canada - The week will include unicycle basketball games - Unicyclists interested in playing should contact: Piere Ouhaime, 39 Leduc, Hull, Quebec Canada J8X 3A3 - ph. (819) 595-9168

DID YOU . . . throw away the picture of a unicyclist that appeared in your local newspaper rather than get permission from the paper to have it printed in ON ONE WHEEL - - and mail it to your Editor?

. . . learn a great new way to free-mount your six-foot but decided it was just too much trouble to write it down and mail it to OOW?

. . . take some good, clear photographs of your unicycle club in action but decided other unicyclists probably wouldn't be interested?

. . . ever think that it takes a lot of material to fill 16 pages of ON ONE WHEEL?

. . . decide to mail in a contribution to ON ONE WHEEL today?

GREAT!!! because your Editor is looking forward to receiving something from YOU soon. Mail it to ON ONE WHEEL, P.O. Box 40534, Redford, MI 48240